19th Cularter Ler J. A Publication of the 19th Ward Youth Foundation Matthew J. O'Shea NOVEMBER 2013

Morgan Park Sports Center Comes to 115th & Western



On Saturday, October 12th, Mayor Rahm Emanuel, Alderman Matt O'Shea, and Chicago Park District General Superintendent Mike Kelly announced plans to develop the long vacant properties at 11439-11549 S. Western Ave. into a 55,000 square foot sports arena. The Morgan Park Sports Center, a \$12 million complex, will include an indoor ice rink and gymnastics facility. Construction is slated to begin in 2014 and take approximately one year to complete.

The gymnastics center will be a world-class training space designed to accommodate all standard USGA competition events. It will feature a large pit area and inground trampolines, offering programming for athletes of all ages. The indoor ice rink will be a state-of-the-art facility allowing for year-round figure skating, recreational ice skating, and competitive hockey. The rink will be NHL regulation size and include 1,200-seat bleacher capacity.

Frequently Asked Questions

Why is the Closure of 115th St. Necessary?

115th Street is being closed to unify the land and create a large open space for construction. The closure provides the safest scenario for children and families entering the building from the parking lot. While the building will not overlap onto what is now 115th Street, the current street will provide space for much needed parking. Moreover, to properly detain storm water, the Chicago Park District will likely connect the lots with a new storm sewer directly under the street. This project requires a full street vacation.

Will the Street Closure Impact Emergency Vehicle Service to the Area?

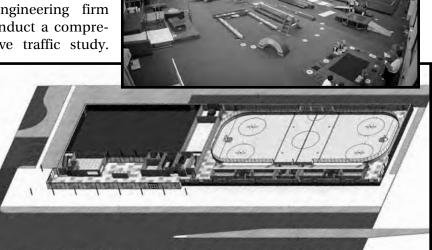
No. The street will be closed with a cul-de-sac on 115th Street. east of the arena. The cul-de-sac's "mountable" curbs restrict stan-

dard vehicle traffic but can be driven over by emergency vehicles.

What Happens Next?

The Chicago Park District has contracted an engineering firm to conduct a comprehensive traffic study.

They are currently examining all key intersections in the area and collecting data to better make recommendations to the community. The traffic study will include a temporary street closure to help predict the impact of the street closure and subsequent community meeting. Our hope is that the temporary closure will take place in the next few weeks and that a public meeting can be held in January 2014. Construction is expected to begin in summer 2014 and last approximately one year.



Beverly Hills Turkey Trot 5K Run & Family Walk

On Saturday, November 30, 2013, the 19th Ward Youth Foundation will host the 5th Annual Beverly Hills Turkey Trot 5K Run and Family Walk through historic North Beverly. Proceeds from this event will benefit the 19th Ward Youth Foundation programs as well as the John McNicholas Pediatric Brain Tumor Foundation. The race will begin promptly at 9:00am with the start and finish line at 92nd and Hamilton Avenue.

Registration is open for both the run and family walk. The race will be chip timed and runners will compete on a certified 5K course. The untimed family walk allows people to take part in the festivities even if they are not serious runners. Pre-registration is \$25 per runner/walker or \$50 per family. Registration is available at the event for \$30 per walker/runner and \$55 for families. CARA members may run for a discounted \$20 pre-registration fee

and \$25 on race day. Register today by visiting the 19th Ward Office at 10400 S. Western Ave., or online at www.the19thward.com.

Runners will be divided by age and sex according to CARA recommended guidelines with awards given for each age group. All event participants will receive a t-shirt and gift bag. Additionally, a post-race party will be held at the Kellogg School field. The after party will feature booths from sponsors and local vendors, as well as entertainment.

The 19th Ward Youth Foundation would like to thank The PrivateBank for their generosity in serving as our presenting sponsor for this event. We would also like to thank our other major sponsors, Comcast Cable, MetroSouth Medical Center, ComEd, Peoples Energy, Country Financial, Meijer & The Score 670.

If you have any questions or



would like to volunteer, please contact Matt O'Shea at mattoshea@the19thward.com or (773) 238-0288.

About Our Beneficiaries

The 19th Ward Youth Foundation is a 501(c)3 organization that supports and hosts a wide variety of safe, healthy, educational youth programs for families in Beverly, Morgan Park and Mount Greenwood. All programs are made available at little or no cost to participants and are intended to help our neighborhood youth make new friends and stay active in the com-

munity.

The John McNicholas Pediatric Brain Tumor Foundation is a 501(c)3 organization that supports research on pediatric brain tumors. They push for advancements in the care and treatment of pediatric brain tumor patients by facilitating better coordination of information between patients and providers, improving the quality of life for patients, and funding specifically targeted pediatric brain tumor research and treatment options to achieve our ultimate goal: the eradication of pediatric brain tumors.

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NOTES FROM THE



Dear Neighbor,

The past few months have been very exciting for our community. Included with this issue, please find updates on efforts to revitalize the Beverly Arts Center, as well as plans for the Morgan Park Sports Center at 115th and Western Ave. Both projects will have a tremendous impact on our local economy and I appreciate all of the hard work that continues to go into them.

As the Thanksgiving holiday approaches, so to does the 5th Annual Beverly Hills Turkey Trot 5K Run and Family Walk. This year's Turkey Trot will be held on Saturday, November 30th at Kellogg School and is a great way to spend a healthy day with family and friends while supporting local charities. Take advantage of pre-registration discounts by signing up today at www.the19thward.com.

Finally, we have included a map of our community police beats and a schedule of local CAPS meetings. These meetings give us the opportunity to become acquainted with the police officers who patrol our streets on a daily basis. The Chicago Police Department is committed to keeping our community safe.

If you have any questions or would like information included in our next issue, please contact me at mattoshea@ the19thward.com. To receive regular community updates, visit our website at www.the19thward.com and sign up for our e-mail distribution list.

Thank you,

Mout

Matthew J. O'Shea

19th Ward Youth Foundation

CAPS Meeting Calendar

BEAT 2212

First Thursday of the month at 7:00pm March, May, June, August, October, December 22nd District Police Station, 1900 W. Monterey Ave.

BEAT 2213

Second Thursday of the month at 7:00pm March, April, May, June, July, August, September, October, November Ridge Park, 9625 S. Longwood Dr.

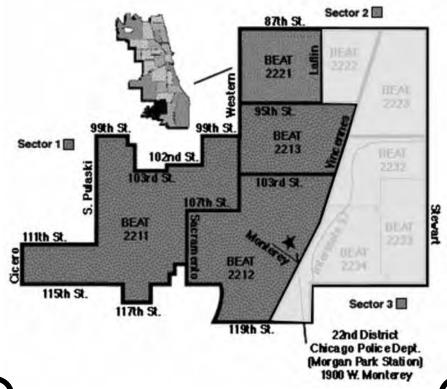
BEAT 2211

Third Thursday of the month at 7:00pm March, May, July, August, September, November Mt. Greenwood Park, 3721 W. 111th St.

BEAT 2221

First Tuesday of the month at 7:00pm March, April, May, June, July, September, October, Nov. Christ the King Parish Hall, 9235 S. Hamilton Ave







A 19th Ward Youth Foundation Publication Matthew J. O'Shea, Alderman

Beverly / Morgan Park Service Office

10400 S. Western Ave.
Chicago, IL 60643-2508
(773) 238-8766 (phone)
(773) 672-5133 (fax)
colleen@the19thward.com

Mount Greenwood Service Office

3215 W. 111th St. Chicago, IL 60655 (773) 238-8776 (phone) (773) 672-5130 (fax)

City Hall Office

121 N. LaSalle St., Room 200 Chicago, IL 60602 (312) 744-3072 www.the19thward.com

Holiday Activities



Movie Schedule MONDAY, DEC. 30, 2013

10:00 a.m.
Despicable Me 2
2:00 p.m.

Monsters University

All 19th Ward Elementary School students and their families are invited to join us on Monday, December 30, 2013, for a screening of two children's films at the Beverly Arts Center. Admission is \$1 per person, per film, and includes the movie and snacks during the show.

Tickets will be issued on a first come first serve basis and space is limited. You may reserve your tickets online at www.the19thward.com.

As you sign your children up, please keep in mind that we need parent volunteer/chaperones. If you are available during the day, your help would be greatly appreciated. If you wish to volunteer, please indicate that when ordering your tickets. Please feel free to contact me with any questions at (773) 238-0288 or via e-mail at mattoshea@the19thward.com.

Reserve tickets online at www.the19thward.com

Mt. Greenwood Holiday Stroll – 12/12

Mark your Calendars and get your holiday shopping lists ready! Families with children of all ages and shoppers looking to find that perfect gift are invited to attend the first-ever Holiday Stroll along the 111th Street business corridor on Thursday, December 12 from 4 pm - 7 pm. Nearly 40 businesses along the 111th Street will be providing specially themed holiday entertainment, activities, crafts and surprises for attendees.

The Holiday stroll will provide guests the opportunity to enjoy entertainment, while shopping locally to find something for everyone on their holiday list at the fabulous and unique stores in Mt. Greenwood. From carolers, to photos with Santa, live reindeer, to coloring contests,

and food tastings, the Holiday Stroll will feature an evening of fun sure to get everyone in the holiday spirit!

To view a summary of participating stores and activities that will be offered at stores throughout the 111th Street Business Corridor (subject to change without notice) please visit www.mgcba.org.

Admission to the Holiday Stroll is free. For more information, please call (773)881-0622 or visit www.mgcba.org





Open to all 19th Ward Elementary School Students

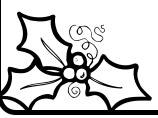
Register at www.the19thward.com by Dec. 18th

Players will be grouped by age and randomly assigned teams.

Rosters and schedules will be e-mailed to parents on Friday, December 20th!

Dec. 26-27, 2013

Chicago High School for Agricultural Sciences
\$1 per player





For more information, please contact ward19@cityofchicago.org or (773) 238-8766.

Parks & Recreation

Chicago Plays! Brings New Playgrounds to Ridge & Graver

Construction is nearly complete on new playgrounds at Ridge & Graver Parks. Both new parks feature new, state-of-the-art playground equipment and rejuvenated swing sets. On Tuesday, November 5, Friends of the Park and the Beverly Ridge Homeowners Association hosted a community volunteer day at Ridge Park. The group worked together to spread 2

semi-trailers of fibar surface material.

Currently, most of the equipment has been installed. Finishing touches and punch list items will be addressed in the coming weeks. The park district anticipates reopening both playgrounds after Thanksgiving.

Chicago Plays!, a partnership between the Chicago Park Dis-





trict, City of Chicago, and Friends of the Parks, is an aggressive effort to replace 300 playgrounds over the next 5 years. Ridge and Graver Parks are among the first wave of improvements. In the coming years, we look forward to similar improvements at Barnard Park and

Maggie Cosme Park.

Funding for the play equipment comes from the Chicago Park District's capital improvement budget. For more information on the Chicago Plays! Program, please visit www.fotp.org.

Major Improvements Planned for Dan Ryan Woods

The Cook County Forest Preserve is making a major capital investment in the Dan Ryan Woods. Several areas of the Forest Preserve will receive repairs or improvements through a \$785,000 project slated to begin work in the Summer of 2014. The current scope of work includes:

Pavilion & Outdoor Seating (\$80,000 Budget): Expand the northeast end of the renovated pavilion to allow for performances in the open lawn area. Electricity and lighting will be added to the lawn area and a storage shed will be constructed.

Exercise Stairs, Sled/Snow-boarding Hills, and Warming Area (\$350,000 Budget): Include these items on the hill east of the renovated pavilion and making any grade changes to allow for snow-boarding on the hill west of the pavilion.

Trails and Paths to Shelters (\$50,000 Budget): Improving various paths and trails connected to shelters, including a trail connection from the South parking lot to the wading pool and aqueduct. Work will include enhanced surface drainage in the fields and near the existing picnic shelter at Dan Ryan South.

Aqueduct Renovations (\$125,000 Budget): Repair the stone surface, concrete channels, and bridge crossings at both aqueduct structures (North and South).

Wading Pool (\$150,000 Budget): Repair and repurpose the wading pool into an outdoor

classroom and gathering area featuring a small shade structure and electrical service. The surrounding trees and shrubs shall be cleared to improve visibility.

Wayfinding/Signage and Site Furnishings (\$30,000 Budget): Include basic signage and wayfinding associated with the new and improved site elements such as the art features.

The FPCC will provide its standard sign details for reference. Although it will not be built as part of the Landscape/Civil Program, include the preliminary design of a Gateway sign at the site's entrance.

In addition to the site improvements totaling \$785k there is also funding budgeted for improvements to the underpass under 87th Street and renovation of the maintenance building just north of 87th to include a visitor's center and permit desk.



host Winter Wonderland at Mt. Greenwood Park (3721 W. 111th St.) on Saturday December Ward families are invited to enjoy a fun filled afternoon of holiday activities including ice-skating, carriage rides, holiday crafts, hot chocolate, Christmas cookies and a tree lighting ceremony. Santa Claus will be available for photos so don't forget your camera!

Winter Wonderland is sponsored by Representative Fran Hurley, Senator Bill Cuntrict, Mt. Greenwood Community & Business Association, Mt. Greenwood Civic Association, Mt. Greenwood Garden

Club, Mt. Greenwood Park Advisory Council, Mt. Greenwood Residents Association, Mt. Greenwood Lions Club, Mt. Greenwood Chamber of Commerce and the Chicago High School for Agricultural

Sciences. For more information or to volunteer, please contact Representative Fran Hurley's Office at (773) 445-8128 or repfranhurley@gmail.com.

19th Ward to Host **Free Shredding Day**

On Saturday, December tive tools in preventing identity 14th, Alderman Matt O'Shea, theft. Shredding documents also has positive envi-Senator Bill Cunningham, Representative Fran Hurronmental impacts; ley, and Midway Docuonce shredded, all Destruction paper is recycled, will host a free pathereby reducper shredding for ing residents of the amount 19th at the Chi waste cago High School landfor Agfills. Please ricultural note, o n l y Sciences loose, unrear bound parking lot, lopapers cated at can be 3857 W. shredded; all 111th St. from 9:00 staples am - 11:00 binders must be Residents removed can bring unwanted advance. This papers to the Ag School service is free of charge. If you have to be shredded and later recycled by the Midway any questions, please Document Destruction Mocontact the 19th Ward at bile Shredding Truck. Document (773) 238-8776 or ward19@ shredding is one of the most effeccityofchicago.org.

Yard Waste & Leaf Pick Up

Collection of yard waste and leaves has been community as fast as they can. Residents are asked to be patient and leave yard waste in either a yard waste garbage cart or bagged in your alley or parkway. Unfortunately, we are not able to provide an accurate schedule of when individual blocks will be picked up, but the crews will continue working until they have collected from the entire ward.

extremely backed up. Our crews are working hard each day to get through the

Snow Removal Notice

As winter months approach, all residents are asked NOT to shovel, plow or blow snow from their sidewalks or driveways into the streets. This extra snow in the streets makes it extremely difficult for salt trucks to get through, and can increase the chances of ice reforming and lead to accidents.

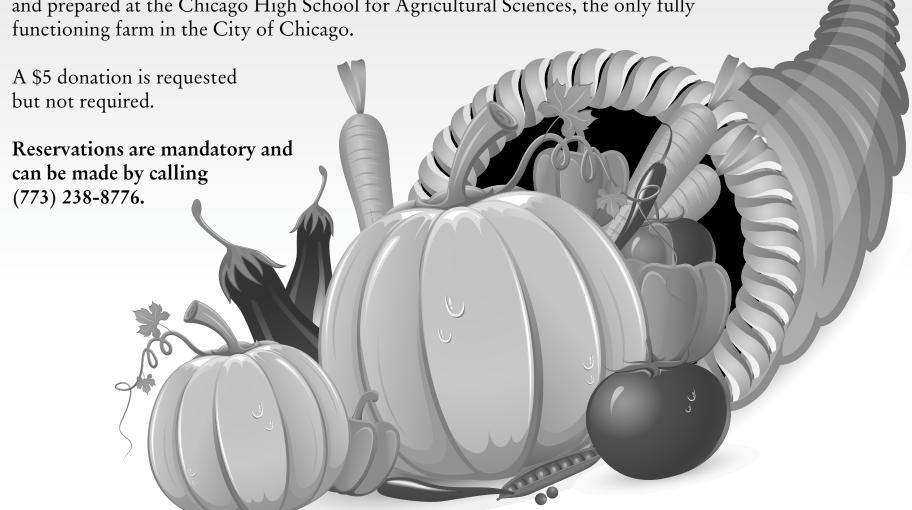


ALDERMAN MATT O'SHEA'S

eniar Thanksgiving TUESDAY, NOVEMBER 26, 2013 5:00 P.M.

CHICAGO HIGH SCHOOL FOR AGRICULTURAL SCIENCES 3857 W. 111th St.

All 19th Ward Senior Citizens are invited to enjoy a delicious Thanksgiving meal grown and prepared at the Chicago High School for Agricultural Sciences, the only fully



SPONSORED BY:



















Local Business Updates

Local Businesses Meet the BAC Challenge

Many local businesses are inviting customers to join them in supporting the Beverly Arts Center Challenge fundraising campaign. The promotions below allow residents an opportunity to meet the BAC Challenge while supporting their favorite area establishments. All dollars raised for the BAC Challenge are matched 4 to 1 by Fifth Third Bank – please take advantage of this amazing opportunity and solidify the Beverly Arts Center for the future.

Kean Gas Station – 2632 W. 111th St.: .05¢ for every gallon of gas sold during the month of December.

Kentucky Fried Chicken – 10421 S. Western Ave.: 15% of sales on Tuesday, December 3rd, customers must mention BAC Challenge or present coupon when ordering to be included in promotion.

Home Run Inn – 10900 S. Western Ave.: 20% of sales on Tuesday, December 10th, customers must mention BAC Challenge or present coupon when ordering to be included in promotion.

Top Notch Beefburgers – 2216 W. 95th St.: 15% of sales on Tuesday, December 17th, customers must mention BAC Challenge or present coupon when ordering to be included in promotion.

Waldo Cooney's Pizza – 2410 W. 111th St.: 15% of sales on Wednesday, January 1st, customers must mention BAC Challenge or present coupon when ordering to be included in promotion.



Deals of the Day Return for the Holidays

SHOP

The Beverly Area Planning Association, 95th Street Business Association, Morgan Park Beverly Hills Business Association and Mount Greenwood Com-

munity and Business Association invite area residents to enjoy terrific merchan-dise, food and services at great savings during the Deals of the Day, Dec. 1 through Dec. 31.

Deals of the
Day will be publicized in *The Villager, The*Beverly Review, The Quarterly,
BAPA's weekly e-news, and on the
Shop the Village Facebook page as
well as in participating stores.

Studies estimate that spending \$100 in a locally owned independent store returns \$68 to the local economy in taxes, payroll and other expenditures. For national stores it is about \$48 in revenue kept in the local economy. When you shop online or outside the neighborhood, little or no

money comes back to your community.

Every day between Dec. 1 and 31, Deals of the Day will be posted.on the Shop the Village Facebook page.

For more information, contact Erin Ross, 95th Street Business Association, 773-238-

4094, Megan Kennedy, Morgan Park Beverly Hills Business Association, 773-779-2530, Marcia Walsh, Beverly Area Planning Association, 773-233-3100, or Mary Gill, Mount Greenwood Community and Business Association, 773-881-0622.



Save your local economy...

three stores at a time.

the 3/50 project.

SAVING THE BRICK AND MORTARS OUR NATION IS BUILT ON

Think about which three independently owned businesses you'd miss most if they were gone. Stop in and say hello. Pick up a little something that will make someone smile. Your contribution is what keeps those businesses around.

If just half the employed U.S. population spent \$50 each month in independently owned businesses, their purchases would generate more than \$42.6 billion in revenue.*

Imagine the positive impact if 3/4 of the employed population did that.

For every \$100 spent in independently owned stores, \$68 returns to the community through taxes, payroll, and other expenditures. If you spend that in a national chain, only \$43 stays here. Spend it online and nothing comes home.

The number of people it takes to start the trend...you.

Pick 3. Spend 50. Save your local economy.

Visit the 350 project. net



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A nationally recognized college preparatory curriculum, preparing students for professions and careers in the agricultural sciences.

Deadline for applications
December 13th
https://apply.cps.edu



Local Business Updates

Chicago Creampuffs & Cakes Coming Soon!

Mt. Greenwood resident Emma Dearth will soon open Chicago Creampuffs & Cakes at 2734 W. 111th St. This delicious new business will operate Tuesday-Friday 6:00am-6:00pm, Saturday 7:00am-3:00pm, and Sunday 7:00am-2:00pm. They will specialize in custom cakes, wedding cakes, creampuffs, cookies, brownies, cupcakes, fudge, mini-pies/tarts, chocolate covered pretzels, cake pops, Irish soda bread along with a few other spe-

cialty breads and other various desserts.

Please stop in and try their coffee, sweet rolls, and donuts. Chicago Creampuffs & Cakes is committed to making and serving the best possible product at a fair and reasonable price. Dearth and her staff look forward to being actively involved in the community and will certainly be a welcome addition to the neighborhood.



Walden Pkwy. Streetscape Meeting

On Wednesday, November 20th, Alderman Matt O'Shea, the Beverly Ridge Homeowners' Association and Chicago Department of Transportation will host a community meeting to review plans for streetscape improvements at 99th and Walden Parkway at 7:00pm at Ridge Park (9625 S. Longwood Dr.). Plans include permeable pavers, water infiltration planters, new or-

namental lighting and much more. All residents are invited to view the plans and offer feedback that can be incorporated into the final project plans.

All property owners in the immediate vicinity are strongly encouraged to attend. For more information, please contact the 19th Ward at (773) 238-8766 or ward19@ cityofchicago.org.











Neighbors you'll love.

Moments you'll cherish.

Friends you'll treasure.

Move to Smith Village, and in a few weeks your social circle will be growing by leaps and bounds. You'll meet great new people who enjoy similar pastimes, you may connect with old friends you haven't seen since you were a kid and discover new friends who you feel like you've known for years. Live the retirement lifestyle you deserve with good friends by your side.

Come see for yourself. Give us a call at (773) 474-7303.

You'll love the neighborhood!



Discover even more things to love about Smith Village. Visit smithvillage.org or call (773) 474-7303 for a FREE Information Kit.

Hurley Hosting Array of Community Events Across District



State Rep. Fran Hurley, D-Chicago, continues to build on her efforts to offer constituents an opportunity to share their thoughts at events throughout her district.

To aid local food pantries and shelters during the holidays and to help shoulder the burden for families who recently received a reduction in federal supplemental nutrition assistance, Hurley is hosting a Food Drive for local food pantries until Dec. 1. Residents are encouraged to drop off non-perishable food items at either of Hurley's constituent service offices or the Worth Township office located at 11601 S. Pulaski Road in Alsip.

After a warm reception from the community during the summer, Hurley and Cunningham decided to extend their Bicycle Drive until Dec. 20. All donations can be dropped off at the Mount Greenwood Community Business Association located at 3330 W. 111th Street in Chicago, behind La Fiesta restaurant. Park Schwinn, located at 3333 W. 95th St. in Evergreen Park, is owned by local resident John DeBold, and will be fixing up old bikes and then donating them to children.

On Thursday, Nov. 14, Hurley will host a Diabetes Awareness Workshop from 9 a.m. to 11 a.m. at her Chicago constituent service office, located at 10400 S. Western in Chicago, and from 1 p.m. to 3 p.m. at her Orland Hills office, located at 16033 S. 94th Avenue in Orland Hills. Participants at Hurley's Dia-

betes Awareness Workshop will be able to receive free diabetes and glucose screenings. Representatives from Little Company of Mary Hospital and Walgreen's Pharmacy will be on hand to provide the screenings. Information will also be available about diabetic warning signs and health tips.

Hurley will meet and greet with constituents on Saturday, Nov. 16 from 10 a.m. to noon at Sweet Freaks located at 9915 S. Walden Parkway in Chicago. State Sen. Bill Cunningham, D-Chicago, will greet constituents with Hurley.

"Chatting with people over coffee allows folks to have a casual, one-on-one conversation about their priorities for our state," Hurley said. "I value open dialogue on the challenges facing our communities. And, if constituents have ideas for events they would like to attend in the future, or would like share opinions on issues, I encourage them to contact my office."

In addition to Hurley's top priority of being accessible to her constituents, she also made efforts to increase accountability in government. In the wake of the recent Metra severance package scandal, Rep. Hurley introduced legislation House Bill 3663 to prohibit boards and commissions from entering into confidential severance agreements with employees. Hurley plans to enhance the legislation by expanding the prohibition to all bodies of government.

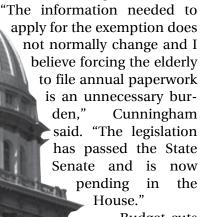
For information or to RSVP for any of the events or staterelated questions please contact Hurley's fulltime constituservice offices at 773-445-8128 or 708-233-9703 or email repfranhurley@ gmail.com

Senator Cunningham Advances Legislative Agenda for Senior Citizens

Throughout the past year, several initiatives aimed at providing senior citizens with new financial protections have been proposed and signed into law in Springfield. State Senator Bill Cunningham has supported and co-sponsored many of those efforts.

"Senior citizens are often more vulnerable to economic downturns and financial crimes than any other age group," Cunningham said. "It's important that government recognizes this fact with both legislation and special services created specifically for seniors."

One such initiative is the Senior Citizen Homestead Exemption, a program created several years ago to protect longtime homeowners from unaffordable increases in their property taxes. This Spring, the General Assembly expanded the exemption, which, depending on the value of an individual's home, could result in several hundred dollars in new tax savings for seniors. Additionally, Senator Cunningham co-sponsored Senate Bill 1309, legislation designed to simplify the application process for the Senior Homestead Exemption. Currently, seniors in Cook County must re-apply annually for the exemption. Cunningham's bill would allow seniors to apply only once for the homestead exemption, which would be renewed automatically each year until the ownership of the home was changed.



Budget cuts have decimated many "safety net" pro-



grams for seniors since the economic downturn began in 2008. But an improving economy allowed the General Assembly to fully fund the Illinois Community Care Program this fiscal year. This program allows low income seniors to get the assistance they need while maintaining their normal lives at home and avoid moving into a nursing facility. Thanks to the new funding, the Elder Abuse and Neglect Program, the Adult Protective Services Program, and a home-delivered meals program will be able to extend services to 10,000 senior clients who were previously denied care.

To provide protection to seniors who are in nursing facilities, Cunningham supported Senate Bill 1292, which will require the Department of Public Health to maintain a list of all state and federal fines lodged against nursing homes in Illinois. This will help the public identify facilities that have been cited for negligence when they are searching for care alternatives for aging loved-ones.

"Since taking my seat in the Illinois General Assembly, I have made advocating on behalf of senior citizens one of my top legislative priorities," Cunningham said. "We achieved many important goals during the last session, but more work is left to be done."



You are invited to the Beverly • Morgan Park • Mt. Greenwood ENERGY EFFICIENCY DISCUSSION This event, hosted by Energy Impact Illinois, is open to the public. Please join us as to discuss energy efficiency efforts in your community. We want your input and ideas! Tues., Nov. 19th 6:30-7:30 PM Mt. Greenwood Library 11010 S Kedzie Ave

RSVPs appreciated. Please contact Megan at (708) 408-7155 or megan@energyimpactillinois.org

Light refreshments will be provided

Lipinski, O'Shea, Cunningham and Hurley to Host Senior Fair in Mt. Greenwood

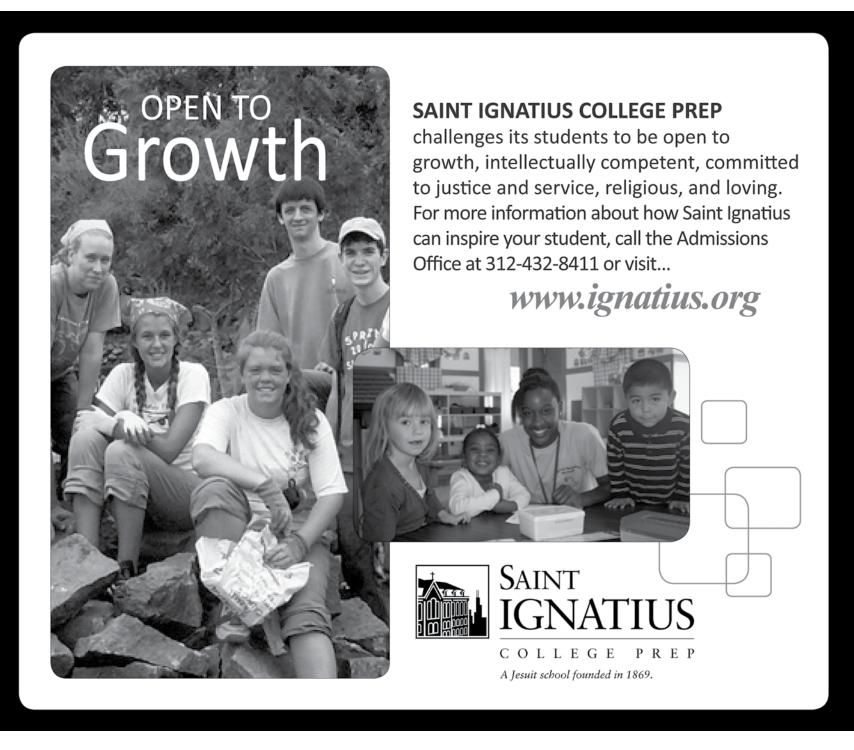
U.S. Rep. Dan Lipinski (IL-3), Alderman Matt O'Shea 19thWard City of Chicago, State Senator Bill Cunningham (D-18) and State Rep. Fran Hurley (D-35) will hold a Senior Fair on Monday, December 16th, at Mount Greenwood Park in Chicago.

Senior Fair Monday December 16th, 2013 10 a.m. to noon Mt. Greenwood Park 3721 W. 111th St., Chicago, IL

Congressional staff, federal and local government agencies, as well as local businesses, will be available to assist constituents with any questions or concerns they have regarding federal issues and agencies, including Medicare, Medicaid, Social Security, veterans' benefits and the Postal Service.

For more information, please call (312) 886-0481.





Closer to Family

Smith Village draws residents to the 19th Ward



Smith Village executive director Marti Jatis.

I grew up in Mount Greenwood and attended Mother McAuley Liberal Arts High School. I always suspected that the 19th Ward might be more family-oriented than other parts of Chicago and many of its outlying suburbs. That this place is special became even more apparent when I assumed responsibilities as executive director of Smith Village, a continuing care retirement community whose roots have run deep in the wider local community since 1924. I hope you find inspiration in these stories of three Smith Village residents who moved here to be closer to family and who benefit from the realization that Smith Village offers the comforts of both home and family.

- Marti Jatis, executive director of Smith Village

Marilyn Stone

Smith Village resident Marilyn Stone grew up in Chicago's Englewood neighborhood and resided with her family over several decades in Beverly. Later in life, she moved to Englewood, Fla., where



Smith Village resident Marilyn Stone with her daughter Linda Lamberty.

she spent 30 years enjoying life in a golf-course centered community with her husband Bob, the owner of a Chicago-based insurance company.

Like several other residents of Smith Village, Stone returned to Chicago and moved to the continuing care retirement community (CCRC) to once again be near family members. Like the others, she's happy with her decision to call Smith Village in the 19th Ward her home.

"I just love it here," says Stone, 90. "I wouldn't want to live anywhere else."

The Stones enjoyed their time in Florida and made many friends. "I thought our community was a sort of utopia," she says, "but as time went by several friends and acquaintances passed on, and I decided I wanted to return to Chicago to be near my daughter, Linda Lamberty, who we raised in the Beverly area." On a bitter cold weekend in November of 2006, they moved into a two-bedroom

apartment near their family home, where their only child, Lamberty, still resides.

Soon after, Lamberty began searching for more permanent accommodations that would provide added security, meals, housekeeping, enrichment activities and long-term care for her parents.

"I just happened to be on the board of the Ridge Historical Society," Lamberty says, "and the

Washington and Jane Smith Home wanted our blessing so it could take down the original structure. I went to see a presentation about the new community at the same location that would be called Smith Village."

Each historical society board member received a promotional packet, and Lamberty says, "I was very impressed. The Washington and Jane Smith Home had such a wonderful standing in the community, and it struck a special chord with me. I remembered going there as a Brownie and singing Christmas carols. So I told my mother, 'You know, I think I've got just the thing for you.'"

The Stones were among the first residents to move into a two-bedroom apartment in the newly built Smith Village in 2007.

Over time, Bob Stone's need for additional care led his family to decide that moving to another community for older adults in Wheeling was the best choice for him, but Marilyn opted to remain. "I wanted

to be near my daughter and spend time with my friends," she says. "I enjoyed participating in activities both inside and outside of the community."

Lamberty says she especially appreciates the security provided by Smith Village. When her mother experienced a recent fall, staff came running in response to a life alarm pull, she says. "I feel much more confident that she is safe here. And I get to see her everyday. I just love that. I'm here all the time."

Janis McHugh

Six years ago, Smith Village resident Janis McHugh and her husband, Bill, a retired Chicago Police officer, moved from Homer Glen to Smith Village to be near their two sons, William and John, who reside with their families in Mount Greenwood. Bill passed away six weeks after their move, but Janis also opted to stay. "I've gotten used to it here, I just love it," says the youthful-looking 77-year-old. "This is my home."



Smith Village residents (L) Janis McHugh & Maureen Weis (R) in the Village Store.

McHugh still drives and involves herself in numerous activities. She volunteers in the community store and makes quilts with other members of the Smith Village Sewing Club to raise money for a variety of causes including Emilie's Fund, which provides for Smith Village residents who have outlived their financial resources. She frequently plays Bridge, has taken Spanish classes and she enjoys participating in "Foodology" classes conducted by David Somerfield, Smith Village's executive chef. The food classes have introduced her to many new tastes and foods such as Quinoa and exotic fresh fruits.

Beyond that, McHugh babysits for her great-grandchildren. Family Fun Day this past summer was "the best ever," she says. "They really had a lot of fun activities for the kids. I love this place because I can go to a movie and sit with friends. We also have entertainment that's fabulous. There's no end to things you can do and people you can spend time with if you want."



Smith Village resident Mary Christianson.

Mary Christianson

About three years ago, Mary Christianson moved to Smith Village from Deerfield where she had lived for 32 years. Christianson grew up in Lincoln Park and considers herself a North Sider—"I root for the Cubs every chance I get," she says, "yet I'm happy with my many new Southside friends."

Christianson decided to relocate after her husband's passing at the suggestion of her son, Tom, a University of Chicago professor who teaches molecular biology and lives in Hyde Park.

"Smith Village had many appealing features and the staff was so friendly and accommodating. The apartments looked comfortable and had large closets. I decided to move here," she says. "I recall going through the spook house set up in Community Hall. I thought 'this is going to be a fun place to live.'"

She soon found herself participating in a skit with the residents' acting troupe, the Village Players, reading lines for a part as a policeman. Besides acting in several Village Players productions, she's modeled for three annual Smith Village fashion shows. She also has attended plays and other activities with Smith Village residents at the Beverly Arts Center.

"I'm so busy here, there's so much to do. I love this community," she says. "I couldn't ask for a better place to live."

About Smith Village

Smith Village, 2320 W. 113th Place in Chicago's Beverly neighborhood, offers resort-style retirement living with apartments and appealing common areas for residents at all levels of care. Sponsored by Smith Senior Living, a not-for-profit organization serving older adults since 1924, Smith Village provides spacious residences and engaging programs for independent living, as well as assisted living, memory support and skilled nursing care. Smith Village also provides short-term rehabilitation services for residents and others requiring assistance after surgery or a medical incident.

For more information about Smith Village, call 773-474-7300 or visit SmithVillage.org.

BEVERLY HILLS TURKEY TROT

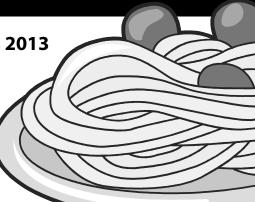
Family Pasta Dinner

Friday, November 29, 2013

6:00 p.m. - 8:00 p.m.

115 Bourbon Street 3359 W. 115th St.

Tickets: \$5 per person



The 19th Ward Youth Foundation will

host a buffet style pasta dinner. This is a great

way for runners to prepare for the Beverly Hills Turkey Trot on Saturday or for families to enjoy a night out of the house and away from holiday leftovers. All proceeds will benefit the John McNicholas Pediatric Brain Tumor Foundation & 19th Ward Youth Foundation. Registration & packet pickup will also be available at the dinner.

Reservations are preferred and can be made by calling (773) 238-8776 or e-mailing ward19@cityofchicago.org. Thank you very much and we look forward to seeing you on Friday, November 29th!

Reserve your seat today!







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Beverly Yoga Center

fall schedule

sunday.	
8:30 am	Flow
7:00 pm	Candlelight
monday	
9:30 am	Yoga for Relaxation
11:00 am	Therapeutic Yoga
5:30 pm	Prenatal
7:00 pm	Intro to Yoga* — Studio B
7:00 pm	Flow
tuesday	
9:00 am	Vinyasa
6:30 pm	Vinyasa
7:00 pm	Yoga for Relaxation — Studio B
wednes	day
9:00 am	Hot Flow
10:30 am	Hatha
4:00 pm	Little Yogi's* (Ages 4 & up)
5:30 pm	Relaxation for Kids* (Grade 2 & up) - Studio B
7:00 pm	Hatha

thursday.....

7:00 pm

9:00 am Flow

10:30 am Intro to Meditation*

1:00 pm Hatha

5:30 pm Yoga for Larger Bodies — Studio B

Meditation, Studio B

6:30 pm Hatha

friday.....

the mind, body and heart, and inspiring a he

9:00 am Hatha 10:30 am Flow

10:30 am Flow 7:00 pm Candlel

Candlelight; Flow; and Hot Flow Class format and instructor will rotate each week. Visit our website

under Special Classes for current schedule.

saturday.....

7:30 am Forrest 9:00 am Flow

9:00 am Therapeutic Yoga — Studio B

10:30 am Hatha

10:30 am Yoga for Larger Bodies* — Studio B

12:00 pm Intro to Yoga*

* Intro classes run in 4-week sessions - visit website for schedule. Registration required and is available online.

**Kids classes run in 8-week sessions. Registration required and is available online. Classes subject to change. Please visit our website for the most current schedule.

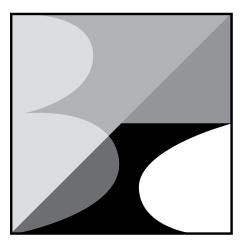
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Beverly Arts Center Schedule



Beverly Arts Center 2407 W. 111th St. 773-445-3838 www.beverlyartcenter.org

Concerts

Concerts are being added all the time. Keep up with the schedule at www.beverlyartcenter.org under Main Stage.

The Young Dubliners, Celtic rock's hardest working band, puts the BAC on their US tour schedule Fri., Nov, 15, 8 p.m. \$16 (\$14/BAC members)



Steve Bobbitt and The Young Turks bring to life the look, sound, energy and star appeal of Rock n Roll Hall of Famer in their Rod Stewart Concert Experience, Sat., Nov. 23, 8 p.m. Tickets: \$19 (\$16 BAC members)



This Must Be the Band, Chicago's Talking Heads Tribute band, performs Wed., Nov. 27, 8 p.m. Band members are Charlie Otto, Jamie Jay, Matt Gunsaulus and Kasey Foster. Tickets: \$19 (\$17/BAC members).



The Buckinghams return with their annual Joy of Christmas show, performing their fan-favorite hits and their band-favorite holiday music, Sat., Nov. 30, 8 p.m. Tickets: \$35 (\$32/BAC members)



The original band members perform their signature classic rock in An Evening With M & R Rush, Fri., Dec. 6, 8 p.m. Sean & Charlie open. Tickets: \$12 (\$10/BAC members)



Featuring the music of Trans Siberian Orchestra, Trans Infinity Orchestra performs the story of Christmas around the world, complete with an angelic choir and state-of-the-art light show, Sat., Dec. 7, 8 p.m. All ages holiday show. Tickets: \$20 (\$18/BAC members)



Get In, Get Art

Find your place at the Beverly Arts Center our Get In, Get Art FREE art activities for all ages, once at month on Sunday afternoons, though August.

Sun., Nov. 17, 2 to 4 p.m. Get Cooked: The art of cooking and recipes. Cooking/entertaining workshops with Chef Kate Bradley, cookie artist Mindy Day, The Harvest Room in Palos Heights, and The Blossom Boys. Arts and crafts for kids, improv for teens, a free BAC Art of Cooking cookbook and more.

Sun., Dec. 1, 1 to 3 p.m. Get Mixin': Put a creative spin on holiday parties. Workshops on unique holiday decorating, mixology demonstrations from The Harvest Room bartenders, beverage and food pairing tips, holiday arts and crafts for kids, holiday stories and performances.

Sun., Jan. 12, 2 to 4 p.m. Get Fixin': Activities include a Broken Workshop which uses those broken items you just can't throw away to repurpose as art, and "art road show" appraisals. "Amplify the Arts," the 43rd Annual Beverly Arts Center Auction, Sat., Feb. 15. Silent and live auctions, hors d'oeuvres, beverages, music and more.



2.15.14

Sun., Feb. 23, 2 to 4 p.m. Get Global: World cultures will be celebrated in visual arts, dance, music, food and stories.

Sun., Mar. 23, 2 to 4 p.m. Get Local: Local history and Chicago history will be remembered in art, film, music, literature and photos. Author Afternoons

School of the Arts

Sneak Peek offer the chance to try something new in a four-week class. Most classes start the week of Nov. 18. Find the complete schedule at www.beverlyartcenter. org under Education.



BAC Star Student Productions presents "Fame Jr.," Sat., Nov. 16, 2 and 7 p.m., and Sun., Nov. 17, 2 p.m. \$13 (\$11/BAC members)

BACinema

First run, independent and international films on the big screen, Wednesdays, 7:30 p.m. Nov. 20, "Ain't Them Bodies Saints," a romantic American story starring Casey Affleck and Rooney Mara; Reel Talk discussion follows screening. No movie on Nov. 27.

For the Kids

Chicago Kids Company presents one-hour musicals for young audiences. "Pinocchio," through Nov. 27, 10:30 a.m. and noon, selected weekdays; Sat., Nov. 16, 1 p.m. "Mrs Claus: A Holiday Musical," Dec. 5 through Dec. 23, 10:30 a.m. and noon, selected weekdays; Sat., Dec. 7 and Sun., Dec, 22, 1 p.m.



Gallery

Admission to exhibits and receptions is free. Gallery hours are 9 a.m. to 6 p.m., Mon. through Fri., 10 a.m. to 6 p.m. Sat., and 1 to 5 p.m. Sun. Exhibits are also open for viewing during many BAC performances and events.

Working on a project with the Oak Park Police Department, artist Lindsay Olson was inspired to make art about the brave women and men who serve us every day. Her exhibit, "Tools of the Trade: A resident's view of law enforcement," on exhibit through Dec. 1, is the result of that collaboration. Artist reception and talk on project, Sat., Nov. 16, 7 to 9 p.m.

"North and South," photographs by longtime area resident Kelly Borisy, through Dec. 1

Works by finalists and winners in 37th Annual Beverly Art Competition, through Jan. 5.

"In Full Color," works of figurative abstraction by Peter LoCascio, Dec. 6 through Jan. 5. Artist's reception, Sat., Dec. 7, 7 to 9 p.m.

<u>Author Afternoons</u>

Patrick Creevy discusses and signs his book, "Ryan's Woods," at Author Afternoons, Sun., Nov. 24, 2 p.m. Creevy grew up in the Christ the King parish and the Dan Ryan Woods was the setting for many of his childhood experiences.



If you like having concerts, classes, art exhibits and events right here in the neighborhood, please consider making a donation to the BAC Challenge! Find out more at www.beverlyartcenter.org



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When: Saturday, November 30, 2013, 9:00 A.M.

Entry Fees: Pre-Registration Day of Event Individual Runner/Walker \$25 \$30 Youth/CARA Rate \$20 \$25 \$55 **Untimed Family Walk** \$50

Race course entertainment provided.

Register online today! www.the19thward.com

* T-Shirts are only guaranteed for those that pre-register. Runners will be divided into age and gender categories based on CARA guidelines. The family walk is an untimed event.

Packet Pickup Schedule:

Saturday, November 16, 2013 10:00am-12:00pm The PrivateBank - Mt. Greenwood Branch, 3052 W. 111th St.

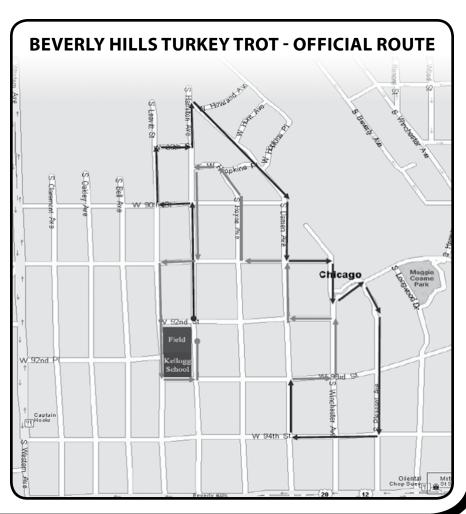
Saturday, November 23, 2013 10:00am-12:00pm Running Excels, 10328 S. Western Ave.

Friday, November 29, 2013 12:00pm-5:00pm 19th Ward Service Office, 10400 S. Western Ave.

Friday, November 29, 2013 6:00-8:00pm (pre-race pasta dinner) 115 Bourbon St., 3359 W. 115th St.

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BAC Asks Community to 'Meet the Challenge'

More than 200 people gathered in the courtyard of the Beverly Arts Center (BAC) on Thurs., Sept. 26 when Mayor Rahm Emanuel and Ald. Matt O'Shea announced a \$250,000 gift from the NATO legacy to support the revitalization of the Center and to kick off the BAC

Challenge. That gift and a \$100,000 legislative grant secured by Rep. Fran Hurley (35th District) provided the foundation on which the Center's BAC Challenge fund raiser has been built.

"The debt restructuring by Fifth Third Bank was

made possible by the commitment of Mayor Emanuel and support by State Rep. Hurley," explained Ald. O'Shea. "With the help of everyone in the community, we will revitalize the Beverly Arts Center, and provide a clear, attainable path for long term stability."

"Fifth Third Bank issued a challenge to this close knit, family-oriented community to take ownership of the Beverly Arts Center and play an active role in its revitalization," O'Shea continued. "The BAC Challenge is simple – by September

2014, we are going to raise \$500,000 and the bank will forgive \$2 million."

First to support the BAC Challenge were Joan and Bill Baffes and family of County Fair, and Morgan Park residents Lori and Edward McGunn who together donated

\$150,000. As of Nov.

1, the BAC Challenge has received more than \$200,000.

"There has been a tremendous response to the BAC Challenge from area residents, businesses and funders," said Barbara O'Malley, BAC Board President. "Clearly, the

Beverly Arts Center is an important institution and people are eager to 'meet the challenge' and support it."

The Beverly Arts Center is a tremendous asset to the surrounding community. All residents are asked to visit www.beverlyartcenter.org and consider making a donation to support the BAC Challenge. For more information, or to aide in the BAC Challenge campaign, please contact Nancy Abbate at (773) 445-3838 or nancy@beverlyartscenter.



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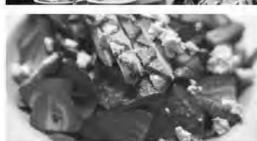
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Discover even more things to love about Smith Village. Visit smithvillage.org or call (773) 474-7303 for a FREE Information Kit.

Holidays at the Beverly Yoga Center

By Carly Carney

The holidays are both my favorite and least favorite time of year. My favorite holiday is Thanksgiving and one of my favorite things to do is put up our Christmas Tree. There is something magical about the twinkling lights. Yet, the holidays are also my least favorite time of the year. I often feel the inner pull during November and December to slow down, curl up and sleep more than usual.

The inner pull I feel during the holidays is actually aligned with nature. Nature does slow down because of the lack of sunlight. It's calmer outside as birds have migrated south, and other animals are hibernating, trees are bare and the environment looks a dark and quiet.

Yet the holidays propel us into a frenzy that is far different from hibernation. Long lists, never ending errands, holiday preparations, and social obligations draw us into an inner tug of war. Many people feel that pull towards quiet and peace during the holidays, but are overtaken by the social and cultural expectations to do and accomplish.

At the Beverly Yoga Center (BYC), each holiday season is planned with special care. We strive to create an atmosphere where students can feel moments

of peace and quiet during the hustle and bustle.

Thanksgiving Day at 9:00 a.m. class is one of my favorite classes to teach. Dedicating a day to gratitude reminds me of all the blessings in my life.

While the holidays can be a time of celebration, happiness and joy, they can also be a very challenging time for those grieving the death of a loved one. On Sunday, December 8 from 3:00 p.m., the BYC will host a special yoga class, "Connecting through Yoga During Grief" presented by Nancy Perlson, MSCW.

This is the second year of the Pause and Connect daylong retreat at the Portinicula Center in Frankfort, Illinois. On December 14th from 9:00 a.m.-4:30 p.m., Carly Carney, owner of the BYC, will teach a day of yoga and meditation that will restore and nurture the mind, body, and heart.

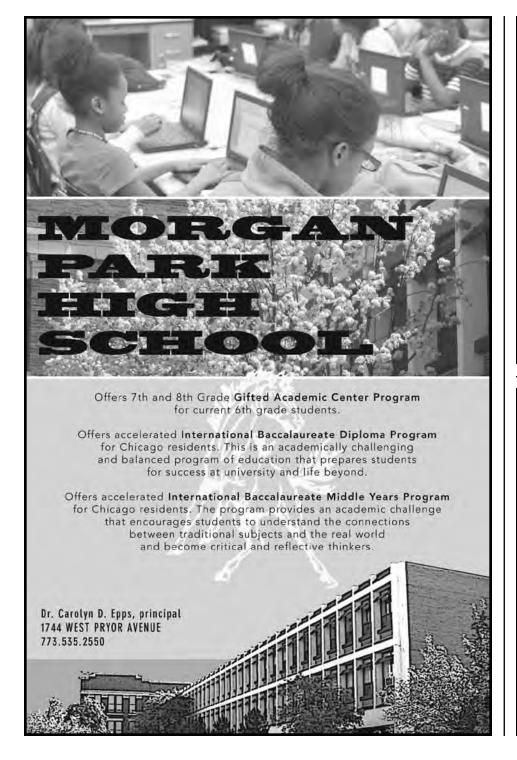
Every Friday at 7:00 p.m. in December, the BYC will offer special restorative classes for those who need a place to unwind and find their center.

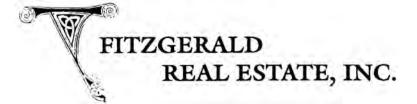
On Monday, December 23 at 7:00 p.m., the BYC will host Candlelight Yoga to Live Music with Lisa Martirena. For the past several years it's been a very special and meaningful way to begin Christmas.

The Beverly Yoga Center's intention during the holiday season is to provide a space for our community that nourishes, restores, and supports the many aspects of our lives.

For more detailed information about our classes during the holiday season or for our regularly scheduled classes please visit our website at www.beverlyyogacenter.com.







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