

19th WARD Quarterly

A Publication of the 19th Ward Youth Foundation
Matthew J. O'Shea

MAY 2019

O'Shea Invites Residents to Help A Hero

This June, Alderman Matt O'Shea, the Chicago Park District, and Jewel-Osco will host the 4th Annual Operation Help-A-Hero, a household item collection drive supporting veterans transitioning out of homelessness in Chicago. On any given night, there are approximately 1,000 homeless Veterans in the City. Since 2014, thousands of these American heroes have found permanent housing; unfortunately, many still lack the most basic household items you and I take for granted each day.

Operation Help-A-Hero asks all

Chicagoans to consider purchasing one or more of these items to donate to a veteran in need. Donations will be accepted at any Jewel-Osco location in Chicago or at sixty-five Aldermanic Offices and Chicago Park District locations throughout the City during the month of June. All items collected will be delivered to the United States' Veteran's Affairs Office and distributed to qualifying veterans throughout the Chicagoland area.

Local drop off locations include the 19th Ward Office at 10400 S. Western Ave., Monday through

Friday from 9:00am - 5:00pm, and Mount Greenwood Park, 3721 W. 111th St., Monday through Friday from 10:00am - 10:00pm, Saturday from 9:00am - 2:00pm, and Sunday from 9:00am - 5:00pm. Despite recent progress on this issue, there are currently hundreds of homeless veterans who live either unsheltered or in shelters throughout the City. "It is our duty as citizens to help our veterans in need get back on their feet and successful in private life." said O'Shea.

Please note, Operation Help-A-Hero is seeking new, store bought items only. A full list of requested

products is below. PERSONAL HYGIENE: bath soap, shampoo, conditioner, razors, shaving cream, deodorant, combs, hairbrushes, nail clippers, toothpaste, toothbrushes; KITCHEN & CLEANING ITEMS: kitchen trash cans (plastic), Windex, Pine Sol, dishwashing liquid, dishcloths, sponges, mops, buckets, brooms, dustpans, paper towels; BATHROOM & MISCELLANEOUS ITEMS: shower curtains, toilet paper (4 or 6 pack), plungers, toilet brushes, toilet bowl cleaner, bath towels (2), wash cloths, smoke detectors w/ batteries, flashlights w/ batteries, garbage bags, laundry baskets, hampers, and laundry detergent.

Operation Help-A-Hero is a 501 (c) (3) public charity dedicated to the well-being and care of our American military members. Their programs support military units and families as they prepare for separation, while they endure the challenges of deployment, and as they transition back to the United States. Every cent contributed to Operation Help-A-Hero is used to serve our military community, and every project is based on real need.



Alderman O'Shea shows off one of the many car loads that were delivered to Jesse Brown VA to help homeless Veterans as they transition into their permanent homes.



O'Shea, Cline Guest Bartend at Barney Callaghan's

On Friday, May 17th, Alderman Matt O'Shea and Retired Police Superintendent Phil Cline will be guest bartending at Barney Callaghan's Pub, 10618 S. Western Ave., from 6:00 - 8:00pm as part of the Chicago Police Memorial Foundation's Paint the Town Blue campaign. Barney Callaghan's and



businesses throughout the City will be selling paper stars to customers now through May 20th. Stars can be purchased for \$1, \$5, or \$20 with all proceeds benefitting the Chicago Police Memorial Foundation. Please stop in and show your support for the brave men and women of the Chicago Police Department.

Local Postal Customer

*****EGRWSSDDM*****



**UNITED STATES
POSTAL SERVICE**

Please join us for a meeting to address ongoing issues with local mail service. Representatives from USPS will be present to listen to concerns and address problems.

Tuesday, May 28, 2019

7:00PM

**Chicago High School for
Agricultural Sciences
3857 W. 111th St.**

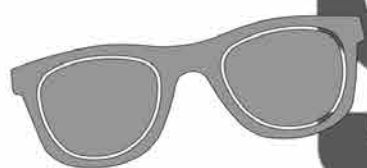
Hosted By:

**Alderman Matt O'Shea
Congressman Dan Lipinski
Senator Bill Cunningham
Rep. Fran Hurley**

NONPROFIT ORG.
U.S. POSTAGE
PAID
CALUMET CITY, IL
PERMIT NO. 17

10402 S. Western Ave.
Chicago, IL 60643

Immerse yourself in the Arts this



SUMMER



at the Beverly Arts Center

SCHOOL OF FINE ARTS

Dance • Theatre • Music • Visual Arts • Film



SUMMER CLASSES



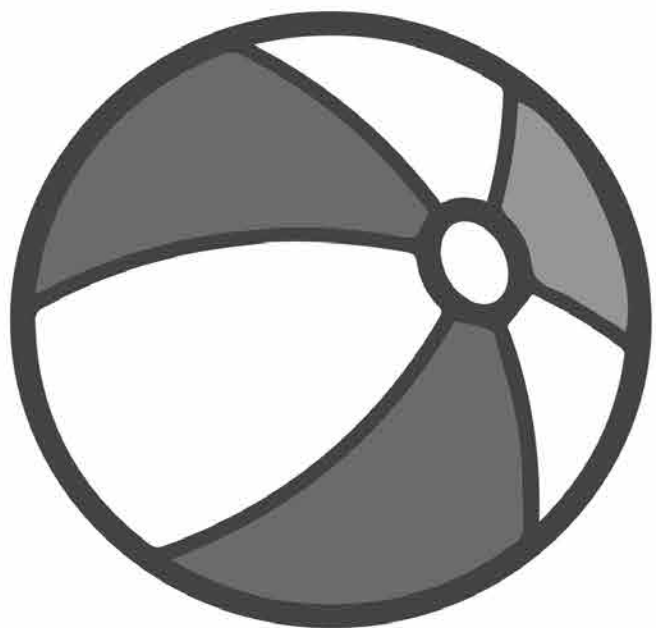
SUMMER ARTS CAMPS

Full day for children ages 5-12

2 week sessions with pre and post care through August 30th

Tots Camp

beverly arts center



1 week sessions
A summer arts program for 3-5 year olds



Beverly Arts Center
Imagine. Discover. Create.

For tickets and information call 773.445.3838
or visit us at beverlyartcenter.org



CAPS Meeting Calendar

BEATS 2211 & 2212

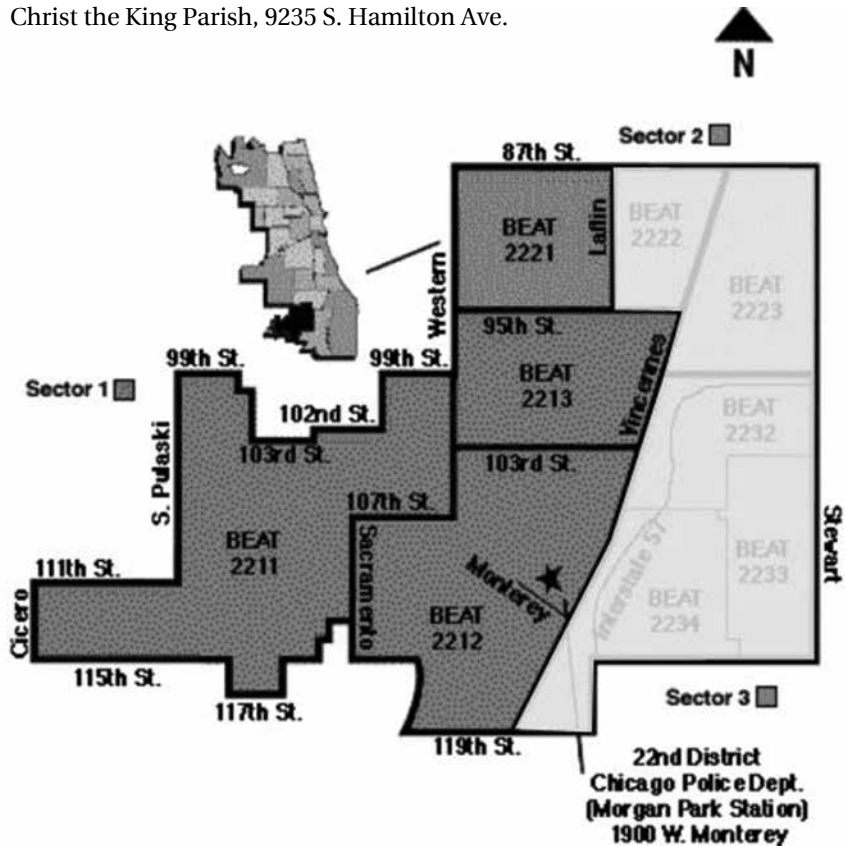
First Thursday of the month at 7:00pm
 March, May, June, August, October, December
 22nd District Police Station, 1900 W. Monterey Ave.

BEAT 2213

Second Thursday of the month at 6:30pm
 March, April, May, June, July, August, September, October, November
 Ridge Park, 9625 S. Longwood Dr.

BEAT 2221

First Tuesday of the month at 7:00pm
 March, April, May, June, September, October, November
 Christ the King Parish, 9235 S. Hamilton Ave.



Quarterly

A 19th Ward Youth Foundation Publication
Matthew J. O'Shea, Alderman

Beverly / Morgan Park Service Office

10400 S. Western Ave.
 Chicago, IL 60643-2508
 (773) 238-8766 (phone)
 (773) 672-5133 (fax)
 colleen@the19thward.com

Mount Greenwood Service Office

3207 W. 111th St.
 Chicago, IL 60655
 (773) 238-8776 (phone)
 (773) 672-5130 (fax)

City Hall Office

121 N. LaSalle St., Room 200
 Chicago, IL 60602
 (312) 744-3072
 www.the19thward.com

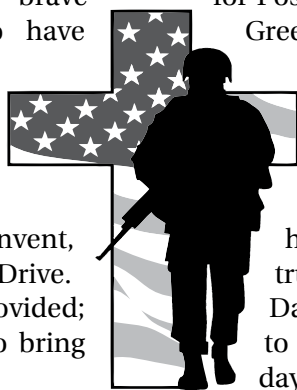
Memorial Day Mass Planned to Honor the Fallen

On Sunday, May 26, 2019 the 19th Ward Youth Foundation will host our annual Memorial Day Mass in honor of the brave men and women who have made the ultimate sacrifice protecting our freedoms. The outdoor mass will begin at 5:00pm on the lawn of the Saint Barnabas Convent, 10161 S. Longwood Drive. Limited seating will be provided; guests are encouraged to bring chairs.

Rev. James Donovan will celebrate the Mass with area veterans

and the families of local active service men and women playing roles. A collection will be taken for Postage for Parcels, a Mount Greenwood organization that provides care packages to troops serving overseas.

Please join us in honoring our fallen heroes and remember the true purpose of Memorial Day. Volunteers are needed to help setup chairs that day. For more information, please contact the 19th Ward at tristan@the19thward.com.

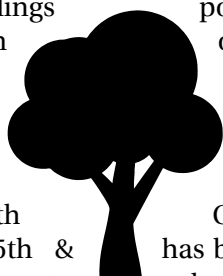


Restore the Canopy

This summer, Alderman Matt O'Shea and the Metropolitan Water Reclamation District are providing free oak tree saplings to Chicagoans. Trees can be ordered online at www.the19thward.com, and will be available for pickup on Sunday, June 2nd from 10:00am - 12:00pm at the 95th Street Farmers' Market (95th & Longwood Drive). Instructions to aid in planting and caring for the trees will be provided at pickup.

Trees provide a beautiful green

canopy for urban communities that enhance property values, reduce utility bills, and are a powerful and effective form of green infrastructure. A medium size oak tree can help prevent flooding by absorbing 2,800 gallons of rainfall per year. Chicago's tree population has been decimated by emerald ash borer infestations and extreme weather. Help restore that canopy by ordering your free oak sapling today!



COMMISSIONER **JOHN DALEY**
 AND THE COOK COUNTY ASSESSOR INVITE YOU TO ATTEND A

LISTENING TOUR WITH ASSESSOR FRITZ KAEGI





TUESDAY, MAY 21ST
 7:00PM - 8:30PM
Chicago High School of Agricultural Science
 3857 W 111th St, Chicago, IL 60655

MODERATOR
Matt O'Shea
 Alderman

The Assessor will share with you his reform plan and answer your questions.



The Solution for **Student Success!**



CONNECTIONS
Learning Center

Nurturing Minds of All Kinds

One-on-One Tutoring

- Algebra
- Geometry
- Trigonometry
- Calculus
- Computer Coding
- Science
- Written Expression
- Term Papers
- Organization
- Study Skills
- Homework Help
- ACT/SAT Prep
- Entrance Exam Prep
- College Application Help

Programs that go **beyond traditional tutoring** to address specific weaknesses

Wilson Reading Program

- Decoding & Encoding
- Vocabulary
- Fluency
- Accuracy

Cognitive Brain Training

- Working Memory
- Processing Speed
- Logic and Reasoning
- Auditory & Visual Perception and Memory
- Long Term Memory
- Phonemic Skills
- Attention

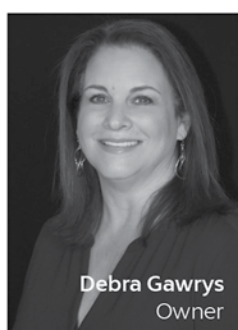
Neurofeedback

- ADHD
- Anxiety
- Depression

Other issues we work on:

- Reading & Listening Comprehension
- Expressive Language
- Written Expression
- Basic Number Concept Understanding

In addition to traditional tutoring, we offer programs to assist your child in becoming an independent successful learner so they can reach their true potential.



Debra Gawrys
Owner



CONNECTIONS
Learning Center

Nurturing Minds of All Kinds

2744 West 111th St | 773.238.4526
connectionslearningcenter.com

Coffee with the Commander - 6/24

On Monday, June 24th, the Beverly Ridge Homeowners Association (BRHA) and the 19th Ward will host a "Coffee with the Commander" at the Original Pancake House, 10437 S. Western Ave. at 7:00pm. There, residents will have the opportunity to meet Richard W. Wisner, the new Police Commander for the 22nd District. Senator Bill Cunningham, Representative Fran Hurley, Alderman Matt O'Shea, and members of the BRHA will be present for a casual conversation about issues impacting our community.

Commander Wisner previously served as a Lieutenant within the Investigative Response Team. He also served as a Lieutenant in the 2nd and 5th Districts as well as serving in the Bureau of Detectives. He holds a master's degree in public safety administration from Calumet College of Saint Joseph's and has 29 years of service with the Chicago

Police Department.

Events like these are a great way to learn more about what is happening in our area and meet neighbors. Coffee with the Commander is free and open to the public. Coffee will be provided. For more information, please contact Tristan Angus at tristan@the19thward.com.



Cook County Assessor Property Tax Appeals

The Cook County Assessor property tax appeal process for Lake Township, which includes the 19th Ward, is tentatively scheduled to open August 12, 2019. Yearly assessment notices will be mailed notifying residents of the 30 day window to file an appeal. This will be the first opportunity to appeal 2019 taxes payable in 2020. The second opportunity to appeal property taxes is administered through the Cook County Board of Review, which opens in late Fall, 2019. Look for more information about the Board of Review appeal process in the August issue of the



19th Ward Quarterly. It can be beneficial to file appeals with both agencies. Common reasons to file an appeal with the Assessor are lack of uniformity with similar properties within the same neighborhood code, overvaluation based on recent sales and significant property description errors. This appeal process is for 2019 property taxes due in 2020. Appeals can be filed in person at any Cook County Assessor office or online at www.cookcountyassessor.com. Appeal forms are available at the 19th Ward Service Office.

Sign Up for Automatic Water Bill Payments Today

The City of Chicago has launched a new web portal for water, sewer and garbage bills. Here are some of the convenient online features:

- View, print or download your bills
- Go green and enroll in paperless billing
- View payment history and usage
- Make a quick payment
- Sign up for AutoPay

The AutoPay feature allows you to pay your bills with automatic debits from your bank account. With AutoPay, you will not have to remember to pay your bill. There are no service fees and you will receive a reminder email prior to the automatic debit.

Check it out at www.cityofchicago.org/finance and click on Pay Utility Bill.



Veterans' Day Breakfast

Alderman Matt O'Shea, along with our partners Bill Cunningham, Illinois State Senator 18th District; Fran Hurley, State Representative 35th District; Beverly Area Planning Association and Mount Greenwood Community & Business Association, will host a 2019 19th Ward Veterans Day Breakfast to honor all those who have served or are currently serving our country. The breakfast details are in progress and once confirmed, an announcement will be made in the near future. In the meantime, we are requesting our 19th Ward Veterans' contact information to make this event a success. Please contact Margie Olsen at the 19th Ward Office at (773) 238-8776 and provide your name, address, phone, email and branch served. Also, you can visit <http://www.19thwardmobile.com/19th-ward-veteran/> to submit.



Utility Bill Clinics

Alderman Matt O'Shea and the Citizens Utility Board (CUB) will host a utility bill clinic on Thursday, July 18th from 11:00am - 1:00pm and Tuesday, July 23rd from 6:00pm - 8:00pm at the 19th Ward Office (10400 S. Western Ave). Residents are invited to bring copies of utility bills (gas, phone and electric) for review with the Citizens Utility Board to make sure you aren't overpaying. There is no cost for this



event. Join us and learn how to spot unnecessary charges on electric, natural gas or phone bills. Also, find out which energy efficiency programs or rebates might help you. Space is limited! To reserve your spot today, please contact Anairis Boror at aboror@citizensutilityboard.org with the subject line "19th Ward - 7/18" or "19th Ward - 7/23" or call her at (312) 263-4282, extension 111.

Divvy Expansion Planned

Divvy is expanding and coming soon to the 19th Ward! A proposal recently passed City Council to enable Divvy, Chicago's bike share system, to reach all 50 wards of Chicago and more than double their current fleet with 10,500 new ebikes. Alderman O'Shea will work closely with Divvy and CDOT when bringing these new bike stations and bikes to the 19th Ward. Other aspects of the expansion include 200 new jobs in Chicago, a summer youth job training program, and expanding the current Divvy for Everyone \$5/year membership program for low-income residents. We are pleased to soon be able to bring bike share as a convenient, affordable, and sustainable transportation option to our community.

- 50 million dollar investment from Lyft for expansion and modernization of the Divvy bike share system
- 175 new stations and 10,500 new ebikes to be added bringing the fleet to 16,500
- Divvy will reach all 50 wards of Chicago by 2021, with 2019 focusing on the far South Side
- Divvy will be integrated with the Ventra app
- 10 million dollar investment to expand the current Divvy for Everyone program bringing \$5/year membership program for low-income residents
- A new adaptive bike share program by 2020
- Add 200 new jobs plus job training and outreach to barrier communities

Or here's some points from the expansion:



19th WARD TOWN HALL MEETING

**WEDNESDAY,
JUNE 5, 2019
7:00 P.M.**

**22ND DISTRICT CHICAGO
POLICE STATION
1900 W. MONTEREY AVE.**

Please join us for a discussion of community events. Representatives from various government agencies will also be present to address any concerns or questions you may have.

Sponsored by:

Matt O'SHEA
19TH WARD ALDERMAN

State Representative JUSTIN SLAUGHTER

State Senator EMIL JONES III

CIVIC ASSOCIATION OF MORGAN PARK

POLICE

OLD MORGAN PARK CIVIC ASSOCIATION

19TH WARD DOCUMENT SHREDDING

Please note, this event is for document shredding only. We will not have electronics recycling available.

**SATURDAY, JUNE 8, 2019
9:00 A.M. - 11:00 A.M.
CROSSWINDS CHURCH
10835 S. PULASKI RD.**

This service is provided free of charge, but is open to 19th Ward residents only. Documents are shredded on site. Only documents that are loose can be shredded; please remove any staples or binders before you arrive.

SPONSORED BY:

Matt O'SHEA
19TH WARD ALDERMAN

Bill Cunningham
ILLINOIS STATE SENATOR 18TH DISTRICT

Fran Hurley
STATE REPRESENTATIVE 35TH DISTRICT

R4
information management company

CROSSWINDS CHURCH

Meet Shea McGillicuddy

Shea Leo McGillicuddy lives with his family in the West Beverly community. He was first diagnosed with Severe Hemophilia Type A in the NICU at Advocate Christ Medical Center, when he was one day old and the customary heel prick test failed to stop bleeding! Shea suffered two brain bleeds before he was 18 months old, one of which caused mini seizures. He has since been given two PICC lines allowing medication to be administered at home. Thankfully modern medicine has come a long way in the treatment of hemophilia. However, thousands of patients across the country still rely on blood transfusions. Please consider donating at our upcoming blood drive in support of Shea on Friday, June 7th, 2:00 - 6:00pm at Barney Callaghan's.

What is Hemophilia?

Hemophilia is a rare disorder in which your blood doesn't clot normally because it lacks sufficient blood-clotting proteins (clotting factors). If you have hemophilia, you may bleed for a longer time after an injury than you would if your blood clotted normally. Small cuts usually aren't much of a problem. The greater health concern is deep bleeding inside your body, especially in your knees, ankles and elbows. Internal bleeding can damage your organs

and tissues, and may be life-threatening.

Hemophilia is an inherited (genetic) disorder. Treatment includes regular replacement of the specific clotting factor that is reduced.

Symptoms

Signs and symptoms of hemophilia vary, depending on your level of clotting factors. If your clotting-factor level is mildly reduced, you may bleed only after surgery or trauma. If your deficiency is severe, you may experience spontaneous bleeding.

Signs and symptoms of spontaneous bleeding include:

- Unexplained and excessive bleeding from cuts or injuries, or after dental work
- Many large or deep bruises
- Unusual bleeding after vaccinations
- Pain, swelling or tightness in your joints
- Blood in your urine or stool
- Nosebleeds without a known cause
- In infants, unexplained irritability

Bleeding into the brain

A simple bump on the head can cause bleeding into the brain for some people who have severe hemophilia. This rarely happens, but it's one of the most serious

complications that can occur. Signs and symptoms include:

- Painful, prolonged headache
- Repeated vomiting
- Sleepiness or lethargy
- Double vision
- Sudden weakness or clumsiness
- Convulsions or seizures

Causes

When you bleed, your body normally pools blood cells together to form a clot to stop the bleeding. The clotting process is encouraged by certain blood particles. Hemophilia occurs when you have a deficiency in one of these clotting factors.

There are several types of hemophilia, and most forms are inherited. However, about 30 percent of people with hemophilia have no family history of the disorder. In these people, an unexpected change (spontaneous mutation) occurs in one of the genes associated with hemophilia.

Complications of hemophilia may include:

Deep internal bleeding. Bleeding that occurs in deep muscle can cause your limbs to swell. The swelling may press on nerves and lead to numbness or pain.

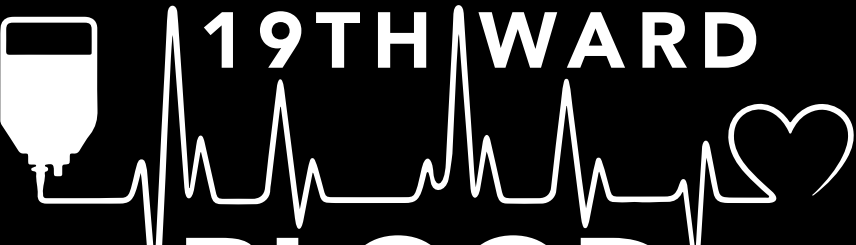
Damage to joints. Internal bleeding may also put pressure on your joints, causing severe pain.



Left untreated, frequent internal bleeding may cause arthritis or destruction of the joint.

Infection. People with hemophilia are likelier to have blood transfusions, increasing their risk of receiving contaminated blood products. Blood products became safer after the mid-1980s due to screening of donated blood for hepatitis and HIV.

Adverse reaction to clotting factor treatment. In some people with hemophilia, the immune system has a negative reaction to the clotting factors used to treat bleeding. When this happens, the immune system develops proteins (known as inhibitors) that inactivate the clotting factors, making treatment less effective.



19TH WARD BLOOD DRIVE

SUPPORTING SHEA MCGILLYCUDDY

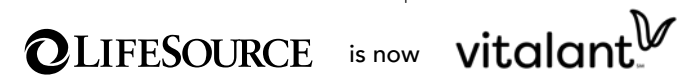
FRIDAY, JUNE 7, 2019
2 P.M. - 6 P.M.
BARNEY CALLAGHAN'S
 10618 S. Western Ave.


For appointments call 877.258.4825 or vitalant.org
 use group code 094B

Appointments recommended. Walk-ins welcome.

PREPARE FOR YOUR DONATION • EAT WELL
STAY HYDRATED • BRING ID

Promotion runs the date of the individual drive as listed above. When offered, all giveaways, prizes and tickets are non-transferable, non-refundable, not redeemable for cash and while supplies last. Must be at least 18 years of age (16 - 17 years of age with signed parental consent) for actual donation, and due to gaming laws, must be at least 18 years of age to be entered into a random drawing. ITxM and LifeSource employees and their immediate families are not eligible to participate. Void where prohibited by law. Please bring ID with you on the day of donation. Proper ID is required to donate blood. A LifeSource or military ID, driver's license, passport, or employee or student ID with picture and full name are all approved forms of ID. Birth certificate along with a picture ID that includes the donor's full name will also be accepted.





**Beverly
Therapists**

*Individual
Couple
Family
Child
Adolescent
Group
Therapy*

Join Us!

For Monthly
LGBTQ Group &
Grief Groups

For more information, visit us at
BeverlyTherapists.com

Select from caring,
experienced professionals,
each in independent
private practice.

COMPASS

The secret to selling your home faster
and for a higher price?

A great first impression.

Compass covers the cost of services that can
increase your home's selling price.

Call Jeni today for more info on **Compass Concierge!**





JENI NELSON
REAL ESTATE
 312-719-0565
jeni.nelson@compass.com
<http://Bit.ly/jeninelsoncompass>

Smart Lighting Comes to 19th Ward



The Department of Transportation has begun work on the second phase of Chicago's streetlight modernization program, which includes the installation of an additional 40,000 new LED streetlights in neighborhoods across the City. In this next phase, the Chicago Smart Lighting Program (CSLP) will install new LED lights on streets, alleys and viaducts in portions of the far South Side, including portions of the 19th Ward. Installations in the current phase will be continuing through August when the City expects to reach the halfway point of the four-year project.

"This project has been a win-win for Chicagoans as it delivers one of the largest lighting modernization programs in the country and addresses one of the top reasons residents contact 311," Mayor Emanuel said. "As we begin this next phase, the program will reach more neighborhoods and provide more residents with reliable and energy-efficient nighttime lighting."

Last month, the Mayor was joined by ComEd in announcing that the City taxpayers will save an estimated \$100 million over the next ten years thanks to the

energy efficiency of the new lights, which consume 50-75 percent less electricity than outdated High Pressure Sodium street lights. In addition, the modernization is earning the City rebates from ComEd for installing new energy efficient lights. The City has received more than \$12 million in rebates to date, and expects to earn a total of \$35 million in rebates over the four-year program.

The modernization is being implemented by the Chicago Department of Transportation (CDOT) in coordination with the Chicago Infrastructure Trust (CIT) and the Department of Innovation and Technology.

Chicagoans can track the installation of new streetlights on an interactive map at the CSLP website: <http://chicagosmartlighting.org>. The map is updated weekly to show where installation is anticipated and already completed.

During the installation process, brief closures may be required on residential streets and alleys as crews move through each area. Parking restrictions, if needed, will be posted prior to installation. that is updated weekly.

June Park Events

Avengers: Infinity War coming to McKiernan Park (10714 S. Sawyer Ave.) on **Thursday, June 20, 2019 at 8:30pm**. Admission is free and all are welcome!



Storytown Improv at Kennedy Park (11320 S. Western Ave.) on **Tuesday, June 25th, from 6:30**




- 7:30pm. Storytown Improv leads families through an improvised, interactive musical adventure for the whole family. From superheroes to undersea adventures, princesses to dinosaurs, Storytown takes you on an interactive, fully improvised adventure. The actors use audience suggestions and ideas to create a different story every time. Kids design the setting and help shape the story. The actors, artists and musicians bring it to life. When the possibilities are endless, no two stories are ever the same. Recommended for children ages 3 to 10 years and their families.

Concerts in the Park

The 19th Ward Youth Foundation and Chicago Park District are partnering to provide free outdoor concerts this summer. All concerts are open to the public and free of charge. All residents are encouraged to pack a blanket or folding chair and check out free live music in a park near you.

Concerts will be held every

Thursday at 7:00pm beginning on Thursday, July 11th through Thursday, August 22nd. A full schedule will be available soon at www.the19thward.com. Concerts in the Park are sponsored by Alderman Matt O'Shea, Representative Fran Hurley, Senator Bill Cunningham, Beverly Bank & Trust and HMS Host.






PLEASE JOIN
**STATE REPRESENTATIVE
FRAN HURLEY**
FOR HER

SENIOR TECH TUESDAY

**Tuesday, June 11
10 a.m. to Noon**

Rep. Hurley's District Office
10400 S. Western Ave. | Chicago

Visit Rep. Hurley's constituent service office for free assistance setting up or using an iPhone, tablet, or other digital device.

Personal appointments will be scheduled in advance. For more information or to reserve a 15-minute appointment, contact Fran Hurley's constituent service office at 773-445-8128 or RepFranHurley@gmail.com.

CHICAGO DEPARTMENT OF AVIATION

CONCESSIONS CAREER FAIR

O'HARE INTERNATIONAL AIRPORT



This is your opportunity to speak directly to hiring managers of the stores and restaurants at Chicago O'Hare International Airport! Concessionaires are looking to fill front-line associate positions, cooks, wait staff, service providers, massage therapists, nail technicians, managers and other support positions for the airport shops.

O'HARE INTERNATIONAL AIRPORT



Tuesday, May 21
9 a.m. – 3 p.m.

O'Hare Terminal 2 Baggage Claim area in lower level.

BRING YOUR RESUME. ON-SITE INTERVIEWS.

#cdacareerfair



CDA
CHICAGO DEPARTMENT OF AVIATION

O'HARE
INTERNATIONAL AIRPORT

**Eat
Shop
& More**

VISIT
flychicago.com



WE'RE PROUD TO SUPPORT THE
19TH WARD
YOUTH
FOUNDATION

Being Beverly's neighborhood bank means more than just offering solid banking solutions. It means doing our part to give back to the local charities and social organizations that unite and strengthen our communities. We're particularly proud to support the 19th Ward Youth Foundation and its dedication to hosting a wide variety of safe, healthy, and educational youth activities for children and teens in our area.

BEVERLY BANK
 & TRUST COMPANY N.A.TM

BEVERLY'S NEIGHBORHOOD BANK

10258 S. Western Ave. | 1908 W. 103rd St.
 Chicago, IL 60643 | 773-239-2265
www.thebeverlybank.com

Proud to be part of the **WINTRUST** family

MEMBER
FDIC 

Cunningham named Legislator of the Year by Fire Fighters Association

State Senator Bill Cunningham was named Legislator of the Year by the Associated Fire Fighters of Illinois (IFFA) for his advocacy on behalf of firefighters and other first responders in the Illinois State Senate.

"I'm honored to be chosen for this award I want to thank the IFFA for its continued advocacy on behalf of Illinois firefighters," said Cunningham, who represents portions of Chicago and the southwest suburbs. "I look forward to continuing to work with the IFFA and first responders throughout the state to promote the interests of Illinois firefighters."

Cunningham has worked on behalf of first responders in Springfield since he first joined the General Assembly in 2011. Last session, he introduced legislation to protect Chicago firefighters' pensions by allowing them to transfer credit from their previous service to their current pensions. He's also sponsored legislation to extend "widows benefits" for the families of fallen firefighters and to strengthen fire safety standards in building codes.

"Illinois' firefighters put their own lives on the line on a daily basis

to keep us safe," Cunningham said. "State government needs to look out for these brave men and women the way they look out for us."



Hurley Bill Protects First Responders

Law enforcement officers who are struggling with trauma, PTSD or job-related stress would be able to access mental health services without fear of losing their job under legislation introduced by state Rep. Fran Hurley, D-Chicago, which recently passed the House. Hurley's measure safeguards confidentiality for all public safety and emergency services personnel during peer support counseling sessions.

"First responders do a very difficult job and are under an incredible amount of stress as they work to keep our communities and families safe," said Hurley. "It is critical that we support law enforcement and other first responders by providing them the resources they need to protect their mental and emotional well-being, while making sure they are not punished simply for seeking help."

Hurley's House Bill 2766 also would protect officers who seek help by ensuring that they do not automatically lose their job if their FOID card is revoked. Under current law, police officers' FOID cards can be revoked for seeking



inpatient mental health services, even if a clinician determines they pose no risk to themselves or others. Many departments, including the Chicago Police Department, require officers patrolling the streets to have a FOID card, meaning that those considering getting help are at risk of losing their position on the force.

"I will continue standing up for our police officers and first responders and working to address the recent rise in suicides and other mental health issues we are seeing in officers throughout the state," continued Hurley. "Removing existing barriers to mental health care will help our heroes manage the immense stress they are under and break down the stigma around asking for help."

House Bill 2766 is backed by the Chicago Fraternal Order of Police and recently passed out of the Illinois House with overwhelming bipartisan support. For more information, contact Hurley's constituent service office at 773-445-8128 or RepFranHurley@gmail.com.

Staying healthy, staying involved



Mercy Circle resident Sister Ellen Marie Ryan, RSM with rehab manager Joanna Ruzich

Thanks to Mercy Circle's short-term rehab, I'm already back in step as a volunteer at Mother McAuley High School. I taught music at McAuley for more than 30 years. Now helping out there is a great encore.

- Sister Ellen Marie Ryan, RSM

**Call 773-253-3600 to learn about
our next Open House
or to schedule a private tour.**

MERCY
CIRCLE

Sponsored by the Sisters of Mercy West Midwest

Independent Living • Assisted Living
Memory Support • Skilled Nursing Care
Rehabilitation Therapy

3659 West 99th Street | Chicago, IL
773-253-3600 | mercycircle.org

Farmers Market Returns for 2019

We are very excited to kick off this year's 95th Street Farmers Market season! The market is open now through October 27, 2019. The hours of operation are 8:00am - 1:00pm, rain or shine, in the city owned commuter lot on the corner of 95th and Longwood Drive. One of our main objectives this season is to attract community residents who have not yet made the market part of their weekend routine.

We are once again partnering with many different civic and charitable organizations to join us on a rotating basis in our Community Tent. Other popular features include live music each week from 10:00am - 12:00pm, and complimentary face painting for children from 10:00am - 1:00pm every other Sunday. We are also excited to host the children's librarian from the Beverly Branch Library. She

will join us many times throughout our season to offer children's crafts and register children for the city's summer reading program during the summer months of the market season.

Special thanks to our sponsors: Beverly Bank - premier sponsor of the market, 19th Ward Youth Foundation, Senator Bill Cunningham, Representative Fran Hurley, Southtown Health Foods, Pacor Mortgage, BAPA, Alderman Matt O'Shea, and the 95th Street Business Association. We also thank the Chicago High School for Agricultural Sciences for their help with our market.

Below is a schedule of activities for the month of May:

May 5th - The Beverly Area Planning Association and Beverly Arts Center will join us in the Community Tent.



Joel Barr will provide music from 10:00am - 12:00pm, and we will offer complimentary face painting for children from 10:00am - 1:00pm in the Children's Tent.

May 12 - The Beverly Arts Center will join us in the Community Tent. Mark Taylor will provide our music from 10:00am - 12:00pm.

May 19 - The Beverly Arts Center will join us in the Community Tent. The children's librarian from the Beverly Branch Library will join us in the Children's Tent from 10:00am - 12:00pm, and we will have complimentary face painting from 10:00am - 1:00pm. The Beverly All-Stars will provide our music from 10:00am - 12:00pm.

May 26 - The children's librarian from the Beverly Branch Library will

join us in the Children's Tent from 10:00am - 12:00pm. Mark Taylor will provide our music from 10:00am - 12:00pm.

Please be sure to "like" our 95th Street Facebook page to stay up to date on our weekly schedule for the market. You can also visit the Farmers Market tab on our website, www.95thstreetba.org, for more information.

Thank you, and we look forward to seeing you at the market!



Paint the Town Blue

On Friday, May 10th, the Chicago Police Memorial Foundation kicked off the 2nd Annual Paint the Town Blue Campaign at a press conference at Original Pancake House - Beverly. Businesses in our community and throughout the City will be selling paper stars in support of the Chicago Police Department through May 20th. Stars will be hung in those businesses, and will be available for purchase for \$1, \$5, and \$20. All sales will go to the CPMF, a not-for-profit organization that provides support and financial assistance to the families of Chicago Police Officers killed or catastrophically injured in the line of duty.

The following local businesses will have stars available for purchase throughout the Paint the Town Blue campaign, which coincides with National Police Month:

- Barney Callaghan's Pub; 10618 S. Western Ave.
- Beverly Hills Garage; 2043 W. 95th St.
- Burger King; 11020 S. Kedzie Ave.
- County Fair; 10800 S. Western Ave.
- Dunkin Donuts; 3206 W. 111th St.
- Fox's Beverly Pub; 9956 S. Western Ave.

- Hinky Dinks Pub; 3243 W. 111th St.
- Hippo's; 3011 W. 111th St.
- Joey's Red Hots; 11500 S. Western Ave.
- Kean Gas Station; 2632 W. 111th St.
- Live and Believe Nutrition; 2025 W. 95th St.
- Lunettes Family Eyecare & Optical Boutique; 3402 W. 111th St.
- Original Pancake House; 10437 S. Western Ave.
- Original Rainbow Cone; 9233 S. Western Ave.
- Plug T-Shirt Store; 3652 W. 111th St.
- Shrader's Goods, Inc; 3145 W. 111th St.
- Southtown Health Foods; 2100 W. 95th St.
- Treadfit; 10458 S. Western Ave.

Please join me in supporting the brave men and women of the Chicago Police Department and the help us "Paint the Town Blue."



Saturday, June 29, 2019

The Guns N' Hoses 5K is a chipped timed, certified course in one of the most beautiful neighborhoods in Chicago - Beverly. Registration includes: tech shirt, finisher medal, after party, chip timing and USATF course and a great breakfast!

Race Begins at 7:30 AM, starting & finishing at Christ the King Church.

Please register at:

<https://gunsnhoses5k.itsyourrace.com/register/>



The Guns N' Hoses 5K is honoring Chicago Police Officer John C. Knight and will benefit the 100 Club of Chicago's Educational Assistance Program.



Great Neighborhood

Great Neighbors

What will you enjoy today? At Smith Village, you'll thrive in our welcoming, down-to-earth community that understands the best time of your life is now. Come discover an engaging, maintenance-free retirement lifestyle among lifelong friends and those you're sure to meet, right here in the Beverly neighborhood you love. Here, the world is yours with everything from first-class dining to a full calendar of enriching activities, classes, and wellness programs to keep you active, healthy and whole.

As Beverly's only Life Plan Community, backed by Smith Senior Living, who's been caring for older adults in the Chicago area for nearly 100 years, you'll have the security of knowing you have everything you need today and everything you might need tomorrow.

Ask about our trial stay program!

Smith
VILLAGE
A SMITH SENIOR LIVING COMMUNITY
Explore the life *you love.*

Schedule your visit today **(773) 819-9057**



2320 West 113th Place • Chicago, IL 60643 • SmithVillage.org

BAPA's Ridge Run Offers Paces and Races for All Runners; Memorial Day Parade Follows Races to Ridge Park

The Beverly Area Planning Association (BAPA) invites runners of all ages, paces and distances to participate in the 42nd Annual Ridge Run on Memorial Day, Mon., May 27. Runners can compete for a share of the \$1800 in cash prizes or simply race to place in age categories ranging from 6 to 80 or beat their personal best time.

The Ridge Run, long considered Chicago's favorite neighborhood race, takes participants through the Ridge Historic District to run the 10K run, 5K run and walk and Youth Mile run routes. Cheering spectators line the route, offering encouragement, water and energy to the runners. Races start and finish at Ridge Park, 9625 S. Longwood Dr.

Runners who are training for the Chicago Marathon are also encouraged to sign up for the 10K since completing a 6.2-mile race by June is a benchmark in marathon training.

The Memorial Day Ceremony honoring the men and women in the U.S. armed forces who have given their lives in service to our country, will be held at 9 a.m. at Ridge Park. The ceremony includes the laying of the wreath, taps and a solemn remembrance of the true meaning of Memorial Day.

The running events are followed by the Beverly Hills/Morgan Park/Mount Greenwood Memorial Day Parade, starting at 110th Place and traveling north down Longwood Drive to join the Ridge Run post-race festival at Ridge Park. Run and parade spectators and participants are invited to enjoy food, beverages, information from event sponsors, Team Town and more. The Kids Zone, sponsored by Marquette Bank, will feature a visit from Captain America, the popular Tot Trot, jump houses and more.

The presenting sponsor of the Ridge Run is Little Company of Mary Hospital and Health Care Centers (LCMH), Evergreen Park, which generously provides the day's health necessities including the Ridge Run doctor and first aid tent, as well as with general health information. The hospital has

been a vital health resource for the community for nearly 90 years and continues to achieve accolades for quality through its revolutionary medical technologies and services both at its home and satellite locations. LCMH was recently named among best hospitals by U.S. News and World Report.

Ridge Run registration continues until race day for participants signing up for the 10K run, 5K run or untimed walk, Ridge Run Challenge 5K and 10K, and, for kids up to age 12, the untimed Youth Mile. Register by May 1 to guarantee getting your Ridge Run t-shirt. Sign up online until May 20 at www.bapa.org, then sign-up and pick up race packets through May 26 (see www.bapa.org for complete registration schedule). Fees increase for race-day registration, which opens at 6:30 a.m.

Volunteers are needed to help with the Ridge Run, and a variety of dates and tasks are available. Sign up at www.bapa.org on the Ridge Run page or call 773-233-3100 for more information.

Memorial Day Parade

The Beverly/Morgan Park/Mount Greenwood Memorial Day Parade, planned and presented by BAPA steps at about 10 a.m. The parade features a variety of units including military vehicles, antique cars, floats, scouts, bands, the Jesse White Tumblers and the Bluesmobile.

Beverly/Morgan Park resident Tim Noonan, founder of the Chicago Council of Gold Star Mothers (CCGSM), will lead the parade as Grand Marshal. The Road Home Program Center for Veterans and their Families at Rush University Medical Center is the parade presenting sponsor.

A few years ago, Noonan formed CCGSM with the mission of restoring and preserving a forgotten monument erected nearly a century ago to honor Chicagoans who gave their lives serving in World War I. His tireless efforts have led to the restoration of that monument, which was installed last fall in a

place of honor in the Dan Ryan Woods and rededicated in an official ceremony in time for the 100th anniversary of the armistice that ended WWI.

The CCGSM relied on what Noonan called "blind faith" to get the project completed. They ordered a new bronze plaque from a Chicago manufacturer who, according to Noonan, used the same techniques employed on the long-lost original plaque. The International Union of Bricklayers and Allied Craftworkers guided the hands of apprentice masons in rebuilding the monument, also using century-old techniques, with the original stones supplemented by local stones collected by Noonan. The Forest Preserves District of Cook County built the new concrete footing for the memorial.

The CCGSM continues to raise funds to cover the costs of the restored memorial, and the costs of preserving the memorial as well as adding benches and amenities for visitors. For more information about the history behind the monument, the restoration effort

and how you can make a donation, visit Chicago Council of Gold Star Mothers on Facebook.

Parade presenting sponsor, The Road Home Program, provides individualized care to veterans and their families to help heal the "invisible wounds of war." The program helps veterans returning home to address service and combat-related health and mental health issues as well as family challenges. Services are provided regardless of ability to pay. Beverly/Morgan Park neighbor Modie Lavin is the Community Outreach Coordinator; call her at 312-942-8354.

Registration for participating in the Memorial Day Parade continues through May 20. Applications are available online at www.bapa.org on the Ridge Run page or you can request a paper application by emailing bapa@bapa.org.

For more information about the Ridge Run or Memorial Day Parade, contact the Beverly Area Planning Association, 773-233-3100, bapa@bapa.org or www.bapa.org.



Beverly Area Planning Association Ridge Run 5K starting line.



**FITZGERALD
REAL ESTATE, INC.**

11134 S. Western, Chicago, IL 60643

(773) 779-6085

itzfitz@sbcglobal.net

*"Whether you are buying or selling,
Fitzgerald Real Estate "FITZ" your needs"*

**OnLine
Realty
Professionals.com**

Service & Technology

3822 W. 111th St., 2nd Floor, Chicago, IL 60655

Steven Graves, Managing-Broker
773-216-5818

Rhett Graves 773-430-1694

Marilyn Gallagher • John M. Healy • John Healy • Karen Healy
Meghan Healy • Susan Malone • Maryann Pittacora • Bill Pratt

Our
**11th
Year**



MORGAN PARK

H I G H S C H O O L



Five seniors were selected in early December as the 2019-2020 Illinois State Scholars and rank among the top ten percent of Illinois students, according to the Illinois Student Assistance Commission (ISAC).

The students are seniors Amber Anderson, Jaylen Boyd, Briana Bragg, Malakhi Hubbard-Munir, and Serena Echols. An Illinois State Scholar is decided by the Illinois Student Assistance Commission (ISAC) based on their sixth semester class rank and ACT scores from their junior year. The ISAC receives the ACT scores directly and schools send their class ranks to ISAC.



Morgan Park High School, in cooperation with the office of 19th Ward Alderman Matt O'Shea, held a successful Career Day with 15 professionals, featuring keynote speaker Arne Duncan, the former Chicago Public Schools (CPS) CEO and U.S. Secretary of Education.



A school-wide effort to improve growth on the SAT was recently instituted when the principal, Dr. Femi Skanes, held assemblies for the juniors to explain how the important standardized test assesses academic skills and to help set goals for improvement. Staff members worked with juniors to set manageable goals for improving their scores on the SAT by identifying what areas they need to focus on and planning a strategy for their target score.

National Honor Society



The local chapter of the National Honor Society, sponsored by English teacher Carletha Becton, and coordinated by Assistant Principal Kai Erquhart, inducted 12 new members into the chapter for the 2018-2019 school year. The ceremony was held in Blackwelder Hall on the Thursday leading up to the winter holiday vacation. The guest speaker was alumnus Ms. Efundunke Hughes.

@EMPEHI

SIXTH STRAIGHT PUBLIC LEAGUE TITLE

A The boys varsity Mustangs bowling team won their sixth straight Chicago Public Schools (CPS) championship.



ACADEMIC EXCELLENCE

B Junior-level students were recognized for their academic and attendance efforts during a mid-day celebration. Eleventh graders were given certificates for 95 percent or better attendance and being on the honor roll, as well as showing growth in either.



Art Fair and Festival Returns to Ridge Park this Summer



H. Vanderpoel Museum is located in the fieldhouse through the Chicago Park District's Arts Partners in Residency Program, which unites artists and communities in Chicago's parks. The Museum hosts a world-class collection of Impressionist paintings and other late 19th and early 20th century paintings and works on paper. Ridge Park Art Fair attendees will have the opportunity to take guided tours of the Vanderpoel Museum, as well as of the park facilities and ceramics studio.

The 2nd annual Ridge Park Art Fair & Festival will take place Sat., June 22, 11 a.m. to 5 p.m., at the Ridge Park Cultural Center, 9625 S. Longwood Dr. The event is being planned by the Ridge Park Advisory Council (RPAC) and John H. Vanderpoel Art Association along with the Chicago Park District and will highlight cultural opportunities in Beverly/Morgan Park.

be expanded this year to include more artists, more live music, more kid-friendly options and more food trucks including Misericordia Hearts and Flour, Calabria and Pollo Locuas. Look for two bounce houses, a giant bubble show and balloon animals for the kids, and

watercolor demonstrations by Judie Anderson and tours of the Vanderpoel Art Gallery for all.

As a Chicago Park District cultural center, Ridge Park offers rich and dynamic programming that will be highlighted throughout the art fair and festival. The John

Information about the Ridge Park Art Fair & Festival is available at www.ridgeparkartfair.org. Donations and sponsorships are still available. For more information, contact Irene Testa, irene@vanderpoelartmuseum.org, or Mary Jo Viero, mjviero@yahoo.com.

The Ridge Park Art Fair & Festival will feature Chicago area artists working across a wide variety of media, selling original paintings, sculptures, textiles, photographs, jewelry, art glass, leatherwork and more.

The art fair debut last year was a resounding success, with more than 40 participating artists, 1000 visitors and a host of activities. According to art fair planners, the festivities will



Sign Up for Smart 911

What is Smart911?

Smart911 is a free, online platform that allows users to securely enter important medical and household information in their Safety Profile to help plan ahead for an emergency situation. This information will automatically display for dispatchers when the user dials 9-1-1. Currently, Smart911 is trusted by 32 million people in thousands of communities nationwide to stay safe.

How can you sign up?

Sign up at www.Smart911.com or download the free app in the iTunes & Google Play stores now and have life-saving capabilities at your fingertips, 24/7.

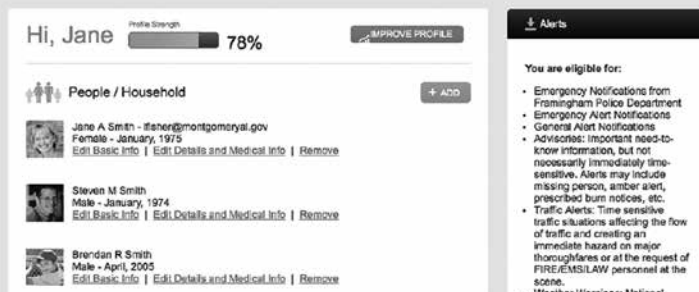
How can Smart911 keep your family safe?

Today, 75% of 911 calls are made from cell phones, making it difficult for call takers to determine the exact location of an emergency. By creating a Smart911 Safety Profile with up-to-date information, 911 dispatch staff is better prepared to help you and your family in an emergency.

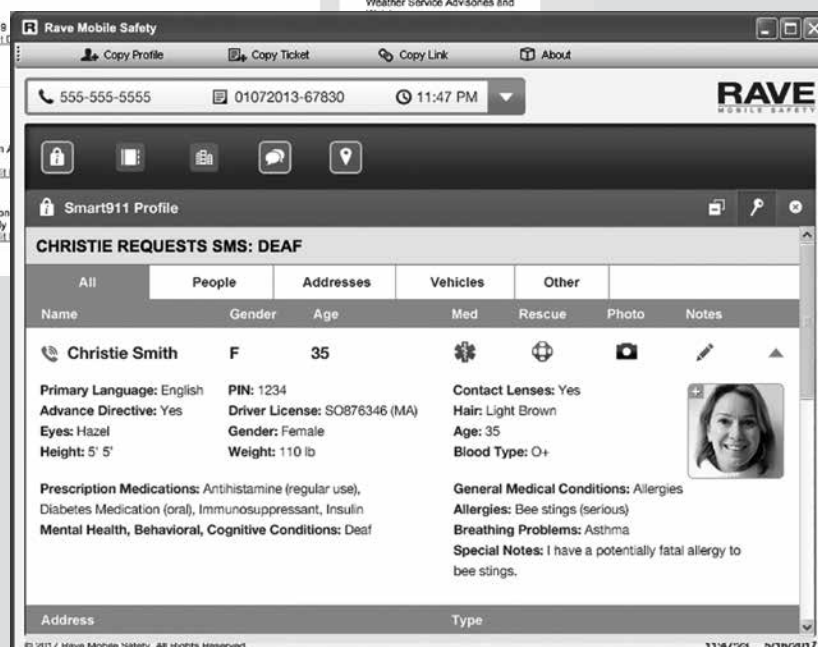
When creating your Safety Profile, you can include things about:

- **Allergies** – Does someone in your family have an allergy to food or medication? 911 dispatchers will be able to immediately inform first responders.
- **Autism** – Does your child have Autism? Do they have a tendency to wander or hide when scared? Uploading a photo and a physical description of your child makes them easier to locate in case of an emergency.
- **Alzheimer's** – Do you have a parent or older relative living with you that suffers from Alzheimer's or dementia? First responders will be better prepared to help.
- **Animals** – Do you have pets? This information can assist firefighters in their search to bring everyone, including your pets, to safety.
- **Hearing Impairments** – Do you have a loved one who may be deaf, hard of hearing or nonverbal? A 9-1-1 operator can initiate a text message with a notification on Safety Profiles that text is preferred. In addition, if the caller is disconnected from the call or has poor cell phone coverage, a 9-1-1 operator can initiate a text to stay connected.

...as well as **current medications, physical disability, mental health, home layout, emergency contacts**, and more.



What residents create



What 9-1-1 call takers see

SXU Summer CAMPS AND COURSES

CAMPS

YOUTH LACROSSE SUMMER CAMP

June 24-26, 2019

Session 1 (grades first through fourth):

8:30-10:15 a.m. Each day

Session 2 (grades fifth through eighth):

10:30 a.m. to 12:45 p.m. Each day

Learn proper techniques for passing, catching, shooting and picking up ground balls in lacrosse.

BOYS BASKETBALL CAMP

June 24-27, 2019 | 9:30 a.m.-Noon

Each day

(ages 10-16)

Participate in training drills and scrimmages and improve on all facets of the game.

STUDENT MEDIA SUMMER CAMP

June 24-28, 2019 | 10 a.m.-3 p.m.

Each day

(high school students)

Learn how to program a radio broadcast with the staff of Saint Xavier's own radio station, WXAV.

VOLLEYBALL CAMP

July 9-10, 2019

Session 1 (boys grades fourth through 12th):

10 a.m.-Noon Each day

Session 2 (girls grades fourth through 12th):

1-3:30 p.m. Each day

Improve on passing, serving and setting from SXU coaches and players in the game of volleyball.

SXU-SOUTHSIDE SUMMER JAZZ CAMP

July 15-19, 2019 | 4:30-8:30 p.m.

Each day

(grades sixth through 12th)

Get inspired and improve your abilities by learning from Saint Xavier's accomplished group of jazz educators.

GIRLS SOFTBALL ALL-SKILLS CAMP

August 2, 2019

Session 1 (ages 9-13): 9 a.m.-noon

Session 2 (ages 14-18): 1-4 p.m.

Receive instruction from SXU's head softball coach and current softball players to improve your game.

COURSES

SUMMER LOGIC DUAL CREDIT COURSE

June 3-July 3, 2019, 12:30-3:15 p.m.

(Monday, Wednesday and Friday)

(grades 11th and 12th)

Be introduced to the study of reasoning, while earning college credit. Learn how to identify arguments and assess a good or bad argument through lecture by our faculty and collaborative group work.

INTRO TO SPEECH-LANGUAGE PATHOLOGY DUAL CREDIT COURSE

July 8-17, 2019, 9-11 a.m. (Monday, Tuesday, Wednesday and Thursday)

(high school students)

Earn college credit and learn about speech-language pathology by exploring tools that are used for treatments and visiting Saint Xavier's Ludden Speech and Language Clinic.

INTRO TO NURSING DUAL CREDIT COURSE

July 8-18, 2019, 9-11 a.m. (Monday, Tuesday, Thursday and Friday)

(high school students)

Learn from real-world nursing faculty and tour SXU's innovative simulation labs, while earning college credit.

SPACE IS LIMITED!

Register today at www.sxu.edu,
keyword: Summer Camps.



Saint Xavier
UNIVERSITY
THE BEST IN YOU

3700 W. 103RD STREET | CHICAGO, IL 60655

New Ideas for Vintage Homes

BAPA Home Tour + Home Expo Give Before-and-After Insights to Gracious Living

On Sun., May 19, the old and the new come together as the Beverly Area Planning Association (BAPA) launches the new Home Expo on the morning of the popular Beverly/Morgan Park Home Tour. Together, the events offer before-and-after insights to gracious neighborhood living.

The BAPA Home Expo will take place at Bethany Union Church, 1750 W. 103rd St., Chicago, 10 a.m. to 2 p.m., and the Home Tour will start at the same location, with tour check-in and ticket sales 12 to 3 p.m. Home Tour locations are open 12 to 5 p.m.

BAPA Home Expo

Designed to give property owners a range of accessible expert advice, the Home Expo invites attendees to talk to interior designers, wood restoration experts, people who offer eco-friendly services, and companies that offer roofing (including slate roofing), heating and air conditioning, plumbing, decks, landscape design, composting, paint and more.

People considering home projects are welcome to participate in the AIA Chicago Ask and Architect program that connects residential architects with homeowners looking to expand or improve their homes. Bungalows, two-flats, or new construction—architects will be standing by with free, personalized advice. The architects will be available for short consultations on a first come/first served. Bring plans, drawings, ideas, or any other pertinent information so the architects can assist in the best possible way.

The Chicago Bungalow Association will present information on its Stop the Pop campaign that encourages bungalow owners who are planning home additions to maintain the exterior integrity of the original architectural design. This presentation, scheduled for 10:15 a.m., can benefit all property owners who are considering additions.

Oak Brothers Architectural Restoration will present information on restoring and caring for vintage windows, woodwork and architectural elements at 11 a.m. The Oak Brothers are specialists in repairing original windows, providing custom millwork and

hand carving, refurbishing vintage hardware, plaster repair and more.

Representatives from the Citizens Utility Board will be available with tips on saving money on utility bills, CHI 311 will provide information on Chicago's expanded 311 service and the new easy-to-use 311 app, and the Chicago Metropolitan Water Reclamation District will offer a variety of service information and give away 100 free tree saplings.

BAPA Home Expo admission and presentations are free. The Expo is open 10 a.m. to 2 p.m.

Beverly/Morgan Park Home Tour

This year's Beverly/Morgan Park Home Tour takes a look at how savvy renovations, inspired decorating, new construction and down-to-the studs restoration add an exciting variety to traditional architectural designs in the historic Beverly/Morgan Park community.

The Home Tour begins at Bethany Union Church, 1750 W. 103rd St. The sanctuary was designed by noted architect Raymond M. Hood soon after he won the contest to design the Chicago Tribune Tower, and erected in 1926. It features carefully preserved Norman Gothic details and as well as a cloister Garth paved with Hudson River blue stone and featuring an open-air stone pulpit. Founded in 1872, Bethany Union Church will also be sharing artifacts and information about its long and interesting local history.

Homes being showcased on the tour are:

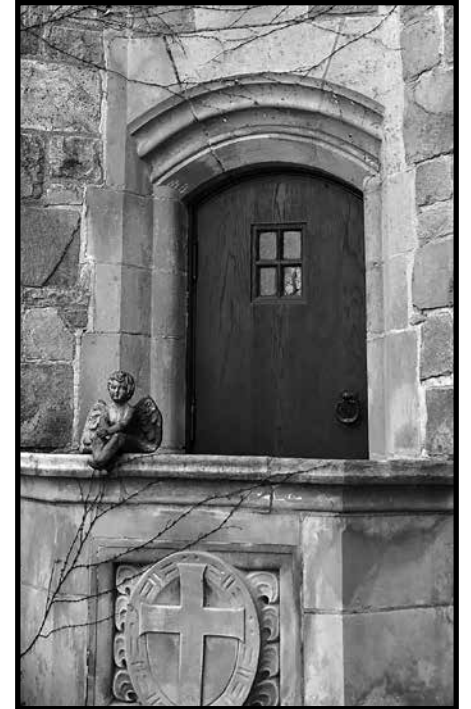
- A stunning home built just ten years ago and designed with a contemporary Tudor influence that fits beautifully into the vintage character of the surrounding neighborhood. Inside the house is a spectacular combination of vintage amenities, contemporary lifestyle and carefully incorporated elements that make the house handicapped accessible to accommodate the needs of aging parents. From the basement party room with its expansive bar and sparkling disco ball to the perfect-for-entertaining open floor plan kitchen and family room to the fully furnished patio, this house



Dining room addition in the French eclectic style home designed by Murray Hetherington and built in 1935 at the edge of the Dan Ryan Woods. (Photo by Kim Delich)

was designed with welcome in mind. Experiences in this house include the Calumet Paint/Benjamin Moore Interior Paint Showcase and a beverage sampling in the back yard.

- A handsome French eclectic style home designed by Murray Hetherington and built in 1935 on a secluded lot nestled at the edge of the forest preserves. The home offers a seamless meshing of original construction and renovation projects including a spacious addition with design-perfect details that incorporate original exterior brick and windows that match the unique windows in the front of the house that are protected as historic. Artwork throughout the house has been collected on family vacations and selected for its beauty, diverse media and styles, and as reminders of world travels. Experiences in this house include plein air painting by artist Judie Anderson.
- A charming central Beverly house with a brand new, custom-designed kitchen that combines function with contemporary beauty. This welcoming home is filled with elements including lovely casement windows and woodwork, decorating that uses a rich and warm palette of colors, and extensive collections of African American art and literature. Experiences in this house include tastings from guest chefs.
- A stately North Beverly Colonial with a warm and welcoming traditional appeal carried through from the original home into a stunning two-story addition. Be prepared to "ooh" and "aah" as every room features styles and decorating that make it special: the gorgeous fireplace in the sunken living room, the elegant dining room with its faux painting; the spacious master suite with walk in closet and spa bath, the comfortable family room that opens into a three-season room; even the cozy TV-room for two! Experiences at this house include beverage tastings on the deck.



Cloister garden with outdoor pulpit, Norman Gothic style church, designed by noted architect Raymond M. Hood. (Photo by Kim Delich)

- A special feature of the Home Tour is the Longwood Drive historic home once owned by Paul Harris, founder of Rotary International, the global organization dedicated to taking action on some of the world's most persistent issues. The house is currently undergoing a cellar-to-rooftop restoration by Rotary, bringing it back to what it was like when Harris lived there in the 1940s. Members of the Rotary Club will act as guides, offering insights into the home's fascinating history and its amazing transformation back in time. Experiences include a candy tasting.

Home Tour attendees will get a chance to walk through each of these outstanding sites for an up-close look at the details of design, decorating, art collections and lifestyle that make each of them a unique example of gracious living in Beverly/Morgan Park – the Village in the City.

Many thanks to Home Tour sponsors including Mike Haggerty Buick-GMC-Volkswagen, Beverly Bank, Calumet Paint and Wallpaper, Beverly Hills Animal Hospital, Southtown Health Foods, County Fair Foods and PRS professional real estate services.

For more than four decades, BAPA's Beverly/Morgan Park Home Tour has been opening the doors to some of the neighborhood's most remarkable private residences. Home Tour tickets are \$30 in advance at ww.bapa.org or \$35 on the day of the tour. Home Tour locations are open from 12 to 5 p.m. **All tours are self-guided and must begin by 3 p.m.**

Information about the BAPA Home Expo and or Beverly/Morgan Park Home Tour contact BAPA, 773-233-3100 or bapa@bapa.org, or visit www.bapa.org.



Vintage architectural details add to the gracious beauty of this outstanding home built in 2011. (Photo by Kim Delich)

Smith Village recognizes value of Moraine Valley Community College CNA training: new tuition-reimbursement program

When twin sisters, Jacqueline and Jocelyne Garcia, started working as servers at Smith Village in October of 2016, they were earning general education credits toward associate's degrees at Moraine Valley Community College and considering careers in psychology. "We were friends with a CNA (certified nursing assistant) who already worked at Smith Village. So, we got to see how the CNAs help residents," said Jocelyne. "That experience caused us to switch our career plans to nursing."

Following their new career path, the sisters enrolled in MVCC's Basic Nurse Assistant Training Program, which both started in August of 2018 and completed in December of 2018.

The Garcia sisters, now age 21, say they felt "very motivated" to do well in the program because they hoped for future employment as CNAs at Smith Village. They also wanted to take advantage of Smith Village's new tuition reimbursement program, which will reimburse their in-district tuition costs at Moraine Valley Community College as soon as they complete one year of employment

as CNAs. "A year is nothing," said Jacqueline. "That time goes by really fast. This is a great program."

After they passed state certification exams with the Illinois Health Care Registry coordinated by the Illinois Department of Public Health this past February, Smith Village hired the sisters as CNAs. Since then, from 2:30 to 10:30 p.m., three to four evenings a week, they assist Smith Village residents in the skilled nursing care wing.

"We love working with the residents," said Jacqueline. "Many are very kind, and they like to tell stories about when they were young."

The twins don't seem to mind that people sometimes confuse them. "One resident liked to talk with me, and after I left, he picked up the conversation with my sister, thinking she was me," said Jocelyne.

"Sometimes when people realize they've done something like this, they say, 'Wait a minute. Are you two twins?'" said Jacqueline. "A lot of people call us 'the twins.'"

Having settled into their new roles as CNAs, the twins anticipate receiving their tuition reimbursement checks for about

\$1,800 each in February 2020.

"For 19th Ward residents who might take advantage of the program, the reimbursement helps to significantly defray costs of slightly higher, out-of-district tuition," said Karen Jellema, HR director for Smith Senior Living.

"Smith Village, which currently employs 76 CNAs, and its sister community, Smith Crossing in Orland Park, intend to use the reimbursement program to attract and retain more CNAs who are so well-trained," she said.

"The fact that Moraine Valley has such an excellent CNA program is why we chose to partner with its nursing program," said Jellema. "Moraine Valley nursing students complete some of their clinical work here. We have experience and a long history with the school and their programs."

"Moraine Valley is a great



Twins Jacqueline and Jocelyne Garcia completed the Basic Nurse Assistant Training Program at Moraine Valley Community College. They now work as certified nursing assistants at Smith Village. Photo provided by Smith Village

school, and this is a great program," said Michelle Harnell, who recently joined Smith Village as director of Nursing. Harnell had served on the advisory board for MVCC's CNA program with her previous employer. She looks forward to continuing to serve on the advisory board in her new capacity at Smith Village. "I anticipate more good talent from Moraine Valley, including more advanced care training for CNAs."



STATE REPRESENTATIVE
Fran Hurley
and
STATE SENATOR
Bill Cunningham
invite you to



Meet us at Mt. Greenwood Park, and then join us as we bike across the 19th Ward and celebrate at the end with a bike raffle and snacks!

The ride usually lasts an hour.

SATURDAY, MAY 18 at 10:30 A.M.

MT. GREENWOOD PARK

3721 W 111th St, Chicago, IL 60655

For more information, please contact Rep. Hurley's District office at 773-445-8128 or RepFranHurley@gmail.com

STATE SENATOR BILL CUNNINGHAM
AND
STATE REPRESENTATIVE FRAN HURLEY
INVITE YOU TO A

SHRED EVENT

SATURDAY,
JUNE

22

9 A.M. - 11 A.M.

CHICAGO HIGH SCHOOL FOR AGRICULTURAL
SCIENCES COMMUNITY CENTER
3857 W. 111th St.
Chicago, IL



State Senator
BILL CUNNINGHAM



State Representative
FRAN HURLEY

For more information, please contact Senator Cunningham office at 773-445-8128 or SenatorBillCunningham.com

INAUGURAL
GATHERINGS
d'ART

Bringing art to life before your eyes
Watch artists create masterpieces that you can bid on!

SATURDAY
JUNE 15 2019

VIP \$60 | \$50
Doors open at 5PM | Doors open at 6PM

Hors d'oeuvre, cocktails (open bar) & live music

6-11PM | at the Beverly Arts Center
2407 W 111th Street | Chicago, IL



LIVE
MUSIC
MONDAYS

Every Monday
June 3 thru
August 12 | IN THE COURTYARD
7-9PM

- Featuring various genres each week
- NO outside beverages permitted
- Beverages available for purchase
- Bring your own chairs please
- No pets please

Smiley Tilman • 6/3

Holden & Company • 6/10

Man Crush • 6/17

Steve Haberichter & Friends • 6/24

John & Julia Devens • 7/1

Return 2 Soul • 7/8

Far Too Close • 7/15

TBA • 7/22

Caliente • 7/29

City Lights Quartet • 8/5

Forest Sun • 8/12

\$5.00
SUGGESTED
DONATION



Beverly Arts Center
Imagine. Discover. Create.

2407 West 111th Street
Chicago, IL 60655
773.445.3838
www.beverlyartcenter.org



Overcoming perils of sitting, finding a chair that fits

Mercy Circle provides short-term stay rehab, therapies for residents

Most residents of Mercy Circle, a continuing care retirement community at 3659 West 99th Street in Chicago, and those benefiting from short-term stay rehab programs there may no longer find themselves sitting at a desk for hours a day. Many people, including older adults, may not realize, however, how much time they actually spend sitting while engaged in activities or simply relaxing, said Joanna Ruzich MHS, CCC-SLP, Mercy Circle's rehab manager for physical, occupational and speech therapy.

During an open house from 11am until 2pm on Sunday, May 19, Ruzich will guide visitors as they test a variety of chairs to experience the features that work best for them. She'll also provide tips about how to properly get in and out of a chair to avoid falling and other risks.

According to a study published in the Annals of Internal Medicine in 2015, the average person spends approximately one-half of waking hours sitting. Adds Dr. I-Min Lee, a professor of medicine at Harvard Medical School, older women are sedentary two-thirds of their waking hours.

A growing body of evidence suggests sitting for too many hours is hazardous to your health, risking obesity, diabetes and

cardiovascular disease, among other conditions. Sitting too much also slows metabolism and even can cause chronic pain and lead to social isolation.

But sitting too long watching television or enjoying a hobby isn't the only risk associated with inactivity. "Getting out of a chair also can pose problems," says Ruzich, who promotes getting involved in social activities to reduce a sense of isolation that often accompanies many activities when sitting.

Ruzich applies guidelines for finding the best chair for people with mobility challenges that was published this January by Pamela Harrel in Pain-Free Living. Ruzich recommends these guidelines for her PT clients at Mercy Circle.

"Try on" chairs, just like you'd make sure a pair of new shoes are comfortable before you select and pay for them.

1. The seat of the chair should be firm and sufficiently deep so your entire back rests against the seat back and the seat itself supports your upper legs.
2. The width of the chair should comfortably accommodate your girth.
3. Look for lumbar support to protect your back because

sitting adds more stress to a person's spine.

4. Make sure the chair's seat is the right height so your legs don't become numb or tingle because your feet don't touch the floor.
5. Confirm your descent and ascent, as part of the sitting process, does not put undue stress of your joints.
6. Determine how the arm rests on a chair help you stabilize yourself when you sit down and make it easier to get in and out of the chair.

These tips will not only make you more comfortable, they also will protect you from putting strain on your body getting in and out of chairs.

At Mercy Circle's May 19 open house Ruzich will underscore these points. Light refreshments will be served, and there is ample parking in Mercy Circle's lot. For further information, call 773-253-3600.

About Mercy Circle

Welcoming older adults from all walks of life, Mercy Circle is a continuing care retirement community (CCRC) on the southwest side of Chicago near the Village of Evergreen Park. The not-for-profit has a no-entrance-fee policy. Mercy Circle's person-

centered care model ensures each resident benefits by receiving the healthcare services and support programs chosen specifically for them.

Sponsored by the Sisters of Mercy West Midwest, it is the only faith-based retirement community in the area. Mercy Circle offers spacious residences at all levels of care, along with thoughtful amenities, life enrichment programs and social and friendship opportunities.

For more information or to schedule a private appointment, please call 773-253-3600.



Joanna Ruzich

CORK & KERRY
BEVERLY

THURS. MAY 23
8PM

**ALL
THAT
GOOD
STUFF**

FREE stand up comedy show!

This show's giveaway:
5 pack of Beverly Barre
classes!

HOSTED BY **MARY KATE BECK &**

FOLLOW US ON FACEBOOK & INSTAGRAM:
@ALLTHATGOODSTUFFSHOW

FITZGERALD
REAL ESTATE, INC.

11134 S. Western, Chicago, IL 60643
(773) 779-6085
itzfitz@sbcglobal.net

*"Whether you are buying or selling,
Fitzgerald Real Estate "FITZ" your needs"*

**Online
Realty
Professionals.com**

Service & Technology
3822 W. 111th St., 2nd Floor, Chicago, IL 60655

Steven Graves, Managing-Broker
773-216-5818

Rhett Graves 773-430-1694

Marilyn Gallagher • John M. Healy • John Healy • Karen Healy
Meghan Healy • Susan Malone • Maryann Pittacora

**Our
11th
Year**

ALDERMAN MATT O'SHEA'S

Silver and Gold Senior Citizen Prom



Sunday, May 19, 2019

4 P.M. - 6 P.M.

Doors open at 3:45 P.M.

Marist High School

4200 W. 115th St., Chicago, IL 60655

Parking available

\$5 includes chicken dinner, dessert,
refreshments, and dancing

Open to 19th Ward residents only

Space is limited, reservations required
(773) 238-8766 or moira@the19thward.com

SPONSORED BY:

**Matt
O'SHEA**
19TH WARD ALDERMAN

**Bill
Cunningham**
ILLINOIS STATE SENATOR 18TH DISTRICT

**Fran
Hurley**
STATE REPRESENTATIVE 35TH DISTRICT

**Smith
VILLAGE**

**MERCY
CIRCLE**

**Jewel
Osco**



MARIST
HIGH SCHOOL

**JenCare Senior
Medical Center**
A CHENMED COMPANY

**OAK
STREET
HEALTH**
BETTER EVERY DAY