City Grange Opens in Beverly

New Store Will Offer Organic & Sustainable Plants and Gardening Supplies with Timed Shopping Appointments

City Grange, Chicago's only independent social-enterprise gardening center is expanding! Its second store opened on **Friday**, **May 8** at 1818 W. 99th St. in Beverly with social distancing and other practices in place for a safe shopping experience.

City Grange Founder LaManda Joy (an Illinois Extension Master Gardener, author and founder of Peterson Garden Project) has seen first-hand the excitement and enthusiasm around gardening and is excited to bring City Grange to a new part of the city.

"We have seen unprecedented enthusiasm for gardening this year," says Joy. "Gardening makes people feel good in so many ways: it gets people outdoors in their yards, decks and patios, it offers a sense of accomplishment and anticipation, it offers light exercise, and it's even a low-grade form of therapy."

Success at the first City Grange over the past year has proven that when people have access to highquality plants paired with education, they feel more confident and inspired and their gardening enthusiasm grows. Since late March, City Grange (classified as an essential business) has been filling online orders through curb-side pick-up and delivery from its Lincoln Square location. Due to customer

requests – especially from residents in and around Beverly who have been eager for City Grange to open in their area -- City Grange recently expanded its delivery zone to include the entire city.

To start, City
Grange Beverly will offer a limited inventory of organic and pesticidefree plants – many in plastic-free pots – plus pottery, soil and other gardening supplies. Shoppers will need to book a shopping time online to control the number of customers, and facial masks will be required. Customers also can shop

online from City Grange's full collection of plants and garden supplies. Delivery will continue to all areas of the city, and starting on May 14, orders can be picked up at the Beverly store. A full calendar of free online gardening classes is available on City Grange's website

> (www.citygrange. com) and Facebook page.

The story of how the Beverly City Grange came to be is yet another testament to the growing popularity of gardening. Explains Joy, "Late last year, a Beverly resident reached out to us on Facebook, asking us to open a location near her. I said, 'Find us a cute, vintage auto body shop and we'll see what we can do!' The woman suggested we check out the building at 1818 W. 99th St., and it all came together." Because sustainability is a priority for City Grange, it's especially fitting that they open in buildings that might otherwise sit unoccupied.



ALDERMAN MATT O'SHEA'S



Local Postal Customer

For more information please email Kelly@the19thward.com

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Mobile Concerts in June

To help residents combat boredom, the 19th Ward Youth Foundation is hosting a traveling concert series on June 4th, 5th and 6th from 6:00-8:00pm. Individual musicians will perform on the back of the Bucks for Burn Camp Fire Truck

as it travels throughout the community. To request the truck visit your block, please visit www. mattoshea.net.

Requests will be taken now through Tuesday, May 26th. Residents are encouraged to sit on their front porch to enjoy the mobile concert. However, please adhere to Illinois' facemask and social distancing requirements. In the event of inclement weather, mobile concerts will be cancelled. Please note, only requests received via www.mattoshea.

net between now and May 26th will be considered; requests cannot be made via email or phone call.

Online Chair Yoga Classes

Alderman Matt O'Shea is partnering with local yoga instructor Monica Bright to offer online Chair Yoga classes during the stay at home order. Classes will begin on Wednesday, May 20th at 3:00pm and continue each Wednesday at 2:00pm through Wednesday, June 24th, and can be viewed at www. the19thward.com.

Chair yoga is a great way for older adults to get the wonderful health benefits of yoga. Staying seated means that even frail seniors or those who aren't flexible can safely do the exercises. Yoga is an excellent way for older adults to loosen and stretch painful muscles, reduce stress, and improve circula-

tion. It also reduces anxiety, helps lower blood pressure, protects joints, and builds strength and balance.



Monica Bright



Citizen Utility Board Virtual Cable/Robocall Presentations

Alderman Matt O'Shea and the Citizens Utility Board (CUB) will host two virtual cable/robocall presentations on Monday, May 18th from 11:00 am – 12:00 pm and Wednesday, May 27th from 3:00 pm - 4:00 pm.

During the virtual cable/robocall presentations, a CUB representative will discuss the different choices in the TV market, ways to cut your cable costs, is it time to get rid of your cable, alternatives to satellite or cable, and streaming services available to consumers. In addition, CUB will discuss the different types of robocalls, how to avoid common robocall scams, call-blocking services and what they mean for your pocket, and new proposed federal legislation.

May 18th @ 11 am - https://tinyurl.com/19ward-cable-robocall

May 27th @ 3 pm – https://tinyurl.com/19ward-cable-robocall2

There is no cost for these events. Space is limited! To reserve your spot today, please contact Anairis Boror at aboror@citizensutilityboard.org with the subject line "19th Ward – 5/18" or "19th Ward – 5/27" or call her at (312) 263-4282, extension 111. For money-saving advice and consumer tips, visit www.citizensutilityboard.org.

Additional information:

The audience will be able to see the webinar on a laptop, tablet, or smartphone. If they are using a tablet or smartphone, they will have to download the GoToWebinar App on the App Store, Google Play, or Windows store. Once installed, they will simply click the link in your invitation email or open the app and enter the session ID. The session ID will be provided to each person after they register following the link above.

Ordinances Support First Responders & Businesses

Chicago businesses forced to close during the COVID-19 epidemic and the families of first responders who lose their lives to the virus would receive much needed

financial assistance in a pair of ordinances introduced by Alderman Matt O'Shea. O'Shea suggests that the City of Chicago issue prorated rebates of licensing fees to any business that has fully closed during the stay at home order. A second ordinance would mandate any

COVID-19 related death of a first responder be treated as a line of duty death.

Chicago business licenses are issued for a two year period of time and carry fees in the range of \$75-\$6,000. Under O'Shea's proposal, Chicago businesses that can document that they did not operate during the pandemic would be eligible for a rebate based on the length of their closure.

"These licenses entitle the holder to operate a business in Chicago. If the business is not able to operate, they should be entitled to a portion of the licensing fee back"

said O'Shea. "With so many business owners struggling to hold on during this pandemic, any money we can put back in their hands is helpful."

In addition to the business rebate program, O'Shea also cosponsored an ordinance that mandates any COVID

related death of a Chicago first responder be classified as a line-of-duty death. Under city code, the families of first responders who die in the line of duty are entitled to financial support from the City of Chicago. O'Shea's ordinance would ensure that first responders, whose jobs increase their risk of COVID exposure, would receive those benefits should they pass away as a result of coronavirus.



Treadfit Offers Free Classes to Special Olympic Athletes

Special Children's Charities/ Special Olympics Chicago (SOC) has partnered with Treadfit, the hugely successful fitness facility located in Beverly, Western Springs, and Palos Heights, to offer free, online exercise classes specifically

tailored to the needs of the 7,500 SOC athletes with intellectual and physical disabilities.

Classes are available for viewing on the SOC Facebook, YouTube, stagram and Twitter pages, and are about 10-15 minutes in length. New classes will be added each Friday throughout COVID-19 pandemic.

"During this

time, it is so important that everyone is keeping their minds and bodies active," said Jennifer Harkins, owner of Treadfit-Beverly and Treadfit-Western Springs. "I am modifying the typical Treadfit workout to provide a fun, heart-

pumping, and interactive workout with exercises that athletes of all abilities can participate in and enjoy. It is my hope that by using these videos, Special Olympics athletes can get a good workout, during a time when they would have

typically been playing sports and preparing for their spring and summer competitions."

Harkins opened Treadfit\-Beverly in 2015, and due to popular demand, expanded to Western Springs and Palos Heights. All instructors certified personal trainer's through American Council on Exercise (ACE). Harkins is also a Special Education teacher.

For more information on Treadfit, please visit www.treadfit-beverly.com

For more information, or to get involved with Special Olympics Chicago, please visit www.sochicago.org



Treadfit-Beverly Jenny Harkins hosts a fitness class for Special Olympic Athletes.



Americanos
Bani's Beets
Beverly Ride On
Calabria Imports
Core Fitness and Physical Therapy
Crossfit Beverly
Disentangle
Fry the Coop
Janson's Drive-In
Milano's Pizza

Open Outcry Brewing Co.
Porter Cullens Restaurant & Pub
Roseangela's
Sweet Freaks Chocolates
The Brow Boutique
Tranquility Salon Co.
Treadfit Beverly
Two Mile Coffee Bar
UNIDAD A Latin Kitchen & Bar
You Glow Girl

Purchase tickets at https://homegrownlottery.eventbrite.com

Midwest Express Clinic Offering Antibody Testing

Midwest Express Clinic at 3258 W. 111th St. wants to do its part as the area and country grapples with COVID-19.

"We want to offer the antibody testing to give people the comfort of knowing whether they have developed immunity and help them get back to work and return to their daily lives," MEC Medical Director Dr. Golsa Shahkar said. "Since we're using the most effective test out there, we can give people that confidence."

MEC is open from 8:00am-8:00pm, seven days a week at locations in Mount Greenwood, Blue Island, Willowbrook, River Forest, Skokie, Bourbonnais, and five locations in Chicago including Lakeview, River North, Roscoe Village, West Loop, and Wicker Park. In addition to these locations, MEC is in Northwest Indiana with locations including Schererville, Crown Point, Dyer, Munster, Merrillville and Hammond. COVID-19 antibody testing is available at all branches.

Each office is adequately stocked with the most accurate tests available to take on the surge of patients since testing began. Results come in three to four days.

"This is what we signed up for. Midwest Express Clinic is prepared to be here for our communities," MEC Family Nurse Practitioner Kaitlyn Steinberg said. "We are honored to be on the front lines of this crisis and are ready to take care of our community members."

Patients must not show symptoms for a minimum of 14 days for the antibody test.

COVID-19 swab testing is also being done at ten of the locations, including the Mt Greenwood, Blue Island, Willowbrook, Bourbonnais, Skokie, Roscoe Village, Munster, Schererville, Crown Point and Merrillville offices. It's available to anyone experiencing symptoms, as well as front line, critical care, first responders and essential workers. MEC is doing about 300 swabs each day - about 10,000 in total, so far.

All offices are experiencing a high call volume, so patients are asked to check in online at midwestexpressclinic.com with an ID and insurance card. Most insurance is accepted, including Medicare and Medicaid.

Once patients arrive, they're asked to stay in their vehicles and call the clinic. If patients have a mask, they're asked to wear it. But MEC will provide one at the door. Staff will run through a quick survey to determine if they can enter the building or will need curbside service.

Midwest Express Clinic is following Center for Disease Control protocols to ensure the safety of patients and staff. All tests are performed by a licensed medical practitioner wearing personal protection equipment. Doors and all surfaces are wiped down and disinfected between patients.

"The full medical team at Midwest Express Clinic is prepared and adequately supplied with PPE to be able to offer as many tests that are needed to the community," Dr. Shahkar said. There are tents outside the buildings for drive-through and curbside care to ensure the office is not exposed to the virus.

"We're community-based and local," Dr. Shahkar said. "We are prepared and proud to serve our community as safely and effectively as possible."

Are You Living with Domestic Violence?

The City of Chicago and Airbnb can help! If you and your family need to flee a violent situation, please call the Illinois Domestic Violence Hotline at (877) 863-6338 to get connected with a safe place to stay and other resources.

Social Isolation is Challenging for Everyone.

If you are experiencing anxiety or need help during this pandemic you are not alone. Contact the National Alliance on Mental Illness at (800) 950-6262 or www. namichicago.org. You are not alone and you do not need to suffer - help is available.

Construction Underway at CIBC

CIBC continues to make progress on its new building to replace the CIBC Banking Center at 3052 W.

111th St. in Mount Greenwood. If you have driven by recently, you've seen crews pouring the foundation completing other in-ground work. Like all construction projects in the pandemic environment, crews



must take the appropriate protections against the virus. However, CIBC still expects the new building to be ready by the end of 2020.

While CIBC has closed its walk-

up lobby in Mt. Greenwood until further notice to keep clients and its team members safe, the Banking Center remains open during construction for driveup teller services and ATM access. Additionally, safe

deposit boxes are available by appointment by calling 877-448-6500.

Homegrown Lottery Supports Local Businesses

The Homegrown Lottery raffle is designed to help local business owners during the shelter in place order. Launched by Bridget Carey, owner of You Glow Girl at 3205 W. 111th St., Homegrown Lottery offers participants the chance to win a \$3000 prize comprised of \$150 gift cards to each of the 20 participating businesses. Tickets are \$10 each and available online at www. homegrownlottery.eventbrite.com and can be purchased through May 31st; two winners will be chosen on Monday, June 1st.

The proceeds from the raffle will be distributed to the following participating businesses: Americano's, Bani's Beets, Beverly Ride On, Calabria Imports, Core Fitness & Physical Therapy, CrossFit Beverly, Disentagle, Fry the Coop, Janson's Drive-In, Milano's Pizza, Open Outcry Brewing Co., Porter Cullens, Rosangela's, Sweet Freaks Chocolates, the Brow Boutique, Tranquility Salon, Treadfit-Beverly, Two Mile Coffee Bar, Unidad Restaurant, You Glow Girl.





Dear Friends and Customers,

For the health and safety of our customers, vendors, and employees, we will keep the 95th Street Farmers Market closed until we can safely operate. Please visit our Facebook page for information on ordering from some of our vendors while the market is closed.

We encourage everyone to keep social distancing and look forward to seeing you at the Market again soon.

Follow us at **f** THE 95TH STREET FARMERS MARKET to stay informed

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Left to right (front row) Ethel Juralbal, Joanna Ruzich; (back row) Beth Putman, Joy Hampton, Bernadette Okrasinski

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Go Fund Me, Yard Sign **Campaign Supports Workers**

The 19th Ward's Go Fund Me supporting local businesses, first responders, and front-line medical workers has raised over \$150,000. Money raised is used to purchase meals from local restaurants for police officers, fire fighters, paramedics and medical workers treating COVID patients. Since launching this effort on March 19, 2020, Alderman O'Shea has delivered over 17,285 meals.

With an initial goal of \$25,000, O'Shea hoped to support Advocate Christ Medical Center, OSF Little Company of Mary Medical Center, the 22nd District Chicago Police Station, and the three fire houses that service the 19th Ward. As support grew, the effort quickly expanded to include all three shifts at police stations and firehouses throughout the City. Meals have also been provided to various hospitals and medical centers including Northwestern Memorial Hospital, the University of Chicago Hospital, and Roseland Community Hospital.

The campaign has enjoyed widespread support from all corners of the City. Mayor Lori Lightfoot, former interim Chicago Police Superintendent Charlie Beck and Chicago Fire Commissioner Richard Ford have all assisted in meal deliveries. Several Chicago comedians including Pat McGann, Maggie DePalo, Kevin Bozeman, Jeanie Doogan, Jim Flannigan, Mary Kate Beck, Matty Ryan, Madeline O'Malley, and Dominic Antonietti recorded short promotional videos soliciting donations. Volunteers from the Chicago Police Memorial Foundation sold branded face masks sharing the proceeds with this effort.

Many residents showed support by purchasing and displaying a "Thank You First Responders" yard sign for \$20. Beverly residents Dan & Jenny O'Connor designed and sold the signs throughout the pandemic. Signs are now available through the 19th Ward's website at www.the19thward.com.

Since its inception, the Go Fund Me has spent nearly \$94,000 at local businesses. O'Shea intends to continue to provide meals to front line medical workers and first responders throughout the duration of this health crisis.

19th Ward Telephone Town Hall - May 18th

On Monday, May 18th, Alderman Matt O'Shea will host a telephone town hall meeting at 7:00pm to update residents on the COVID-19 pandemic and other community matters. The call will include Dr. Jennifer Seo from the Chicago Department of Public Health, Senator Bill Cunningham and Representative Fran Hurley. A representative from the Chicago

Police Department (22nd District) will also be available to address public safety matters.

This call is open to all 19th Ward residents. To participate in the call, please visit www.the19thward.com to sign up and expect a call at the number you provide at 7:00pm on May 18th. Should you have any questions, please email mattoshea@the19thward.com.

Broadway in Chicago Partners with 19th Ward for National Nurses Week

On Friday, May 8th, Broadway Church, also offered a blessing for in Chicago and Alderman Matt O'Shea teamed up to celebrate National Nurses Week at Advo-

cate Christ Medical Center and OSF Little Company of Mary Medical Center. Adam Jacobs, who starred in "The Lion King" and "Aladdin" at the Cadillac Palace Theatre, performed "Circle of Life" and "God Bless America" for the medical staffs at both facilities. Father Thomas J. Hurley, pastor at Old Saint Pat's



Adam Jacobs as Simba in The Lion King

the brave men and women who have been on the front lines of the battle with COVID-19.

Following the performance, the 19th Ward provided a packet of chocolate dipped Oreo cookies from Sweet Freaks candy store with a note thanking them for their service. On April 10th, similar events were hosted at both hospitals featuring the Chicago Blackhawks Jim Cornelison singing the Star Spangled Banner.

Explore Refinancing

We are entering the next phase of the coronavirus ... slowly opening parts of the economy around the globe. How this works over the next couple of weeks will likely drive the next directional move in the financial markets. inter-Mortgage est rates remain at all-time lows even

as interest rates have stabilized over the past few weeks. The team at Beverly Bank & Trust and Wintrust Mortgage are here to help you explore your op-

There are still some significant savings opportunities for homeowners and buyers who have not yet taken advantage of the current market environment. Refinancing to lower the monthly payment, shortening the term to reduce the amount of interest paid, or obtaining cash back to consolidate debt or complete home improvement projects are the most popular at

> the moment. I highly recommend evaluating your current mortgage as soon as possible to determine if a refinance best fits your financial goals.

> > Currently

we are seeing a good amount of qualified buyers but not as many sellers. Our renovation and construction loans are a great solution to this problem as it creates more opportunities for current and future homeowners. If you are interested in refinancing your mortgage with Wintrust, please contact Matthew Ginn at MGinn@wintrustmortgage.com or (773) 303-0034.

Small Business Meeting

zoom

On Thursday, May 21st, the Alderman Matt O'Shea will host a small business zoom meeting at 9:00 a.m. Also participating will

be Commissioner Rosa Escareno of the Department of Business Affairs & Consumer Protection, and representatives from Congressman Dan Lipinski's Office, and the United States Small

Business Administration. Senator Bill Cunningham will also participate in the meeting. Together, we will do our best to respond to any

questions or concerns you may have.

This zoom meeting is co-sponsored by the 95th Street Business

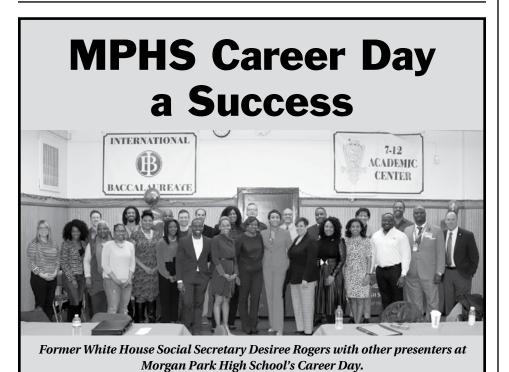
> Morgan Association, Park Beverly Hills Business Association, and the Mount Greenwood Community & Business Association. If you would like to participate, please

RSVP to Erin Ross at erin@95thstba. org. Please note, you must own or operate a business in the 19th Ward to participate.

Smart 911 & COVID Coach Help During Crisis

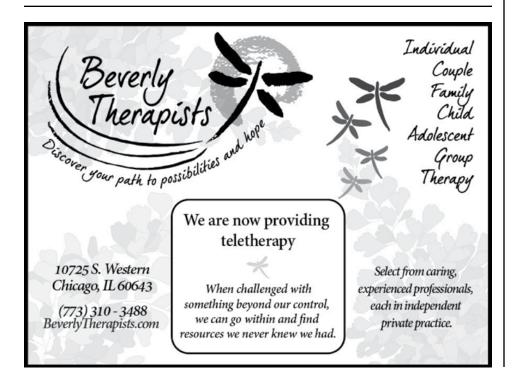
Smart 911 - Sign up for Smart 911 and create a safety profile for yourself and your family. In the event of an emergency, your Safety Profile is made available to call takers the moment your phone or one associated with your account dials 9-1-1. The service is free and sign up can be completed in minutes at smart911.com.

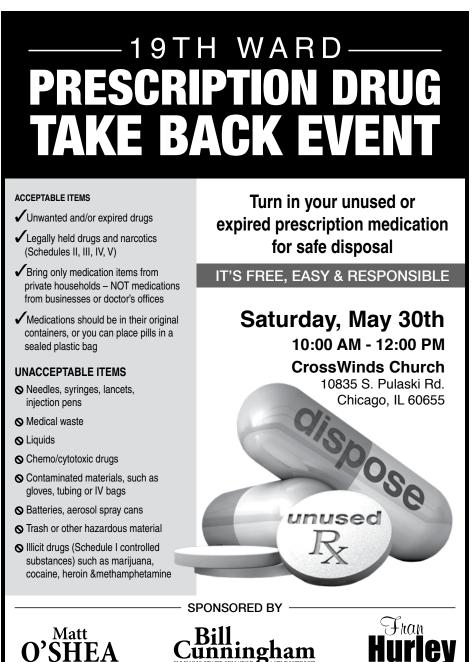
Chi COVID Coach - The Chi COVID Coach app is developed to help you know what to do if you have COVID-19 symptoms. Once you sign up, the Chicago Department of Public Health (CDPH) will check back with you via text message. They will let you know what you and the other people in your household should do to limit the spread of COVID-19, help you know how long you need to stay separated from others, and give you day-by-day guidance throughout a potential isolation or quarantine period. Additionally, when you register with our Chi COVID Coach, CDPH will alert you when COVID-19 approved antibody testing - and down the line, vaccination - is available. Learn more at covidcoach.chicago.gov.



On Thursday, March 12th, Morgan Park High School welcomed former White House Social Secretary Desiree Rogers for a career day assembly. Rogers addressed the entire junior and senior classes in an interview style presentation about her personal and professional background. Following Rogers' presentation, a dynamic group of professionals from diverse backgrounds and industries conducted individual classroom visits with students.

Thanks to all who participated! This was truly a great day for our students. Career Day at Morgan Park High School is cosponsored by Alderman Matt O'Shea and the Morgan Park High School Alumni Club.





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theotherchriswebber.com chris.webber.nt1a@statefarm.com





Dear Neighbors,

COVID-19 has created so many new challenges for our state as a whole and has drastically altered daily life. During this time, the General Assembly has created bipartisan legislative working groups focused around a myriad of both COVID-19 related issues and other previously introduced legislative measures. I was appointed to serve as Co-Chair of the Health Care and Human Services Working Group and am also serving on the Labor and Unemployment Insurance Working Group. Additionally, as Co-Chair I am continuing to host virtual committee hearings for my First Responder Suicide Prevention Task Force to address mental health concerns for our first responders.

The working groups are intended to function similarly to House committees; they are designed for lawmakers to identify solutions to help the state address the impact of COVID-19. These working groups are also working on prioritizing our legislative initiatives for when we return to session. Creating agendas and engaging in discussion on measures with legislators, stakeholders, and others is paramount to the legislative process.

I am eager to return to Springfield. The obstacles facing Illinois will be many, but I am committed to working with legislators from across the state to develop effective solutions, but we cannot do it alone. I want to urge you all to continue being strong and resilient, and most importantly continue to stay safe.

Since the beginning of Illinois's stay at home order, I have been so proud of all that I have witnessed from our incredible community. The Lift Smith Village parade, the window decorating contest, the support for our first responders, the small business lotteries, and the numerous zoom calls highlight how well we are able to come together as a community, and why we will not be deterred going forward. While we are closed to walk-ins, my staff and I have been and will continue to be available full time for any constituent issues or questions you may have. Please contact us at 773-445-8128 or RepFranHurley@gmail.com for any assistance you may need.

Everyone stay healthy! Fran Hurley State Representative, 35th District

Virtual Home COMPASS Selling Program Now is a great time to take advantage of our virtual home selling program. Here's how: 1 VIRTUAL CONSULT We will schedule an appointment to discuss your goals and do a video walk-5 MARKETING We can attract buyers with social media and web ads, email campaigns, and digital brochures. through of your home. 2 MARKET ANALYSIS We will discuss listing 6 VIRTUAL SHOWINGS With virtual open houses, staging options, and mo we can share videos of you 3 ELECTRONICALLY SIGN OFFER AND INSPECTION You will sign all documents Virtually negotiate the offer for your home and any necessary inspection items. electronically, from the omfort of your home. PRE MARKET We can pre-market your home with photography, floors plans, and Compass Coming Soci CLOSING The deal is finalized and proceeds are wired to 312-719-0565 | jeni.nelson@compass.com | http://Bit.ly/jeninelsoncompass

State Joins with Little Company of Mary to Provide COVID Telehealth Care

A new partnership between the state of Illinois and Little Company of Mary Hospital is bringing telehealth services to 19th Ward residents at risk of contracting the coronavirus, Senator Bill Cunningham announced.

"With many of our hospitals at

or near capacity during this pandemic, it's critical that we expand services like telehealth so people can be treated for mild coronavirus symptoms leaving without home," Cunningham said. "Thanks to Little Company of Mary's new affiliation with OSF HealthCare, an innovative telehealth program is available for our community."

OSF HealthCare is a statewide network of hospitals that merged with Little Company of Mary earlier this year. In March, when CO-VID-19 patients began overwhelming hospitals, state officials enter into an emergency contract with OSF to develop a telehealth program to relieve pressure on critical care facilities. The effort is called the Pandemic Health Worker Program. It provides qualifying patients with phone or digital-based internet screenings, as well has home delivered health monitor-

ing equipment and appropriate medications.

Area residents are eligible for care through the program if they show COVID-19 symptoms or are at a high risk for contracting the virus, but do not require emergency or inpatient care. To seek care through the program, call the OSF hotline 833-673-5669. at

More details are also available at www.osfhealthcare.org.

"If your symptoms are mild, I urge you to call the OSF hotline rather than seek care in person," Cunningham said. "By staying home, you can help save lives and relieve pressure on our frontline medical workers."



\$94,000+ spent locally















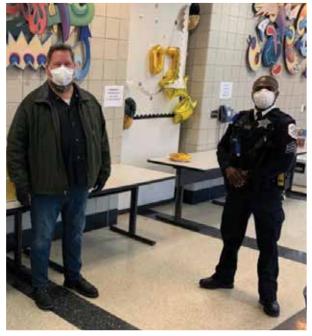




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Thanks to All Who Supported Get Behind the Vest Breakfast

The 6th Annual Get Behind the Vest Pancake Breakfast was held on Sunday, February 23rd at Saint John Fisher School. This year's breakfast raised nearly \$32,000 for the Chicago Police Memorial Foundation's Get Behind the Vest initiative. We were proud to be joined by special guests Mayor Lori Lightfoot, former interim CPD Superintendent Charlie Beck and David Eigenberg and Eamonn Walker from NBC's Chicago Fire.

The Get Behind the Vest program replaces outdated or damaged bullet proof vests for the brave men and women of the Chicago Police Department. Since its

inception, the Get Behind the Vest Pancake Breakfast has raised over \$180,000 for this cause. Special thanks to our amazing partners at Saint John Fisher Parish and the Original Pancake House – Beverly.









COMED EXTENDS NO-DISCONNECTS UNTIL JUNE 1

ComEd is extending the suspension of service disconnections for nonpayment & waiving of new late payment fees through at least 6/1.

Customers who may be experiencing financial hardship should;

- 1. Visit ComEd.com/CARE
- 2. Call (800) 334-7661

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Mount Greenwood, IL 3258 W 111th Street Chicago, IL 60655 773-629-8217

midwestexpressclinic.com





Actual messages from our residents.

To our dedicated staff and valued partners, donors and our Beverly community:

Thank you.

Your support has made a real difference. We also want to thank our residents for their understanding, they have empowered our mission. Together we will all persevere and ensure that Smith Village remains a strong and vibrant community into the future.



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BAPA Adds New Summer Events, Postpones Home Tour and Ridge Run

Usually at this time of year the office of the Beverly Area Planning Association (BAPA) is buzzing with activity as staff and volunteers prepare for the Beverly/Morgan Park Home Tour and Ridge Run and Memorial Day Parade. COVID-19 has forced BAPA to postpone the Home Tour until Sun., Oct. 4 and reschedule the Ridge Run and parade to Sat., Sept. 5 - Labor Day weekend, and to cancel the popular Bikes and Brews festival in July. But that does not mean the staff has not been busy!

BAPA staff has been responding to community needs during the pandemic, launching a comprehensive COVID-19 Resource Guide for businesses and residents at www.bapa.org, supporting important initiatives like the 19th Ward office GoFundMe delivering meals to first responders and essential workers, developing Earth Day initiatives for families, creating digital workshops to help local businesses (workshops are recorded; for a link contact BAPA Business Liaison Brittany Wiley, bwiley@bapa.org), and lots more.

Planning for the postponed spring events is in full swing. Get ready for some surprises for the Home Tour and for a full-blown community celebration at the Ridge Run. In the meantime, BAPA will give residents some new opportunities to come together while we're apart.

BAPA is excited to bring back a neighbor favorite with the launch of the History/Mystery Bike Adventure. Each month, residents can compete in a scavenger hunt through the neighborhood, tracking down clues in order to solve the History/Mystery puzzle. Clue sheets will be available in The Villager and at www.bapa.org and participants can email their puzzle solutions to compete for monthly prizes. The History/Mystery Bike Adventure will promote local businesses, showcase our beautiful community, and encourage residents to get outside and stay active this summer while learning about local history.

In June, the BAPA Cares Friday Night Concert Series will present local bands performing "at a distance" with music fans enjoying the concerts live via social media during happy hour on Friday evenings.



Special Event Update

NEM; We We We

BAPA Cares Concert Series

Live bands via social media/Happy Hour Fridays in June.



History/Mystery Bike Adventures

Monthly local history scavenger hunts. Solve the mystery puzzle for a chance to win prizes!

Beverly/Morgan Park Home Tour Postponed to Sunday, October 4.

Ridge Run, Memorial Day Parade & Festival Planned for Saturday, September 5.

Bikes and Brews Festival 2020 has been cancelled.



INFORMATION SAVES LIVES.

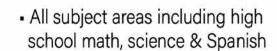
Check out BAPA's COVID-19 resources for businesses and residents at www.bapa.org. Need assistance? Call 773-233-3100

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SUMMER ENRICHMENT PROGRAM

1st Session June 8th - July 16th 2nd Session July 20th - August 27th

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If needed classes will be held online.









Debra Gawrys, M.A. Ed

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Being Beverly's neighborhood bank means more than just offering solid banking solutions. It means doing our part to give back to the local charities and social organizations that unite and strengthen our communities. We're particularly proud to support the 19th Ward Youth Foundation and its dedication to hosting a wide variety of safe, healthy, and educational youth activities for children and teens in our area.

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Mercy Circle resident Sister Cathleen Cahill suggests ways to foster spiritual life during Stay-at-Home orders

"The Stay-at-Home executive orders during the COVID-19 pandemic not only emptied our public places but also caused us to change centuries-old practices of the Catholic Church," says Frances Lachowicz, executive director of Mercy Circle. "Just like all the parishes and schools which surround

us, our residents and staff follow the guidelines of the Centers for Disease Control and Prevention."

According to Lachowicz, even though Mercy Circle residents live under one roof, they still take precautions by staying in their apartments and have cancelled all communal gatherings.



Mercy Circle resident Sister Cathleen Cahill, RSM, suggests ways to now practice faith traditions

"At Mercy Circle, we are fortunate to have a strong faith community and the benefit of a beautiful chapel where we usually gather for religious services. In some ways, the need for social distancing and forgoing gatherings—even for worship—has strengthened our sense of community," says Sister Cath-

leen Cahill, RSM, an independent living resident who serves on Mercy Circle's liturgy committee. "We are more vigilant than ever when we consider how our actions can affect each other. And we especially pray for the well-being of our staff members who continue to come to work every day."

"During the last several weeks, our liturgy committee set-up ways to fortify residents' spiritual life by broadcasting services on the community's in-house TV channel and conducting Taizé prayer services via Zoom," explained Sister Cathleen.

But most people do not have such direct access to their place of worship. So, Sister Cathleen suggests considering liturgies and resources provided by the Archdiocese of Chicago and others.

Every Sunday starting at 9:30am, ABC7-TV broadcasts Mass from Holy Name Cathedral. If this time is not convenient, visit https://radiotv.archchicago.org/television/broadcast-masses to view this liturgy via YouTube. And Old St. Pat's Church broadcasts its 10am Sunday Mass at https://livestream.com/oldstpats/events/9038563 where a musical prelude begins at

9:50am.

"Private prayer also can sustain us during these difficult times. So I read and reflect on the daily prayer published by Liturgy Training Publications. Just visit www.ltp.org, and click on ;Prayer and Connection in Time of Crisis' at the top of the screen which takes the viewer to the free resources page. Then, scroll down to click on the daily prayer," she explains.

"Many people find consolation in saying the Rosary," adds Sister Cathleen. "I believe saying each prayer very intentionally, possibly with a friend over the phone, also can help overcome a sense of isolation."

According to Sister Cathleen, "Finding new ways to experience our faith traditions in the Catholic Church gives us hope as we navigate so many changes and unknowns during this time of CO-VID-19."

Saint Xavier Gives Back During Pandemic

The Saint Xavier University (SXU) School of Nursing and Health Sciences (SONHS) recently came together to help those in need during the coronavirus (COVID-19) crisis. The unprecedented circumstances leave many hospitals and non-profit facilities in need of critical supplies, and the nursing faculty and students at SXU have been quick to respond, exemplifying our Mercy mission and core values in their actions.

SXU has strong relationships with many local hospitals and nursing agencies. When Lynn Hennessy, Advocate Christ Hospital's chief nursing officer, reached out to Professor Charlene Bermele, DNP, RN, CNE, to see if SXU had any personal protective equipment (PPE) to donate to the hospital, the Nursing Department went into action swiftly. Professor Tina Dorau, MSN, RN, CRRN, CNE, CHSE, director of the SONHS Lab, reviewed SXU's inventory, and the depart-

ment was able to donate 200 isolation gowns, 500 gloves and over 600 face masks to the hospital to meet their urgent needs.

"It's incredibly important to make contributions like these to help combat the spread of this disease," said Bermele. "While gloves, masks and gowns are simple items, they are huge in prevention of disease spread and protecting health care workers."

Members of the Nursing Department also donated paper products, blankets, cleaning supplies and more to Big Run Wolf Ranch, a non-profit educational facility which specializes in the education and conservation of North American wildlife. Sigma Theta Tau and the Student Nurses Association supported the Sisters of Mercy Critical Concern for the Earth with their donation to help the ranch's local, national and global education efforts. Providing the ranch

with needed supplies allows the facility more time to focus on educating the public and caring for their wildlife.

"It is important to help meet the immediate needs of not only people in our community, but also facilities that support education about the environment and animals in our country. We must support facilities whose aim is to protect the environment and improve the knowledge about these very important animals. Without predators, grasslands and plant life become overwhelmed. Nature requires balance, and all plants, animals and insects are needed to maintain that delicate balance," said Dorau.

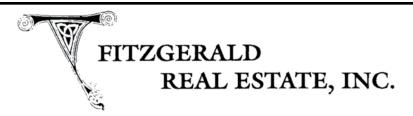
Those who are currently working and learning remotely can still help out by continuing to follow the Centers for Disease Control and Prevention (CDC) guidelines of handwashing, social distancing

and sheltering in place as much as possible to prevent the spread of disease and protect others. To meet the great demand for critical supplies, any knowledge of someone who has access to supplies can be shared with Dr. Bermele at bermele@sxu.edu, who will make sure the appropriate sources receive them, and donations to Big Run Wolf Ranch can be made online at their website.

The community can also unite in the power of prayer. "Our mission calls us to pray for all of those working first-hand with patients and for the patients and families affected by the disease. Pray for the whole world to recover from this physically, emotionally, financially and spiritually," said Bermele.

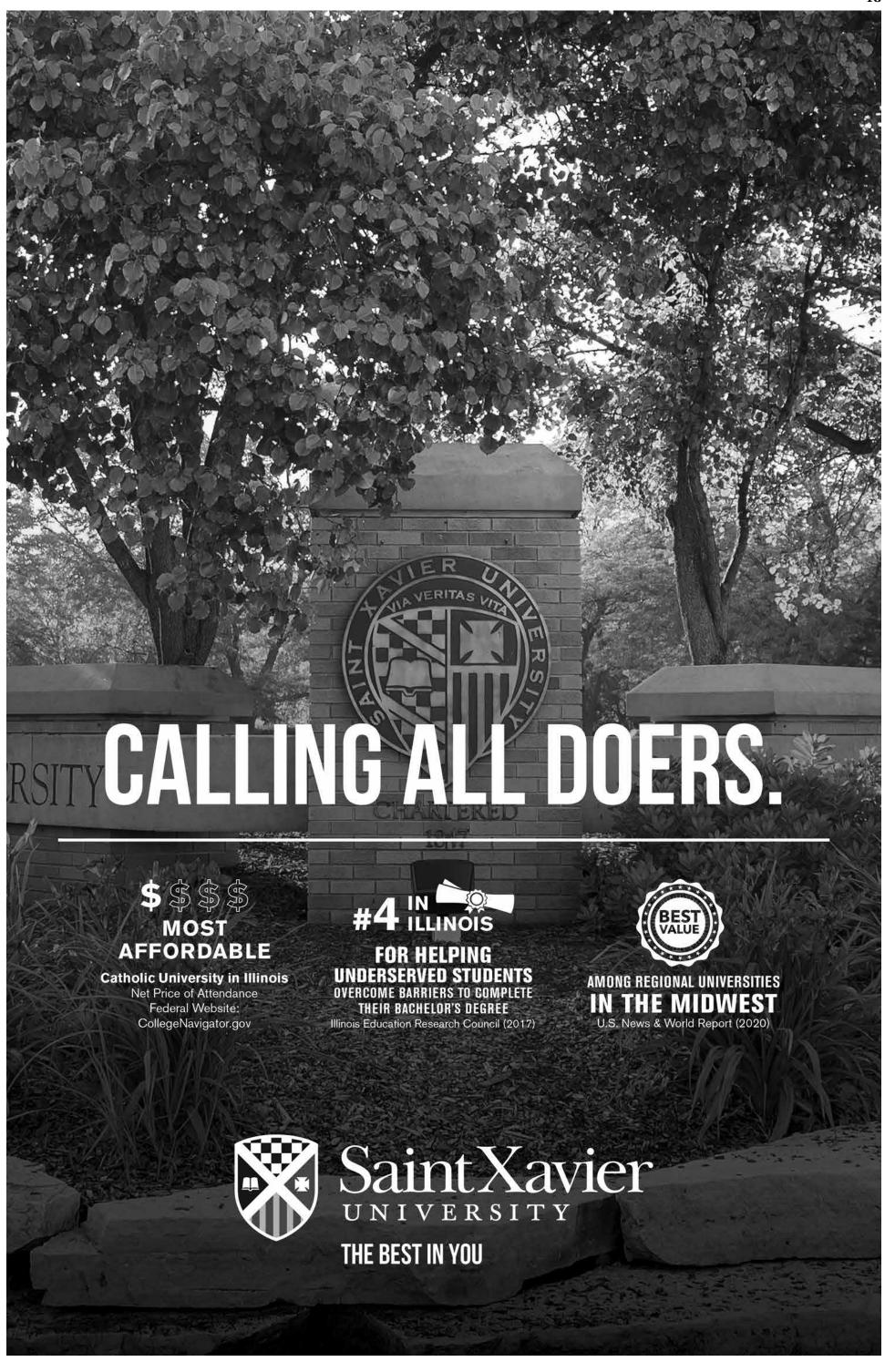
"Service calls for us to use our gifts, talents and abilities to advance the genuine well-being of our community and those we encounter," said Dorau.





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Outpouring of support heartens Smith Village residents, staff members

Decades before "we are in this together" became a hashtag, Smith Village's residents, their families and staff always have united to share their daily lives. "Having 'village' in our name describes what we're all about," says Marti Jatis, executive director of Smith Village.

"Now, I experience first-hand how our powerful village combats the threat of this global pandemic. During my close to 20 years working in a variety of capacities for Smith communities, it is always been my point of pride to talk about how we encourage and support each other," Jatis states.

"Whether we are celebrating a personal occasion, a team victory or mourning the passing of someone dear to residents and staff, our solidarity makes all the difference," adds Jatis.

"As Smith Village marked its 96 years of service on May 1, we should feel encouraged how this community has overcome previous global challenges including the Great Depression, World War II, the Korean War and other battles. 'Resilience' is another word to define Smith Village," says Kevin McGee, CEO and president of Smith Senior Living which sponsors Smith Village.

Since the onset of COVID-19 in Illinois, Smith Village fulfills its promise of open, transparent communication since announcing visiting restrictions on March 10, and continues to institute an evolving series of protocols and best practices guided by medical experts, scientists and healthcare agencies.

What has not changed is the spirit of community best expressed in just a few of the hundreds of emails Smith Village receives from residents and their families.

According to Jatis, managers share messages sent to Smith Village's dedicated email address (COVID19SmithVillage@SmithSeniorLiving.org) with staff, as well as with residents during broadcasts on its in-house television channel.

Here is a sampling of words of encouragement: "Continue with confidence"; "I am impressed with the measures taken early to deal with this (virus) and support them fully"; "You are appreciated for the love, compassion and care you give residents"; "Your thoughtful planning and quick actions have put us at ease"; "You have raised the bar and we want you to know how much your efforts are appreciated"; "We still feel connected to Smith Village and thank you for

caring for my mother who passed in 2017"; "Thinking of you and all the sacrifices you are making at this difficult time"; and "Thank you for your work, your strength and your commitment."

"Smith Village also is grateful to Alderman Matt O'Shea and his team for numerous expressions of support, from a surprise delivery of Rainbow cones to providing facemasks created by volunteers from fabric donated by Quilter's Trunk. And Mary Jo Viero and her BAPA team as they orchestrated a parade of dozens and dozens of decorated cars encircling our campus on April 18 truly conveyed how everyone embraces Smith Village,"

states Jatis. "Such outpourings of support fill our hearts."



Beverly Area Planning Association

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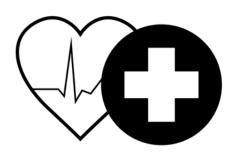
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