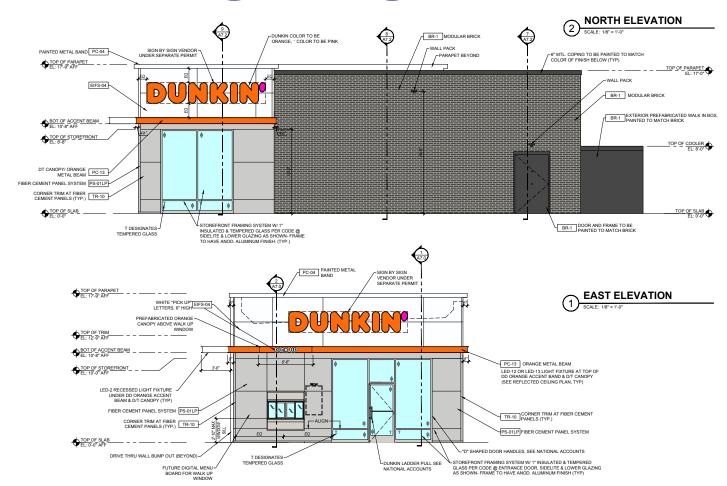
Dunkin' Coming to Morgan Park

The 19th Ward is excited to announce the development of a new Dunkin' Donuts. Located at 1943 W. Monterey, this is a \$2M project that will take approximately six months to complete. The project will create 15-20 jobs during construction, and it will create 12-18 employment opportunities once the new location opens. This parcel was previously owned by the City of Chicago. Unfortunately, it was neglected for some time. We are pleased to see construction taking place and to add this location back to the property tax role. The city will no longer have to spend money trying to maintain the property. This development was strongly supported by the Old Morgan Park Civic Association and surrounding neighbors. Working in partnership with our neighbors led to this project. We are grateful to McLaurin Development Partners for bringing this Dunkin' Donuts location to our community.



CUB Hosts Virtual Presentations

Alderman Matt O'Shea, Senator Bill Cunningham, State Representative Mary Gill, and the Citizens Utility Board (CUB) will host two virtual presentations on Tuesday, June 4th from 1:00-2:00pm, and Thursday, June 6th from 6:00-7:00 pm. There is no cost for these webinars. To reserve your spot today, visit the 19thward.com.

Understanding Cable Options & Reducing Robocalls: Tuesday, June 4th, 1:00pm

CUB will present the different choices in the TV market, ways to cut your cable costs, whether or not to keep cable, alternatives to satellite or cable, and streaming services available to consumers. In addition, CUB will discuss the different types of robocalls, how to avoid common robocall scams, call-blocking services and what they mean for your pocket, and new proposed federal legislation.

Home Energy Savings: Thursday, June 6th, 6:00pm

Are you concerned about the rise in utility prices? Join CUB for information about how to reduce your energy usage. This event is designed to help you better understand the ins and outs of your bill, and avoid utility scams, as well as programs designed to save you money and energy. Bring all your utility-related questions.

For money-saving advice and consumer tips, visit www.citizensutilityboard.org.

Local Postal Customer *******ECEMRSEDDW********

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Chicago, IL 60643

Gill Proposal Provides Couple's Counseling for First Responders

State Rep. Mary Gill passed a plan out of the House that would require health insurance plans for police and firefighters to include coverage for marriage and couple's counseling.

"This idea was brought to me by a constituent who owns a private therapy practice and works with first responders and their partners," Gill said. "It's clear to me that there is a real need to expand access because it's incredibly beneficial for our officers, firefighters and families. They experience incredible stresses in their line of work, and it's important we provide the support network they deserve."

Currently, insurance plans are not required to cover marriage or couple's counseling as they are not considered a diagnosable mental health condition. While some insurance plans may offer coverage as an additional benefit, Gill's House Bill 4460 would uniformly require the benefit. The measure would impact every level of police, including Illinois State Police, sheriff's departments and municipal departments, as well as paramedics employed by a fire department.

The proposal is not limited to married couples, it would also include partners who reside with the first responder.

House Bill 4460 passed the House with bipartisan support.

"This measure is a good step forward for mental health care for those who need it most," Gill said. "I appreciate the bipartisan support we received, and look forward to working on its passage in the Senate."

For more information, please contact RepMaryGill@gmail.com.



10402 S. Western Ave.



Being Beverly's neighborhood bank means more than just offering solid banking solutions. It means doing our part to give back to the local charities and social organizations that unite and strengthen our area. We're particularly proud to support the 19th Ward Youth Foundation and its commitment to providing quality recreational opportunities for children and teens.



AWINTRUST COMMUNITY BANK

10258 S. Western Ave. | 1908 W. 103rd St. | Chicago 773-239-2265 | www.thebeverlybank.com



CHECK OUT THESE PAW-SOME BENEFITS WITH THE JUNIOR SAVERS CLUB®!

(Must be under age 22. Ask personal banker for details.)

- ✓ FREE Junior Savers Club® events, activities, sweepstakes, and giveaways all year long!
- ✓ Earn interest on every dollar in your Junior Savers account.¹
- ✓ NO minimum deposit to open.²

1. Junior Savers Account. At account opening, child(ren) must be accompanied by a parent or guardian and present a valid Social Security number(s). 2. Fees. A maintenance fee of \$5.00 will be imposed every calendar month if the balance in the account falls below \$200.00 any day of the calendar month once the Junior Saver has reached the age of 22. Transaction limitations will apply. Fees may reduce earnings. A listing of Wintrust Financial Corporation locations can be found here: wintrust.com/locations. MEMBER

Dog Waste Signs

Many neighbors have had issues with dog waste being left on

their lawns. To help address this problem, the 19th Ward Office will have yard signs available asking pet owners to be courteous and clean up after their animals. Signs also notify pet owners that failure to clean up can result in a ticket.

Signs are available at no cost and can be picked up from the 19th Ward Office starting June 1st. Signs are limited to one per person.





CALABRIA IMPORTS

Italian Deli • Carry-Out • Catering

1905 West 103rd Street Chicago, IL 60643

773-396-5800 773-388-1500

Business hours:

Monday-Friday: 10:00-6:00 Saturday: 10:00-4:00

Sunday: Closed

Chicago Park District Activities

Free First Responder Yoga

Yoga can help individuals decrease stress and increase their ability to focus and problem

solve. First responders experience stress and trauma at higher levels than civilians. Take this opportunity to flow through a vinyasa style yoga class and learn techniques decompress. First responders and their adult family members are welcome. Please bring a yoga mat and wear comfortable clothing. Classes will be

Friday, May 17th, 12:30-1:30pm at Morgan Park Sports Center Monday, May 20th, 6:00-7:00pm at Ridge Park

offered on:

Friday, May 24th, 12:30-1:30pm at Morgan Park Sports Center Friday, May 31st, 12:30-1:30pm at Morgan Park Sports Center Monday, June 3rd, 6:00-7:00pm at Ridge Park

Friday, June 7th, 12:30-1:30pm at Morgan Park Sports Center

Ridge Park Art Festival

On Saturday, June 22nd, please join us for the Ridge Park Art Fair & Festival featuring Fine

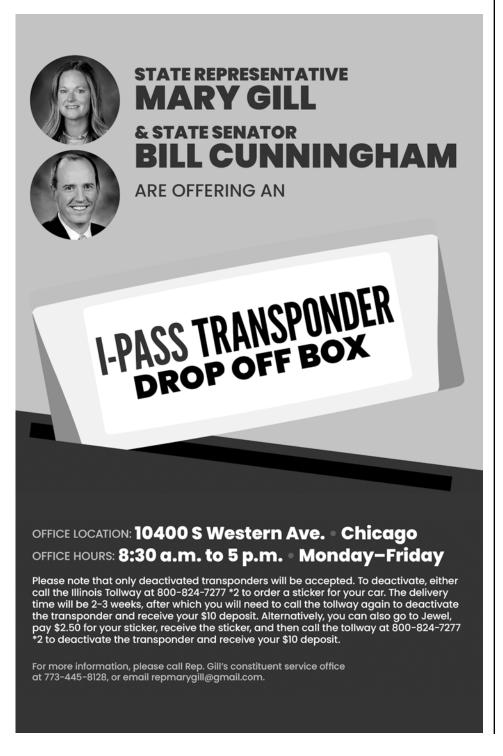
> Arts, Ceramics, Sculpture, Jewelry, Textiles, Art Glass, Photography, Woodworking, Leather Crafts & more. Presented by the Vanderpoel Art Association and the Ridge

Park Advisory Council, this family event will go from 11:00am-5:00pm.

Road Home Program Veterans 16" Softball Tournament at Beverly Park

On Saturday, August 3rd, The Chicago Park District is partnering with the Road Home Program at Rush and Chicago Sport and Social to provide a day of fun, food and 16-inch softball tournament for U.S. Veterans and their families. The tournament will be held at Beverly Park (2460 W. 102nd St), 9:00am-5:00pm.

For more information or to volunteer please contact Andrew Grose (andrew.grose@chicagoparkdistrict.com) or Aimee Gottlieb (aimee.gottlieb@chicagoparkdistrict.com).





Shop Local for Mother's Day

Let Mom know how special she is with a delicious meal or a thoughtful gift from one of these local businesses!

Specialty Retail

Anjoli Candle Company 10735 S. Western Ave.

Handmade scented coconut wax candles

BareCrafted By Mary O'Connor 312-446-8767

Free gift wrap on handmade gifts & decor, including sugar scrubs, plus 10% off original art

Bookie's 10324 S. Western Ave. 773-239-1110

15% off books in store & online with promo code MOMREADS good from May 5 to 12

Essential Creations Chicago 2112 W. 95th St. 773-238-1700

Order a coffee mug for mom & customize with her name for free!

Greatness Is A Choice LLC

Inspirational book from local resident & life coach Sharon Rowe that is a tribute to her mother

Haven 1890 2501 W. 103rd St. 708-793-7420

Pamper mom with our selection of bath & body products, a nice candle, gourmet food items, or a Haven 1890 gift card!

Made Artisan Collaborative 1802 W. 103rd St. 773-701-6878

Special sales & raffle baskets

Markland-Hubbard Gourmet Povisions 1739 W. 99th St. 773-233-0632

Beautiful gift baskets with specialty food items, coffee by the pound

Miss Purl 1824 W. 95th St. 312-513-6464

20% off all project kits & Sweet Georgia Party of Five yarn sets

Oleander & Artesian 9911 S. Walden Pkwy. 773-661-7131

One-of-a-kind gifts for mom & all the amazing women in your life

Root Consignment Company 1913 W. 103rd St. 773-980-1800

Unique, affordable gifts, including jewelry, statement pieces, & decor

Running Excels 10328 S. Western Ave. 773-629-8587

\$10 off any non sale shoes valued over \$100! Treat mom to a pair of Oofos, Goodr sunglasses or a lululemon bag or apparel

Shrader's Goods 3145 W. 111th St. 773-233-9111

10% off sale 5/8 - 5/12. Mention the ad at checkout or enter the code MOM2024 online to receive the discount.

Steuber Florist And Greenhouses 2654 W. 111th St. 773-238-2013

Homegrown hanging baskets, combination pots, a wide variety of garden & green plants, plus fresh floral gifts & gift certificates

Take Care, Friend 312-315-5210

Custom gift boxes for new moms & self care

Fitness

Barre It All Fitness 3203 W.111th St. 872-256-1397 Special pricing: 2 months of classes for \$250

Fit Code 10418 S. Western Ave. 708-824-8415 14-Day Kickstart for \$39

The Studio Beverly 2501 W. 103rd St., Suite 207 773-840-3590 Mother's Day Reiki Restorative Yoga Class, 1:30–2:45 pm

Brought to you by





Food & Drink

Americanos 11060 S. Western Ave. 773-290-1537

Craft Margarita flights

AndySunflower Cafe 9920 S. Western Ave. 312-961-3171

Free Pothos plant w/latte purchase

Cetta Is Betta Events

Order by May 4: Cupcake bouquet (7 ct), \$70. Doz. pink chocolate covered strawberries, \$55.

Franconello 10222 S. Western Ave. 773-881-4100 Specialty drink on Mother's Day

Horse Thief Hollow 10426 S. Western Ave. 773-779-2739

Brunch, Pink Pom Pom on tap, & Pink Pom Pom apparel

Ken's Restaurant 10522 S. Western Ave. 773-936-5341

Mother's Day special menu

Nicky's of Beverly 10500 S. Western Ave. 773-233-3072
Free mimosa for mom on Saturday, May 11 (closed Sunday)

Southtown Health Foods 2100 W. 95th St. 773-233-1856

Buy a \$50 gift card & get an extra \$10

Wild Blossom Meadery & Winery 9030 S. Hermitage Ave. 773-840-4642 Wine Tasting & Blending—brunch + a bottle of wine w/a custom label

Things to Do

Beverly Arts Center 2407 W.111th St. 773-445-3838Gift mom tix to 5/11 Aretha Franklin Tribute or 5/31 80s Night Out

Beverly Theatre Guild 2153 W. 111th St. 773-284-8497 2024–2025 BTG Season Subscription for \$55 (regularly \$75)

Little Hoppers Playroom 2760 W.111th St. 708-268-8014 Use code MOMNEEDSCOFFEE for 25% off a gift card \$50+!

📅 Salon & Spa

Bailey Acupuncture 3135 W.111th St. 312-965-6234
Buy \$125 AcuGlow Facial & get TOMA Skin Therapies kit (\$183 value)

Be Bronze Tanning 3518 W.111th St. 773-941-54862 airbrush spray tans or 5 UV tans for \$115 (retail value \$175)

Chicago's Beauty Boutique 3140 W.111th St. 773-366-3833 Spa Mixer Sat., May 11 at 4 pm: 5 services for \$150 with complimentary mimosa, tea & bites

Everything's Relative Beverly 10548 S. Western Ave. 773-941-6565 Gift certificates for hair, nails, skin care & Jane Iredale makeup!

Express Med Spa 3537 W.111th St. 877-363-3772 \$10.95 per unit of tox & free lip & brow wax for 1st responders

Nicole Marie Salon 3453 W.111th St. 773-233-4622

Haircut/style & conditioning treatment w/Nicole

Serenity Spa And Wellness 9101 S. Western Ave., Suite 1 773-779-3299 10% off European Facial, Anti-aging Facial, & Aromatherapy Massage





Community Blood Center Opens 19th Ward Location

On Monday, March 25th, The Community Blood Center (CBC) cut the ribbon on its new, state-ofthe-art donor center on the southwest side. The donor center, located in the Beverly neighborhood at 9920 S. Western Ave. in Chicago, marks CBC's first permanent location in the city, and it will help support the need for blood donations in Chicago.

Hosted in partnership with the **Beverly Area Planning Association** and the Morgan Park Beverly Hills Business Association, the grand opening of The CBCs Beverly Donor Center marks a major milestone in the CBC's efforts to ensure that Chicago residents receive the lifesaving blood supply they need. One in seven people entering a hospital will need blood - patients with chronic conditions like sickle cell disease and severe anemia, patients undergoing routine surgeries, cancer treatment, battling traumatic injuries, and more. The CBC provides blood to the University of Chicago Medicine Hyde Park and the University of Chicago Medicine Ingalls Memorial, so when community members donate with The CBC, they are helping to ensure the blood transfusion needs of patients in Chicago.

At the grand opening, The CBC was joined by local leaders, residents, and community partners. During the program, guests heard remarks from CBC President and CEO John Hagins, Executive Director of The CBC's Chicago Operations, Samantha Speaks, 19th Ward Alderman Matt O'Shea, and Evergreen Park Mayor Kelly Burke. Additionally, guests heard moving testimonials and personal narratives from individuals who have been impacted by blood donation.

"The grand opening of our newest donor center in Chicago is a significant milestone for The

Community Blood Center," said Hagins. "When we first expanded our mission Chicago to in 2019, we knew, with the help of this community, we could help fulfill blood needs

that may otherwise be unmet as the need for blood in Chicago is substantial. We're excited to continue to grow in the city and save even more lives by providing convenient, regular blood donation opportunities at our donor center, in addition to the many blood drives we hold throughout Chicago."

The CBC is grateful for the

dedicated blood donors and blood drive sponsors who have helped accomplish this since 2020. While The CBC will continue to work with these blood drive sponsors and grow new relationships with leaders, organizations, businesses, and communities, the donor center will provide a convenient and consistent opportunity to donate. This will also help as The CBC strives to attract new donors and increase diversity. A diverse population like Chicago means a diverse group

> of blood donors is vital helping as many patients as possible as blood type compatibility goes beyond just Type A, B, and O (and ethnic background plays a key role).

"By collecting blood amongst all racial and ethnic groups, we help diversify the blood supply which means patients with rare blood types in need of blood transfusions are more likely to find the best matches possible," said Speaks. "We are proud to partner with life-saving heroes in every community as they support their

neighbors, and any unique blood transfusion needs that may arise."

The CBC's Chicago location will also provide donors with a new experience as one of a select group of blood centers in the nation offering mixed reality while donating. In partnership with Abbott and Blood Centers of America (BCA), donors will be invited to immerse themselves into a mixed reality adventure during their blood donations, using a pair of Microsoft HoloLens2 mixed reality (MR) headsets. As finding blood donors continues to be a challenge, this experience creates a more fun and relaxing environment while giving blood, especially for those who may be apprehensive about donating or donating for the first time. A new study shows that the mixed reality experience helped ease feelings of anxiety in 68.4% of participating donors. The most common fears reported in the study were a fear of pain, needles, fainting, and how one may feel post-donation. The mixed-reality experience is designed to provide a relaxing diversion and attract younger donors with technology enhancement.

Community members are encouraged to schedule a donation at The CBC donor center in Chicago at communityblood.org or by calling (800) 280-4102.



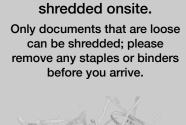
PRESCRIPTION DRUG DROP OFF **DOCUMENT SHREDDING EVENT**

Saturday, June 8th 9:00 AM - 11:00 AM

CrossWinds Church

10835 S. Pulaski Rd.

This event is free, but is open to 19th Ward residents only.



Documents are



Turn in your unused or expired household prescription medication for safe disposal.

unused

Medications should be in original container or a sealed plastic bag Unacceptable Items:

- Needles, syringes, lancets, injection pens
- **♦**Liquids
- ♦ Chemo/cytotoxic drugs
- Ocontaminated materials, such as gloves, tubing or IV bags
- ♦ Trash or other hazardous material
- SIllicit drugs (Schedule I controlled substances) such as marijuana, cocaine, heroin & methamphetamine

SPONSORED BY













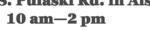




The DMV Mobile Unit will be at

Worth Township

Tuesday 06/18/2024 11601 S. Pulaski Rd. in Alsip



SCHEDULE YOUR APPOINTMENT TODAY

Services Provided (no written or driver's tests)

- Driver's License (Renewal, Duplicate, Corrected) Seniors 79 & up must visit a DMV drivers services facility to renew drivers license
- State Identification Card (First time, Renewal, Duplicate, Corrected) Seniors 65 & up (no charge for State ID)
- Vehicle Registration Stickers (Registration expiring within the current year)
- Organ & Tissue Doner/Voter Registration (only w/ License or ID Application)

Acceptable Forms of Payment

- Visa, Mastercard, AMEX, Discover Credit and Debit Cards (all credit or debit payments incur a transaction fee)
- Personal Check/Money Order

(must be exact amount w/date of transaction/not post-dated)

PROPER IDENTIFICATION WILL BE NEEDED.—Visit ILSOS.GOV for complete list.

*** BY APPOINTMENT ONLY ***

Please call 708-371-2900 to schedule your appointment.







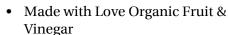
The 95th Street Farmers Market Returns

The 95th Street Farmers Market opens for the 2024 season on Sunday, May 5th. Operating in the commuter owned parking lot located at 1835 W. 95th Street, the market operates from 8 a.m. - 1 p.m. each Sunday through the last Sunday in October. The market hosts live music each week from 10 a.m. – 12 p.m. as well as complimentary face painting for kids every other Sunday from 10 a.m. - 12 p.m. Market organizers are excited to welcome back staff from the Chicago Public Library - Beverly Branch. Their staff will offer craft activities for children and share information about their summer reading program and general programming. Organizers also look forward to welcoming back the Kellogg Garden Club, and other local organizations to share information about their activities with the market patrons. Weekly highlights for the market are posted each week on the 95th Street Farmers Market page. You can also visit the 95th Street Business Association's website, 95thstreetba.org, check the market section of the site to stay updated.

Won Kim, a local artist and chef, has once again generously spent time securing a variety of restaurants who will pop up at the market throughout the season. These pop ups give our market visitors an opportunity to sample food from restaurants located across the city. We are also thrilled to welcome back Uncle Earl's Barbeque, Aimie's European Bakery who makes crepes on site, and new vendor, Marek's Authentic Polish Foods, who will sell a variety of Polish food items on site.

Vendors returning to the market include:

- 2Twenty Bakery
- Aimie's European Bakery
- Aunt Lizzie's Baked Goods
- Bee Line Microgreens
- Coco's Tamales
- Danie's Natural Juice
- Emmy & J's Gourmet
- Finn's Ranch
- Hughes House of Honey
- La Juicy Jars
- Little Squeeze Incorporated



- Meze Table
- Noffke Farm
- Nuts to Go
- Piscasaw Garden
- Rosie's Plant Care
- Stamper Cheese
- The Baker Sisters
- True2Mi
- Uncle Earl's BBO
- Uncle Pizzas
- Urban Canopy
- Yoberri

The market is excited to welcome the following new vendors:

- Anjoli Candle Company
- dZough
- Marek's Authentic Polish Foods

The market is grateful for its generous sponsors for the 2024 season including:

Premier Sponsor

• Beverly Bank

Market Activity Sponsors

- Southtown Health Foods
- Morgan Park Beverly Hills Business Association

General Sponsors

- 19th Ward Community & Youth Foundation
- State Senator Bill Cunningham
- State Representative Kelly Burke
- State Representative Mary Gill
- Treadfit Beverly
- BAPA
- Beverly Improvement Association
- Christ the King Parish

Friends of the Market

- Core Fitness and Physical Therapy
- Pacor Mortgage Corporation

We look forward to seeing you at the market!





BAPA event season is beginning!

Each year the Beverly Area Planning Association coordinates a series of events to connect our neighborhood residents and highlight the beauty of our community to the City of Chicago.

Below is a list of those upcoming events and key dates:

BAPA Porch Concert Series:

Happening the second Friday of the month from May to September, BAPA calls its neighbors out to a free concert honoring the hidden beauty of some of our blocks throughout the neighborhood. Each concert we invite a local food vendor and encourages our community to bring a couple of chairs and come have a good time. Our first concert is scheduled for Friday, May 10th, with band Return2Soul at Smith Village in celebration of their 100 years in the Morgan Park community.

Home Tour

BAPA's Beverly/Morgan Park Home Tour returns Sunday, May 19th, with five fabulous private residences and a local institution giving visitors an inside look at some of our community's most beautiful structures. Among the highlights this year, you'll explore the unique ways local homeowners have:



- 1.preserved their elegant historic homes;
- 2.blended unique original architectural elements with contemporary kitchen and bath updates;
- 3. and transformed modest footprint with efficient and appealing additions

Visitors will enjoy Home Tour hospitality at each stop, with tastings from local eateries and brewpubs, decorating tips, neighborhood history, and more.

Honoring both the past and the present, Smith Village will be the starting point for this year's tour. Home Tour locations are open from 12:00-5:00pm. All tours are self-guided and must begin at Smith Village by 3:00pm.

Ridge Run & Memorial Day Parade

BAPA invites neighbors to participate in Chicago's oldest neighborhood race and Memorial Day Parade the Ridge Run on Memorial Day, Monday, May 27th. Runners can compete for overall wins, race to place in age categories ranging from 6 to 80, run or beat



their personal best times. Not a runner? Join Us for the Memorial Day Parade by getting a group together and marching in the parade.

Races start and finish at Ridge Park (9625 S. Longwood Dr), and the parade follows the run, stepping off from 110th and Longwood and marching north to Ridge Park. This year, members of the National Women Veterans United (NWVU) will march as our Grand Marshal. Also accompanying our Grand Marshal will be special guest the Jesse White Tumblers.

We hope to see you there.

Garden Walk

BAPA will host the 5th Annual Beverly/Morgan Park Garden Walk on Sunday, July 21st, 10:00am-3:00pm. The Garden Walk will begin with checkin at the Edna White Community Garden (1850 W. Monterey Ave), where people are welcome to walk among the beautiful plantings, observe butterflies and bees from the new observatory, and visit with sponsors.

Featured gardens are located throughout the neighborhood. Each stop is distinctive for its style, variety of plantings, and unique beauty. Whether you're going home to a sunny or shady yard, a mature garden or a freshly dug flower bed, you'll be inspired by the hard work, creative vision and delight shared by local gardeners.

In addition to touring some of the area's most beautiful gardens, the event includes an array of garden experiences including beverage and food tastings from local restaurants and shops, and entertainment.

For more event information, ticket, and opportunities to volunteer for any of these events or other BAPA initiative, please visit our website at www. bapa.org.

"The only agent that will still come to your kitchen table."



Chris Webber

Chris Webber Insurance Agency Inc.

Serving the community as your neighborhood agent since 2003. Father of four, and now very proud grandfather of four.

There when things go wrong.

Here to help life go right.TM

Chris Webber and his team are great! We've used them for years now and never had a problem. Chris will be upfront and honest with you on any insurance needs and responds to every request almost immediately. Highly recommended.

Chris will always take the time to answer any of my questions. I am also very happy with his office staff.

Bottom line Chris and his staff got me excellent coverage while saving me a ton of money.

Chris and his staff have been taking care of my insurance needs for over 17 years. I feel they truly have your best interest in mind and treat you with importance. Chris and Diane are easy to talk to and explain the products well. I highly recommend Chris Webber for your insurance needs.

Chris Webber, Diane, and staff are amazing! They consistently go above and beyond to provide excellent, personalized service. They have guided my son and me through some really difficult situations, and always provide calm and reassurance. A few years ago, we had a house fire on a Friday night. Chris was physically at my door Barn Saturday morning to make sure we were ok! I am consistently amazed at the service they provide. They are honest, caring, supportive, and just really kind people. I frequently brag to all of my friends and family about what a great State Farm agent I have, and how I never feel like a random, unidentified customer when I call. I think I've been with them for about 10 years now and I have no intention of ever leaving. This is the best customer service I've ever had, although it feels more like family!! Thank you Chris, Diane, and team for all that you do! We truly appreciate you all!!

(708) 385 - 8899

theotherchriswebber.com chris@webberagency.com 11122 S. Kedize Ave, Chicago, IL 60655



Fraud is a fact. Learn how to protect yourself

By Amy Yuhn, CIBC and Philip Fisher, CIBC

Many state Attorneys General share the leading causes of fraud complaints to their offices. Not surprising, financial fraud, including identity theft, is in the top five on almost every list.

Recently, journalist Charlotte Cowles wrote an article in New York Magazine detailing how she lost \$50,000 in a fraud

scam. She wrote that her irony was that she is a financial advice columnist for a living, yet she fell for the tactics the scammers employed.

So if the savvy among us fall prey to sophisticated scammers, where does that leave the rest of us? The truth is, we all need to step up our game to be alert for fraudsters. Here are some things you can do:

Never trust caller ID

Just because your phone says the incoming call is your relative, your bank or the online retailer where you frequently shop doesn't mean it really is. Fraudsters are very good at spoofing phone numbers – or making a bogus call look like it's coming from a legitimate source. If the caller says they are from your bank, a government agency or a business you know, hang up and call back using a phone number found on your account statement or a trusted source. Scammers pretending to be family members in

need often want you to use mobile payment apps, cryptocurrency or to wire funds. Or they will ask you to withdraw large sums of cash. Again, the best thing you can do is to hang up and contact the person through a trusted number.

Scammers rely on fear

If the caller says things to create a sense of urgency, worry or panic, that's a big red flag. Scammers will often make you think your computer has been infected or someone you know is in trouble. If you push back, they up the fear factor. If an unsolicited caller tells you they need to remote in to your computer, hang up and visit a reputable computer repair service if you suspect a problem with your device. If a caller claims to be a family member in need, hang up and call back on a trusted number. Report your suspi-

cions to your state Attorney General's office or your local police.

Assume the fraudsters have your personal information

With the number of data breaches that have occurred, the sad truth is a lot of our personal information exists in the hands of scammers. If you get a call that appears to be from your bank, for example, and the caller tells you your personal information, warning lights should go off for you. Financial institutions - CIBC included - will ask you questions to verify against what we see on a screen in front of us but we won't offer the information to you. Reliable sources such as your bank or credit card provider will never ask for personal information such as full Social Security Number, passwords or personal identification numbers (PINs).

Be patient with verification requests

At our bank, we've seen an increase in fraudsters attempting to impersonate our clients. In many cases, the fraudsters know personal information about the clients. One of the things we've done to help spot these scammers is to install ID scanners in our banking centers. Periodically, we will also ask for account level information for authentication purposes. We know this can be frustrating for clients who have been with us for many years. However, protecting our clients' funds and information is our goal and we appreciate their patience as we take these steps.

The bottom line

Many fraudsters are smart and quick. Never send funds or personal information to someone you have never met in person.

To keep yourself informed, visit us.cibc.com/fraudprevention on our website or your state Attorney General website. The Federal Trade Commission at ftc.gov and Federal Communications Commission at fcc.gov also have good information.

Amy Yuhn is Head of Personal and Community Development Banking for CIBC US

Phillip Fisher is Senior Director, Fraud Management for CIBC US



Tickets Now On Sale for Southside Summer Festival, Featuring The Bodeans

Tickets are now on sale for Southside Summer Festival, which will take place on Saturday, July 20th, from 4:00 pm - 10:00 pm, at the Marist High School Stadium. Tickets can be purchased beginning today at marist.net or via the "GoFan" app.

This year's line-up will feature performances by **Soul 2 the Bone, The Push Stars, and The BoDeans,** who will headline the event.

Open to ages 21 and above, tickets are \$35 in advance (early bird rate ends Friday, July 19 at 11:55 am), and \$40 at the door. Limited VIP tickets will be available for purchase for \$150 and includes beverages and light food.

Volunteers will receive a special discounted general admission ticket for \$20, and an event t-shirt. Interested volunteers should visit marist.net to fill out the volunteer form and to purchase volunteer ticket. Volunteer general admission tickets do not provide access to the VIP section. Note: volunteer tickets are not available through the Go Fan app, and must be purchased at marist.net, only.

Soul 2 The Bone will kick the night off from 4:30 pm - 6:00 pm, with music from the 1960's to 2015 covering five genres of music, including Motown, R & B, Light Rock,

Jazz, Contemporary Jazz, Disco, and Pop music.

The Push Stars, will take the stage from 6:30 pm - 7:30 pm, featuring original, alternative pop songs from their six albums. The Boston natives have opened for bands such as Matchbox Twenty, and their songs have been featured in several major motion pictures, including *There's Something About Mary; Me, Myself and Irene; and Gun Shy.*

The BoDeans will close the night from 8:15 pm - 10:00 pm, with countless memorable tunes that will have people dancing to favorites such as "You Don't Get Much", "Idaho", and "Closer to Free". Led by Kurt Neumann, the BoDeans continue to shape American music with their timeless tunes and high-octane performances. They have performed alongside music icons and their music has been featured in numerous TV shows and movies.

*Note: Band performance times are an

Southside Summer Festival has quickly become one of the most highly anticipated events of the warm weather months. Thousands have attended this community event over the last two years. Money raised from Southside Summer Festival helps to support scholarships and financial aid for current and future students of Marist High School.

Sponsorship opportunities at a variety of levels are available, and volunteers (ages 21+) are needed. For more information on

sponsorships and for more information on volun $teering, please \ visit \ marist.net$

No outside food or beverages are allowed, and chairs are not permitted on the football field. Those wishing to sit on the lawn can bring blankets, otherwise seats are avail-

able in the stands. All seating is first-come, first-serve.

For more information, please visit marist.net



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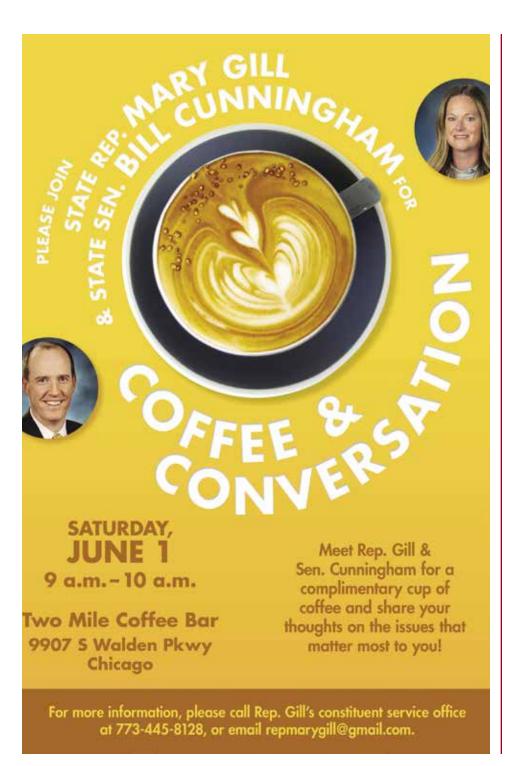
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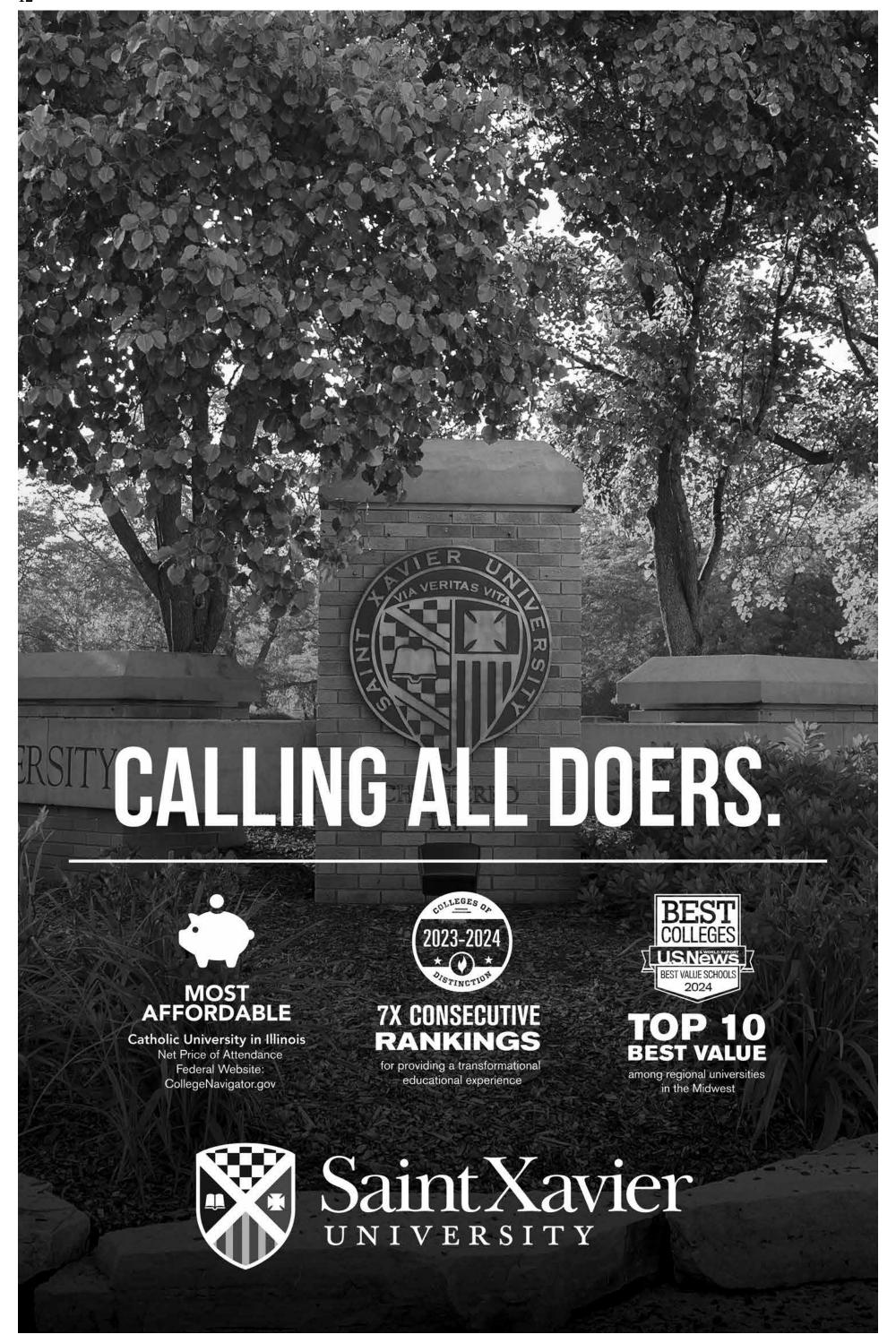
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St. Barnabas Gears Up for Block Party

Saint Barnabas Parish is gearing up for its All Parish and Alumni Block Party, and it wouldn't be an exaggeration to say it will be the party of the century. The parish is celebrating their 100th anniversary, and the party is the first big celebration in honor of this milestone.

"Since its inception in 1924, Saint Barnabas has stood as a beacon of faith, education and community, shaping the very fabric of the Beverly neighborhood," said Beckie O'Connor, event cochairperson. "We are excited to welcome alums, past parishioners and current parishioners to this celebration, as we commemorate a century of faith, family and friendships.'

The All Parish and Alumni Block Party, a casual 21+ event, will be held on Saturday, June 8th, 5:00-10:30pm in the school parking lot and gymnasium, located at 10121 S Longwood Drive. Mass will be celebrated prior to the party at 4:00pm in the Saint Barnabas Church.

Life long parishioner and event co-chair, Nancy Barrett, echoed O'Connor's excitement. "We have been working hard to contact as many alums and former parishioners as we can. We can't wait to welcome them back and celebrate with them and all of our current parishioners. Saint Barnabas really is undergoing a Renaissance, with so many young families mov-

marist.net

ing into the neighborhood. This is a great opportunity to unite the past and present as we embark on the next 100 years."

Live music will highlight the evening with Tony Ladas, setting a relaxed mood with soulful tunes for the first part of the evening. He will be followed by the renowned Chicago Cover Band, The Birken-

stocks, whose music features hits from the 1970's, 8 0 's 90's and 2000's, and will bring everyone to the dance floor!

B u t there is no doubt that

for many attendees, the best part of the celebration will be reconnecting with old friends and neighbors, and remembering the years that they were a part of the parish. To spark memories, the committee is creating an interactive timeline and legacy wall, and the gym with be decorated with memorabilia and old photos.

Brian Cronin, Class of 1981, was the first person to buy his ticket.

Brian and his five siblings all graduated from Saint Barnabas School. His father Mark, was the head usher for over 20 years; his mother, Jean Ann, was the first female lector at Mass. Brian lives in the western suburbs with his four children and his wife, Barbara Bansley, a CK grad, and both are looking forward to returning to the Southside for

> "In attendance with the current 'care takers' of the parish will be those of us who have ventured on, but always call Saint Barnabas home. We can't wait

the party.

to celebrate with them and say cheers to another 100 years."

New parishioners Melissa and Drew Kreikmeier also are very excited about the block party. Melissa grew up in Evergreen Park. Drew hails from Omaha, Nebraska. They moved into Saint Barnabas in 2018. They have four children, three of whom are in the primary grades at Saint Barnabas. "It will be a wonderful opportunity to meet other

casey.loretta@marist.net

families and expand our roots in this great community."

Both O'Connor and Barrett expect a large crowd to attend the event. In 2014, at the parish's 90th anniversary Block Party, close to 600 people attended. With this in mind, parking will be a challenge as no parking is available in the school parking lot. They advise guests to come early for the limited parking available in the Metra lot to the east of the school on Walden Parkway. They hope local guests will walk or cycle with neighbors and friends to the celebration.

O'Connor added that Saint Barnabas is committed to accessibility. "If a guest has specific needs, please contact the parish in advance so that we can help with any accommodations that need to be made. Handicapped parking will be available in front of the church."

More information about the party, becoming a sponsor, and tickets can be found at http://bit. ly/3IDqh2Y. Tickets are \$85 and includes beer, wine, seltzers, soft drinks and snacks. Local food vendors, including Americano's, Barraco's, Calabria and Home Plate Catering will be on site for additional purchases. Benefactor tickets also are available on the site for \$100, you will receive a pin along with your ticket to celebrate your Buckeye pride.







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Bequest from Emilie Smith's estate in 1929 transforms Oakhaven Old People's Home, continues to benefit residents today

"I often think about Emilie Smith, whose estate made a transformational bequest in 1929. That single act secured the financial future of our community," says Kevin McGee, president and CEO of Smith Senior Living, sponsor of Smith Village which celebrates its centennial this year. "I wish that she could have known how many lives she changed. Even a century later, her generosity enhances the lives of Smith Village residents."

McGee reflects on how a major gift in 1929 when the original community, now known as Smith Village, was the five-year-old Oakhaven Old People's Home. Six years after her death, Smith's estate gave \$1.75 million, an amount equivalent to \$31 million today, to fulfill her intention. Fortunately, as Oakhaven faced the onset of the Depression, Smith's bequest ensured financial

stability for a community poised to revolutionize senior living. Her only stipulation was to rename the community to honor her parents, Washington and Jane Smith. Washington Smith was a successful businessman and Emilie was her parents' sole heir.

In 1923 when Emilie Smith passed away, her estate's executors announced Smith's intention to provide significant financial support to a Chicago charity that fit her requirements. At that time, Social Security, Medicare and Medicaid did not yet exist, leaving older adults with limited means in a difficult situation. This was particularly true for women who often outlived their spouses and had limited financial resources. At that time, extended families and church communities often rallied to support their elderly, but many fell through the cracks.



Oakhaven was unique because it was not affiliated with one church and open to those of any faith. Plus, with 43 residents, it was considerably bigger than most church-sponsored homes for the elderly. Because it was fully occupied and there was a waiting list, the Board began construction of two new wings to provide a retirement home for more older adults.

Oakhaven Old People's Home created a solution that was revolutionary at the time. Residents, regardless of their means, had their own room and three meals per day. A physician visited weekly to care for their medical needs.

Smith endowment continues to benefit residents

In the early days, Smith's bequest provided much needed financial stability to the not-for-profit organization, ensuring that it could fulfill its mission for more residents. According to McGee, Smith's endowment, established with this bequest, has in many recent years provided interest income with an annual average of \$300,000.

"Today, we rely on the Smith endowment to help ensure that residents, who outlive their means, can stay in our community, as well as other contributions made to Emilie's Fund," says McGee. Since 2010, Smith Village has provided \$8.9 million for residents so they can continue to live there.

"Although Smith Senior Living did not use this endowment to build Smith Crossing and to establish Smith Village on our original campus, our financial strength reassured financial institutions that we are a stable, viable not-for-profit organization," says McGee. "Even if the funds were not used directly, this initial gift is at the heart of our success for a century."

The Smith organization has evolved and grown over decades, adapting to meet the changing needs of older adults, but the nurturing community established in 1924 remains true to its compassionate roots. "Residents continue to benefit from a great lifestyle and

20/20: One Hundred Years in Focus opens at the Beverly Arts Center

To commemorate its century of caring for seniors, Smith Senior Living, sponsor of Smith Village, will debut 20/20: 100 Years in Focus Smith Senior Living in a Changing World. This timeline exhibition features a series of nine 3-foot by 4-foot panels depicting local, regional and world events along with the rise of Smith communities in the 19th Ward and in Orland Park. The Beverly Arts Center, 2407 W. 111th St. in Chicago, debuts this exhibition on Tuesday, May 7, and it continues through Saturday, June 29, 2024.

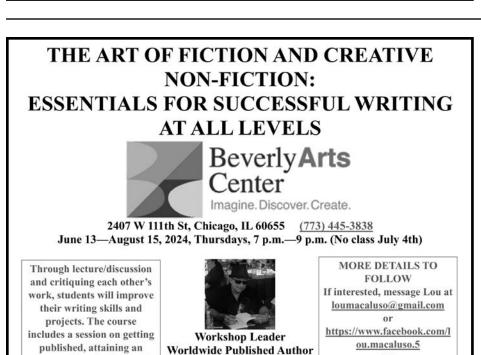
Visit the Beverly Arts Center's gallery on Mondays through Thursdays from 2pm to 7pm; Fridays from noon to 5pm and Saturdays from 9am to 5pm. Please confirm times at TheBeverlyArtsCenter.com.

Call 773-239-2220 to schedule a guided group tour for 10 to 12 people, ranging from those for seniors to students.

compassionate care," says McGee. "Today we welcome second and even third generations who make Smith Village their home." McGee's own family is among them. His grandmother, Helen O'Connor, was a resident at Washington and Jane Smith, and his parents now live at Smith Village.

"In addition to the residents, more than 500 people benefit from rewarding careers at Smith communities. Families of our residents find peace of mind knowing their loved ones are thriving in our caring community."

For more information about Smith Village, please call 773-474-7300 or visit SmithVillage.org.



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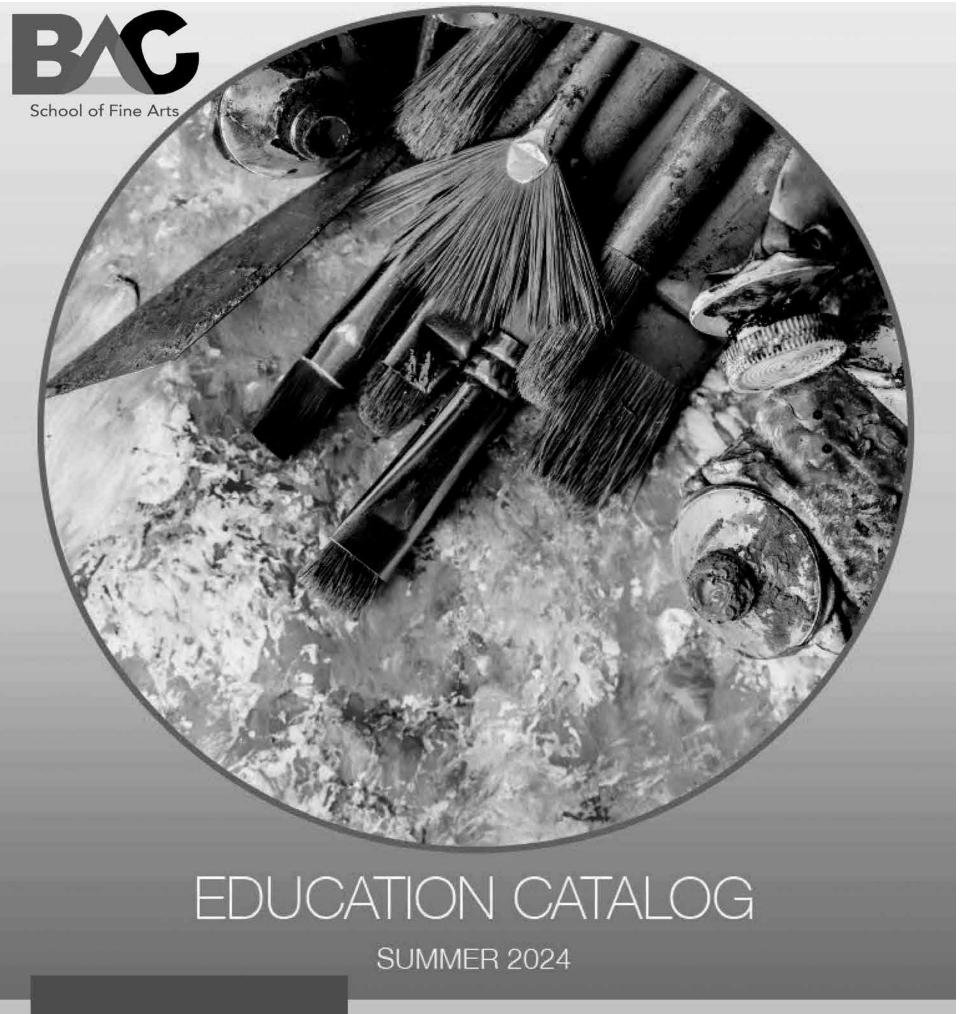
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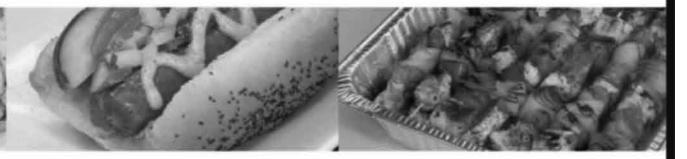
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Music lifts the spirit for residents at Mercy Circle

At Mercy Circle, the 19th Ward's only faith-based continuing care retirement community, music is woven into many areas of life and helps residents to thrive.

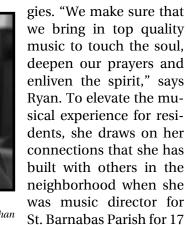
"Music is the voice of the soul," says Kitty Ryan, coordinator of liturgy and spiritual enrichment at Mercy Circle. "Music expresses what words cannot. Music touches the soul, heals the heart, enhances prayer and brings us together. Music is the universal language."

In fact, the benefits Kitty Ryan of music for older adults Photo credit: Marc Monaghan are well documented. According to the University of Michigan National Poll conducted in 2024 to learn how older adults view healthy aging, 75 percent reported that music helped with stress relief and relaxation; 73 percent experienced increased joy; and more than 60 percent felt that

music improved their energy, memory, mood and attitude.

Music nurtures the spirit

At Mercy Circle, Ryan uses music to enhance Mass and other litur-



She also creates presentations about topics ranging from homilies by Cardinal Bernadin to writings about Mary of Nazareth. Incorporating music into these gatherings helps residents connect with the material as they sing along.

Music enhances life for those living with dementia

Because music interacts with the brain in a unique way using pathways that are different from those used to connect to memories and language, it is beneficial to residents living with dementia. Ryan recalls one of her most memorable moments in witnessing the power of music for those with memory challenges. "Years ago, before I started at Mercy Circle, I was leading a community program where a woman in a wheelchair sang along with every song we did," she says. "After the program, the nurse came up to me in awe to tell me that the woman had not spoken during the last three months." For residents at Mercy Circle with memory loss or dementia, music sparks old memories and creates a way for them to interact with the liturgy.

Music builds community and spreads joy

The act of making music together; remembering music from their younger days; and hearing favorite songs gives people of any age a lift. That's why at Mercy Circle a wide variety of music is incorporated into resident activities. At times, they use rhythm instruments such as tambourines, chimes or maracas to enliven their musical experience and strengthen connections.

In 2019, the World Health Organization (WHO) explored the important role that art, culture and music have in promoting health and well-being for older adults. WHO's research revealed that music has emotional, cognitive and socio-relational benefits. But perhaps Ryan says it better. "Anytime we sing together it inspires joy and brings our community together."

For more information or to schedule a private appointment, please call 773-253-3600 or visit MercyCircle.org.

Rosecrance to Open Morgan Park Location

Rosecrance Therapies will expand its Chicago presence in June when it opens its newest location in Beverly, 11532 S. Western Ave.

Once opened, Rosecrance Therapies - Chicago - Beverly will offer outpatient mental health and substance use services for adults, adolescents, and children. This new location is strategically placed to provide convenient access, allowing individuals and their families to easily enter the Rosecrance care continuum that encompasses treatment at all levels.

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By focusing on smaller sites in neighborhoods, Rosecrance Therapies is able to eliminate one of Chicago's significant barriers to care long commutes to treatment.

"We aim to serve everyone with utmost dedication," said Rosecrance President and CEO Dave

Gomel. "Rosecrance Therapies locations, like this one in the Beverly neighborhood, make it possible for people to receive life-saving behavioral health care without having to travel long distances to the suburbs or across town.



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